



ANNUAL REPORT

2024 - 2025



URIVI VIKRAM CHARITABLE TRUST
A National level NGO and NPO since 1991 (Regd.)

URIVI VIKRAM CHARITABLE TRUST (UVCT)

Theory of Change

VISION

Empowering adolescents, youth, and women to become confident, skilled, and socially responsible citizens who contribute meaningfully to nation-building.

INPUTS

- UVNAC infrastructure and specialized program centres across India
- Trained psychologists, counselors, life skills facilitators, and vocational instructors
- Partnerships with Government Ministries, UNFPA, PSUs (BPCL, IDBI), Banks, and JSS
- Experience from long-standing programs like PRERANA, SHAKTI, SAHARA, PATHWAYS, UMMEED
- Research base, publications (e.g., Teenage Blues, Adolescent Concerns through Own Eyes)
- Volunteer networks, community mobilizers, and SHG groups
- Digital tools, online counseling platforms, and social media outreach

ACTIVITIES

- Adolescent Development & Life Skills
- Skill Development & Livelihood
- Women Empowerment
- Child Protection & Public Health
- Reformation & Rehabilitation
- Advocacy & Policy Influence

LONG-TERM IMPACT

- A confident, skilled, healthy, and responsible generation of young adults
- Economically independent women contributing to stronger communities
- A nationwide ecosystem that supports adolescent well-being, safety, and growth
- Institutionalization of adolescent-friendly policies and programming
- A society where adolescents and youth are valued as key contributors to India's development
- Transformation of vulnerable populations into empowered human resources

PROBLEM STATEMENT

- Adolescents lack life skills, guidance, and emotional support
- Limited opportunities for skill development & livelihoods
- Women from EWS groups face barriers to earning and learning
- Disadvantaged children need protection
- Young offenders require rehabilitation
- Adolescents historically overlooked in national policy

OUTPUTS

- Large number of adolescents receiving counseling, guidance, and life skills
- Women and youth trained in marketable skills
- Strengthened SHGs and local women's networks
- Adolescents' issues gaining visibility through columns, workshops, and seminars
- Youth offenders receiving structured rehabilitation and reintegration support
- Child protection interventions successfully rescuing 1500+ children
- Nationwide training, workshops, and collaborations across multiple states

SHORT OUTCOMES

- Improved coping skills, confidence & emotional resilience
- Enhanced digital literacy, vocational ability & employability
- Women gain financial independence
- Greater community awareness of adolescent needs
- Youth access livelihoods or higher education
- Reduced school dropouts & risky behaviors
- Young offenders reintegrate into society
- Adolescents receive stronger policy attention
- Ecosystem (schools, families, institutions) becomes more supportive

UVCT'S UNIQUE VALUE

- Pioneer in adolescent advocacy & status recognition
- First National Centre for Adolescents in India
- Nearly 30 years of multi-sector experience
- National & international recognition
- Evidence-based, scalable, community-rooted model



URIVI VIKRAM

(18th Jan. 1970 – 13th Dec.1990)

A young man with immense enthusiasm, innovative ideas and a broad outlook, Vikram met with a fatal accident when he was about 21 years old.

A strong believer in justice and fairness, Vikram was passionate about creating a society free from corruption and nepotism. He proved that a person is remembered not because of his age but because of his thoughts. He was extremely compassionate and want to help needy and deprived. He was outspoken to express himself where required.

Vikram was extremely dutiful to his parents and affectionate to his sisters. He was fond of 'Rakhi' festival and valued universal brotherhood.

UVCT's mission is to fulfil Vikram's dreams and ambitions.

Founder Chairman's Message

Dr. U.N.B. Rao, Ph.D. (IIT Delhi), IPS (Retd.)

Dear Friends,

It gives me immense satisfaction to present the Annual Report of the Urivi Vikram Charitable Trust for the year 2024–25. Over the past three decades, UVCT has remained steadfast in its mission to transform India's "Burden of Population" into an "Asset of Human Resources", primarily by empowering adolescents and young adults who remain the vital segment of our demographic dividend.



This year has been marked by renewed growth and meaningful impact across our Centres. Our National Centre for Adolescents (UVNAC) strengthened its engagement through a series of live webinars addressing critical issues of mental health, emotional wellbeing, academic stress, digital safety, and behavioural issues. Our **Pathways programmes** of workshops and seminars on engaging adolescents in education and learning is well accepted by a number of educational institutions. The revival of our regular column, "Oh Adolescents" in Dwarka City, has enhanced our endeavours to extend guidance on key issues to young people and their parents/teachers in navigating current complex environment.

A significant highlight of the year has been our continued partnership with **Sohan Lal Commodity Management (SLCM)**. Their CSR support enabled us to implement the project '**Integrated Growth: Empowering Young Professionals for the Future**', by steering structured courses in Digital Proficiency and Customer Relationship Management (CRM) for equipping the youth with essential employability and digital skills. This partnership also facilitated **Tele-counselling** for students in handling distress, especially during the examination. The positive outcome and strong feedback from beneficiaries reflect the deep value of this collaboration (other targeted programs for empowering the **School Leaders and NSS/NCC cadets** are scheduled during 2025-26)

Our **Skill Development Centre at Tagore Garden** also made notable progress. Through the generous support of **Canara Bank**, we upgraded the infrastructure facilities for technical and skill-based programmes of Dress Making, Beauty Culture, and Computer Applications. As part of this drive, we upgraded our Book Loan and Library facilities for students from poor economic background. These improvements significantly enhanced the learning environment for women and young adults from underserved communities.

The Target Intervention Programme at Wazirpur Industrial area, Delhi, continued its crucial work among migrant populations by raising awareness about **HIV/AIDS, conducting CBS activities, and ensuring timely linkage of identified HIV-positive individuals to ART services**. The dedication of our outreach workers remains commendable and has helped UVCT to achieve commendation for its outreach work in the area of HIV/AIDS prevention and cure. Our Andhra Pradesh chapter sustained impactful initiatives through the Visakhapatnam Skill Development Centre and the Pragati Patham Resource Centre in Tekkali.



UVCT'S financial challenges seemed to have come down during the year, helping us to gear up our activities. Our progress is fuelled not only by resources but by the dedication of our organisational members, staff, volunteers, and well-wishers. I extend my heartfelt gratitude to all of them. As we look to the vistas ahead, we aim to strengthen digital learning, providing mental health support, broadening livelihood pathways, and adolescent-focused advocacy. Let us continue to draw strength from the ideals of Late Urivi Vikram, whose compassion and vision guide our mission forward.

With Love,

Dr. U.N.B. Rao

Ph.D. (IIT Delhi), IPS (Retd.)

Founder & Chairman

Urivi Vikram Charitable Trust



Vice-Chairman's Message

Dear All,

My heart is filled with gratitude and humility as I reflect on UVCT's journey during the last 35 years. What began as a parents' way of turning personal loss into a purpose, has grown into a family of hope, reaching out to young hearts who need care, guidance, and belief in their own potential.

The loss of our beloved son, Urivi Vikram in 1990 left a void beyond words. Yet from that grief arose a resolve, to let Vikram's spirit live on through service to others. The Urivi Vikram Charitable Trust (UVCT) stands as our family's promise that Vikram's compassion and light will continue to guide and inspire young lives. For my husband Dr. U N B Rao and me, UVCT is both a journey of healing and a mission of hope. In every adolescent we support, we see a reflection of Vikram, his warmth, sincerity, and dreams for a better world. We earnestly pray to God Almighty for making UVCT a long lasting and ever-growing mission.

May UVCT always remain a mother's promise that love never dies and has no boundaries, but from sorrow can emerge the courage to nurture, guide, and inspire. We earnestly hope what we have built with dedication will guide young in achieving fulfilling lives and future.

With love and blessings,

(Urvika Chaya)

Founder Trustee & Vice-Chairperson

Urivi Vikram Charitable Trust

Society Reg. No.: S/26392 of 1994

Donation: Exempted 50 per cent, under Section 80G of Income Tax Act

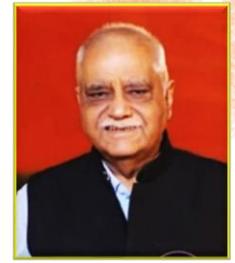
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Annual Report compiled and designed by: Ms. Shashi Chhetri, Director (Programmes), UVCT



General Secretary’s Message

Dear Friends and Supporters,



It is my privilege to share the Annual Report for 2024–25, a year that strengthened our mission and deepened our impact across communities. I extend my sincere gratitude to our Founder Chairman, Dr. U.N.B. Rao, whose vision and guidance continue to inspire all our initiatives.

This year, UVCT advanced its work through programmes in counselling, life skills, digital engagement, and vocational training. At UVNAC, our live webinars, Tele-Helpline, and revived “*Oh Adolescent*” column provided timely support to adolescents, parents, and educators, addressing emotional well-being, career choices, and online safety.

Our Skill Development Centres continued to empower youth and women with employable skills in computers, tailoring, beauty culture, and spoken English. We express our sincere appreciation to Canara Bank for strengthening our training infrastructure, and to Punjab National Bank for their valuable rental support, which enabled us to continue our services smoothly. Under the Targeted Intervention Programme at Wazirpur, implemented with DSACS, our team conducted continuous community outreach and CBS activities, identifying and linking HIV-positive individuals to ART services impacting vulnerable migrant communities. Our centres in Visakhapatnam and Tekkali remained vibrant spaces for vocational training, life skills, community awareness, and academic support. The *Pragati Patham* library continued to be a vital resource for students and competitive exam aspirants.

I sincerely thank our donors, CSR partners, volunteers, interns, trainers, and outreach teams for their dedication. My special appreciation goes to Vice-Chairperson Ms. U. Chaya for her consistent support and oversight.

As we look ahead, UVCT remains committed to strengthening digital learning, counselling services, skill development, and community-based empowerment helping young people lead confident and self-reliant lives.

Warm regards,

(Anil Girotra)

General Secretary UVCT



UVCT feels greatly honoured for our Vice-Chairman, Dr. Kapil Chopra having been designated as **Hon. Consul General of Granada in India.**

Dr. Chopra amply deserves such a prestigious recognition for the innumerable services rendered by him in industrial and business circles of India and abroad. He has also generously supported UVCT for the last 25 years and thus, showed his love for social service and community development.

A B.E. (Hons.) graduate from BITS Pilani, Dr. Chopra has built a diverse leadership career. He serves as Chairman of Haryana City Gas Distribution Ltd. and Chairman of Bentex and also leads as President of the Apex Chamber of Commerce & Industry (NCT Delhi). Internationally, he is the Patron of the Nigeria–India Business Council and a recipient of an Honorary Doctorate from Maryland University, USA.





URIVI VIKRAM CHARITABLE TRUST (UVCT)

(A National level Non-Government and Non-Profitable Organisation)

Striving to transform our “Burden of Population” into an
“Asset of Human Resources”

Urivi Vikram Charitable Trust (UVCT) is a national level non-governmental organization, with a focus on social and economic empowerment of adolescents (aged 10 to 19 years) and young adult. The Trust has played a pioneering role in obtaining a distinct status for ‘Adolescents’ in the Indian planning system and programmatic initiatives. Established as the first ever National Centre for Adolescent in New Delhi, it focuses on a wide range of adolescent centric issues including Life Skill Education. UVCT has also played a distinct role in empowering girls from the marginalized sections of the society through education, provision of health facilities and vocational training. Among many other development programmes, UVCT has undertaken projects for women empowerment and awareness campaigns on public health, environmental protection and reformation/rehabilitation of delinquents.

VISION: UVCT’s vision is to find innovative ways to transform the ever-growing population of India or the “Burden of Population” into an “Asset of Human Resource” and thereby help in ensuring better utilization of India’s demographic dividend.

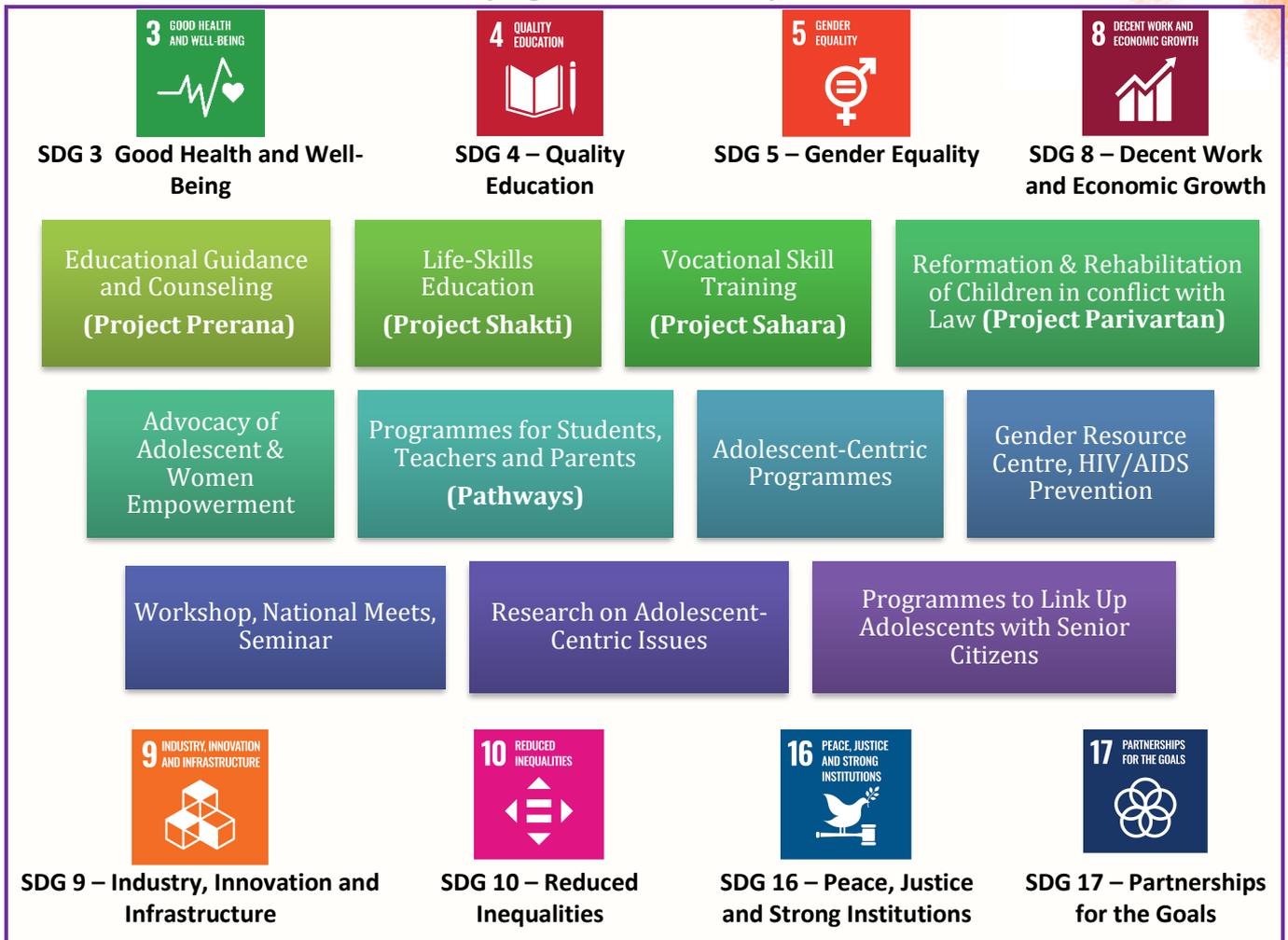
MISSION: UVCT has been striving to work for the development of adolescents and young adults of the nation through “empowerment” rather than “control”; it endeavours to bring back the dropouts, underachievers, and young people in conflict with law, especially those belonging to marginalized and deprived sections of the society, into the mainstream. It is our mission to help these children to become both economically productive and socially responsible citizens of the world.

OBJECTIVES:

- ❖ **Promote Awareness about Adolescent Issues:** Develop awareness through seminars, group discussions, camps to enable young adults to find solutions to their problems- psychological, financial, ethical and social.
- ❖ **Development of a Realistic Value System Among Adolescents:** Help adolescents acquire a realistic value system that is conducive to the development of a healthy society. The concept of oneness of all religions and love for the homeland is acquired by youth by building their level of consciousness.
- ❖ **Develop Educational & Skill Training:** Develop educational and skill training programs for school dropouts and underachievers to enable them to become not only economically productive but also socially responsible citizens of India and the world.
- ❖ **Develop Vocational Skills Among the Young Adults:** Develop vocational skills among young adults and women in areas such as textiles, handicrafts, and emerging industries like computers, fashion, digital design, and e-commerce. Focus on practical training that integrates technology and innovation to meet current market demands.
- ❖ **Promote Equality of Status:** Promote equality of status and opportunity, assuring the dignity of the individual and fostering the unity and integrity of the nation. Provide services that support hygiene, health, and happiness for all citizens of India.
- ❖ **Provide Financial Literacy for Youth & Women:** Provide Financial Literacy and microfinance facilities to youth and women of economically weaker sections for employment and banking services.



THRUST AREAS (Aligned with the SDGs)

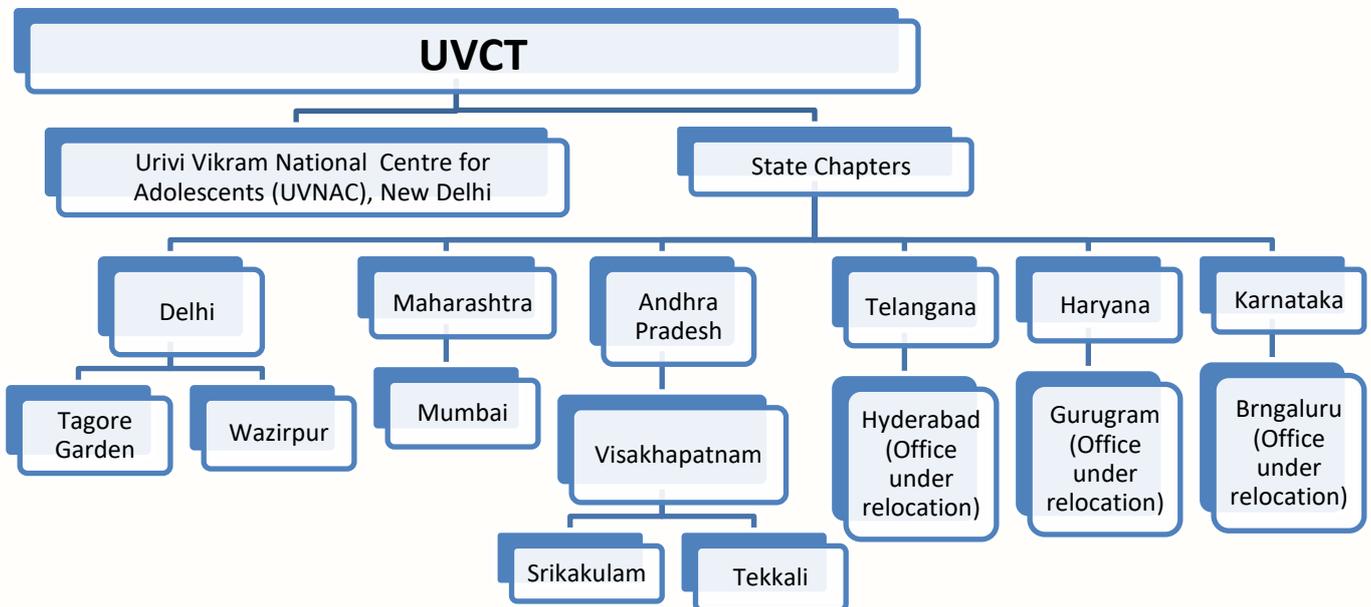


- ❖ **Counselling and Career Guidance Programme (Project PRERANA, since 1994):** The Trust focuses on adolescents in school to sustain their interest in education through Counselling and Career guidance. The Trust conducted workshop on “Student Counselling: The Need of the Day” and visited schools, especially government-run, to make the adolescent students aware of coping mechanisms and the varied career avenues. As a corollary to the outreach efforts, more than 50 Career Melas were held in Delhi and in different parts of the country. A number of workshops/ seminars were held to encourage and improve healthy interpersonal relations amongst Adolescents-Parents-Teachers.
- ❖ **Personality Development for drop-outs and push-out children (Project SHAKTI, since 1995):** In India, a large number of children who are drop-outs or are pushed-out of the school education system, require assistance and should become part of the mainstream education. For that purpose, an innovative programme “Shakti: The Personality Development” was launched in 1995. Batches of 30 to 40 drop-outs and under-achievers, were given a month’s orientation to build on their existing strengths and tone-down their weak-points. By 2024, about 103 batches of students of Shakti programme were given an orientation with remarkable results. UNFPA and UN IAWG P&D acknowledged UVCT’S Shakti Programme as a basis for their “Life Skills for promotion of Health for Out of School Adolescents” programme (July, 2003).
- ❖ **Empowering young adults through various vocational and professional courses (Project SAHARA, since 1995):** To make the young people economically productive, the Trust provides training in various vocational and professional courses. UVCT was invited for accreditation from the National Institute Open Schooling for its course in Beauty Culture, Stitching & Embroidery, Typing and Word Processing.



- ❖ **Reform and Rehabilitate Young Offenders in Tihar Prisons (Project PARIVARTAN, since 2007):** Another salient effort has been bringing the delinquent children and young offenders into the mainstream through 'Life Skills Education' and skill up-gradation programme. UVCT has been involved in augmenting the efforts of the juvenile justice system based on the LSE programme by transforming their personality and training them in various skills.
- ❖ **Financial Assistance to Students (Project UMMEED):** Launched in October 2007, the project provides financial assistance in the form of school/college fees, books, stationeries and other required support to those students who are academically brilliant but economically poor.
- ❖ **Programme for Teachers and Students in Schools (PATHWAYS PROGRAMME, 2022):** The programme has been re-launched in schools after COVID19 pandemic. Workshops for students, teachers and parents have been organised on different topics related to them. UVCT's panel of renowned counsellors is involved in the programmes.

ORGANISATIONAL PROFILE



ORGANISATIONAL STRENGTHS

- ❖ Organizational Strengths
- ❖ Registration: S-26392 - Society Registration Act 1860
- ❖ NGO Darpan Portal: Registered on Niti Ayog's Darpan Portal
- ❖ Tax Benefits: Approved under Section 80G of Income Tax Act
- ❖ CSR Registration: Registered with Ministry of Corporate Affairs
- ❖ FCRA Registration: Authorized for foreign contributions (under review)
- ❖ TISS Accreditation: Empanelled by National CSR Hub at TISS Mumbai: UVCT developed a Model for establishing Yuva Shakti Centres (YSC's) at different locations in India. This Model won the recognition of the CSR Hub and has been included, along with eight others, in their Proposal Bank of outstanding social sector Projects.
- ❖ Well established infrastructure and expertise in field operations;



ADVOCACY BY UVCT: Obtained A Distinct Status for Adolescent Segment

1999 - Organized a 3 - days National Meet on “Towards a Policy for Young Adults”, based on Dr. Rao’s article in Yojana, a publication of Ministry of Information and Broadcasting, Govt. of India

2005 - UVCT organized a 3-days National Meet on ‘Adolescents: Vision 2020’, in furtherance of what Dr Abdul Kalam and other prominent leaders talked of making India a Superpower by 2020.

2007 – Established the first ever ‘National Centre for Adolescents’ in Dwarka, New Delhi. Hon’ble Dr APJ Abdul Kalam, Former President of India, Sh. Shivraj Patil, Governor of Punjab and Dr Karan Singh, a Statesman and an eminent educationist are amongst notable visitors.

2015 - National Seminar on “Demographic Dividend: Challenges of Young People in India”, organized to strengthen the policy formulations and develop working mechanisms to empower young people, and thereby, make best of our demographic dividend.

2017 - Second National Seminar on, “Mainstreaming Skills in Education” was organized in collaboration with stakeholders from Skill Development and Education sectors, in order to make education skill-based, rather than mere literacy-based.

ACTIVITIES IN PROJECT MODE (During last ten years)

Adolescent Development through Skill and Counselling

- ❖ **Vocational training** in a range of marketable skills with strong livelihood linkages has empowered young adults, particularly those from marginalized sections of society. Projects were implemented across Delhi, Maharashtra, and Andhra Pradesh with the support of the Government of India, UNFPA, PSUs and Banks, Nationalized and Regional Banks, and other financial institutions. Over one lakh young people, predominantly women, have been trained in various vocations through these initiatives.
- ❖ **Sohan Lal Commodity Management Private Limited (SLCM)** has been a benevolent collaborator of UVCT in implementing vocational skill upgradation programmes. As part of its **CSR contribution**, SLCM’s support has been instrumental in expanding the reach and quality of UVCT’s employability initiatives, enabling participants to acquire practical skills and improved livelihood opportunities. This collaboration exemplifies how corporate partnerships can foster sustainable social impact.
- ❖ **Canara Bank**, through its **CSR initiative**, has extended valuable support towards upgrading the infrastructure of UVCT’s **Skill Development Centre**. Their contribution has enhanced training facilities, strengthened the learning environment, and improved the overall quality of vocational education for women and youth from underserved communities.
- ❖ **IDBI Capital** supported the **Comprehensive Skill Development Programme** to prepare candidates for employment with banks and non-banking financial companies in Delhi. The initiative helped young people achieve economic independence through gainful employment and placements. Out of 500 beneficiaries, nearly **60%** were successfully linked with sustainable livelihood opportunities.
- ❖ **IDBI Bank** implemented a **Livelihood Programme for Underprivileged Women and Youth** in Thane, Maharashtra, transforming the lives of more than **2,300 individuals**. The project’s key components included **Psycho-Social Interventions, Parent-Teacher Meetings, and School Outreach Programmes**. A specialized course, **SAIME (Soft Skills, Awareness, IT, Management & Entrepreneurship Development)**, was also conducted to train graduates and undergraduates in computers, spoken English, marketing skills, and life skills. The 150-hour course was developed in collaboration with **K.V. Pendharkar College, Dombivli**.
- ❖ **Adolescent Development Programmes** under the **NPYAD Scheme** of the **Ministry of Youth Affairs and Sports, Government of India** (since 1994 and continuing) have been a longstanding initiative of UVCT, contributing significantly to youth empowerment and national development.



Health Sector

- ❖ **Targeted Intervention Programme (HIV/AIDS)** for migrant workers in the Wazirpur Industrial Area have been operational since 2011 under the Delhi State AIDS Control Society (DSACS), GNCT of Delhi. The programme continues to play a vital role in HIV prevention and care, with over 80 confirmed cases identified and successfully linked to ART services for sustained treatment and support.

Reformation & Rehabilitation

- ❖ **UVCT's initiatives in the reformation of juvenile delinquents** received wide appreciation, leading to a three-year engagement (2017–2020) in the Reformation and Rehabilitation of Young Offenders at Jail No. 5, Tihar Prisons, partly funded by Bharat Petroleum Corporation Ltd. (BPCL). The programme reached and positively impacted nearly 1,000 young offenders, equipping them with life skills, counselling support, and vocational training for reintegration into society.
- ❖ **Special projects** in Delhi were also undertaken to mainstream delinquent children through Life Skills Education and skill upgradation programmes, implemented in collaboration with the Delhi High Court (2015). These interventions focused on behavioural transformation, emotional resilience, and pathways to productive citizenship.

Child Rights & Protection

- ❖ **Childline services** have been in operation at the Kalyan Railway Station (Maharashtra) in collaboration with the Childline India Foundation since December 2016, which is helping in rescuing distressed children and educating people about child rights and protection. More than 1500 children from different parts of the country, who were drawn towards Mumbai metropolis, were intercepted enroute and were mostly restored back to their parents.
- ❖ The excellent performance of UVCT' team at Kalyan Centre brought another **short-term project by UNICEF MH Childline** and a sub-centre was established at Thane Rural in 2022-23. As a major policy shift, Childline units were wound up, by entrusting the responsibility.

Women Empowerment

- ❖ **STEP programme** for Women Empowerment in Bindapur, Delhi, under the Ministry of Women and Child, Govt of India (2016-17). A total of 240 women were trained in dress designing and making.
- ❖ **Gender Resource Centre** at Kapashera as part of the Delhi Government Initiative (2012 -2015).

Projects in Schools

- ❖ **Project Saksham:** Under CSR initiatives of **Mahanagar Gas Limited (MGL)**, during **2017- 2020**, a comprehensive educational empowerment of more than 30,000 under-privileged students in Maharashtra, initially from 10 Government and aided Schools in Kalyan area of Thane district and about 45 schools of North-east Mumbai area (Chembur, Deonar, Ghatkopar, Ashok Nagar, etc), through various outreach programmes, remedial education, counselling, career guidance, financial support for infrastructure of schools and deserving students; orientation to relevant Principals / teachers / Parents, (Project Saksham in two phases).
- ❖ Empowerment of Government school children in rural areas of Delhi and Haryana with the support of **National Children Fund** and **Jindal Foundation** grants.

Drug Abuse Prevention

- ❖ **Happy Project** in northern districts of Mumbai funded by Tata Trusts (DESH), during 2016-19. During three-years long project UVCT reached 110 schools, 220 teachers and 82,500 students and oriented them with life skills and other techniques to resist the evil.





URIVI VIKRAM NATIONAL CENTRE FOR ADOLESCENTS (UVNAC)

National Headquarters of UVCT

(UVNAC Building, Dwarka, Sector – 22, Near Sai Baba Temple, New Delhi – 110077)

ESTABLISHMENT

UVCT recognized the need for a dedicated focus on adolescents (aged 10 to 19 years, as defined by WHO) in Indian planning and advocacy. In response, they established the first-ever National Centre for Adolescents (UVNAC) in September 2007, located in Dwarka, New Delhi. UVNAC aims to address the unique challenges faced by adolescents through:



- **Strategic Planning:** Developing targeted strategies to enhance adolescent health and well-being.
- **Communication:** Facilitating effective communication to ensure alignment with the needs of adolescents.
- **Support to State Teams:** Providing resources and guidance to state-level teams for the implementation of adolescent-focused programs.
- **Monitoring and Supervision:** Overseeing various initiatives conducted by UVCT and its state chapters to ensure quality and impact.
- **Organising various Adolescents' centric Programs**
- **Conducting Skill Development Programmes**

UVNAC undertakes a range of initiatives to support and empower adolescents. These include:

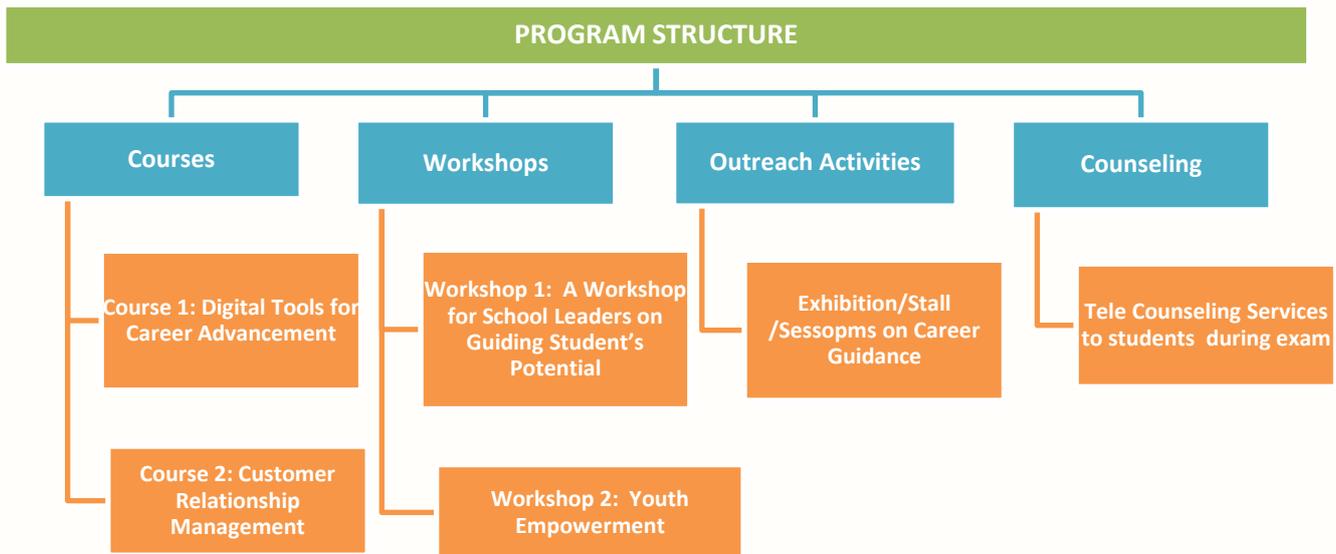
- Organizing educational events to raise awareness and discuss issues relevant to adolescents.
- Providing access to experienced counselors for guidance on personal, academic, and emotional challenges.
- Offering vocational training courses to equip adolescents with vocational and soft skills for future employment.
- Utilizing scientific assessment tests to help adolescents identify their strengths and interests, guiding them in their career choices.
- Organizing events like Career Melas to connect students with opportunities and resources.
- Conducting studies to better understand the needs and challenges faced by adolescents, informing program development.
- Organising 'Discussion Forums' for Adolescents, Parents and Teachers on hybrid mode
- Live streaming on different adolescents' centric issues through different social media platforms
- Hosting an annual festival 'Hum Kishore' for schools in Dwarka and surrounding areas to celebrate youth culture and engagement.

MAJOR ACTIVITIES DURING THE YEAR

INTEGRATED GROWTH: EMPOWERING YOUNG PROFESSIONALS FOR FUTURE

A CSR initiative in collaboration with Sohan Lal Management Commodity Limited (SLCM)

The initiative aimed to strengthen employability, stability, and overall well-being of adolescents and young adults through targeted training, counseling, and support services. The program was designed to address diverse developmental needs by integrating skill enhancement courses, capacity-building workshops, and sustained counseling interventions.



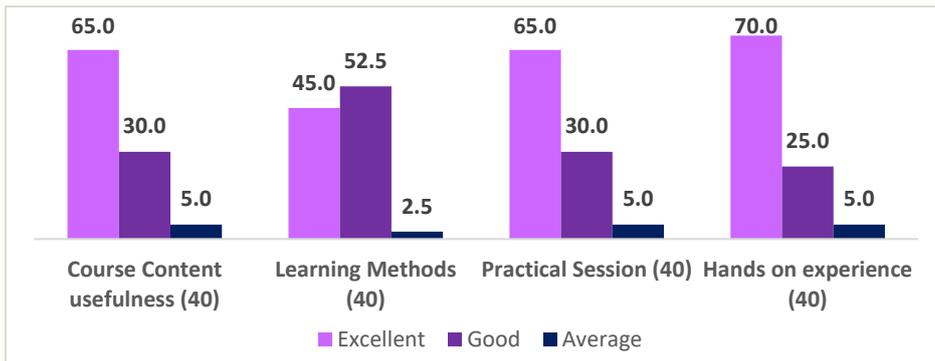
ACTIVITY 1 - Course 1: Digital Proficiency for Career Advancement (50 Hours)

Conducted at the Skill Development Centre, Tagore Garden Extension, New Delhi, this 50-hour program equipped 40 young participants with essential digital and communication competencies. Through lectures, hands-on sessions, and group activities, learners gained proficiency in MS Office, Google Suite, cyber security, financial literacy, and communication skills.

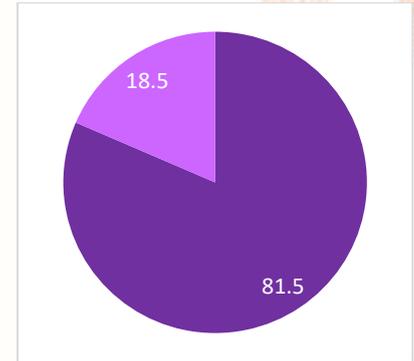


The course enhanced employability by helping participants create professional resumes, presentations, and develop safe online practices, empowering them for career advancement in the digital era.

Feedback from Trainees



Graph 1: Usefulness of the Course

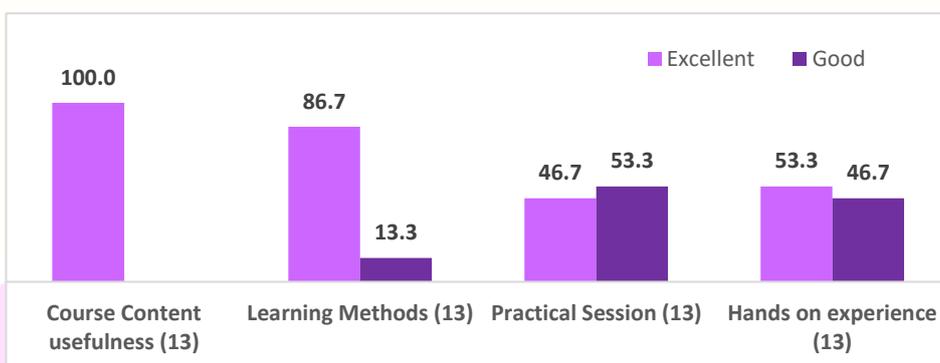


Graph 2: Need Advanced Courses

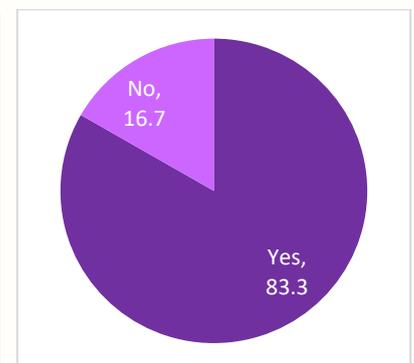
The feedback indicates high participant satisfaction, with most rating the course content, methods, and practical sessions as Excellent or Good. The hands-on experience received the strongest positive response, reflecting effective and engaging training delivery. Participants also expressed interest in pursuing advanced courses such as **Digital Marketing, Data Analysis, SEO, and Cyber Security with AI**, reflecting their enthusiasm for expanding digital and technical competencies for future career growth.

ACTIVITY 2 - Course 2: Customer Relationship Management (CRM) (50 Hours)

The CRM course at UVNAC, Dwarka equips participants with practical and strategic skills to manage customer interactions, improve satisfaction, and drive business performance. Through hands-on exercises, case studies, and collaborative projects, learners gain expertise in CRM systems, data analysis, and customer-centric strategies. The program also integrates modules on cyber security, communication skills, and office automation to ensure holistic professional development.



Graph 1: Usefulness of the Course;



Graph 2: Need Advanced Courses

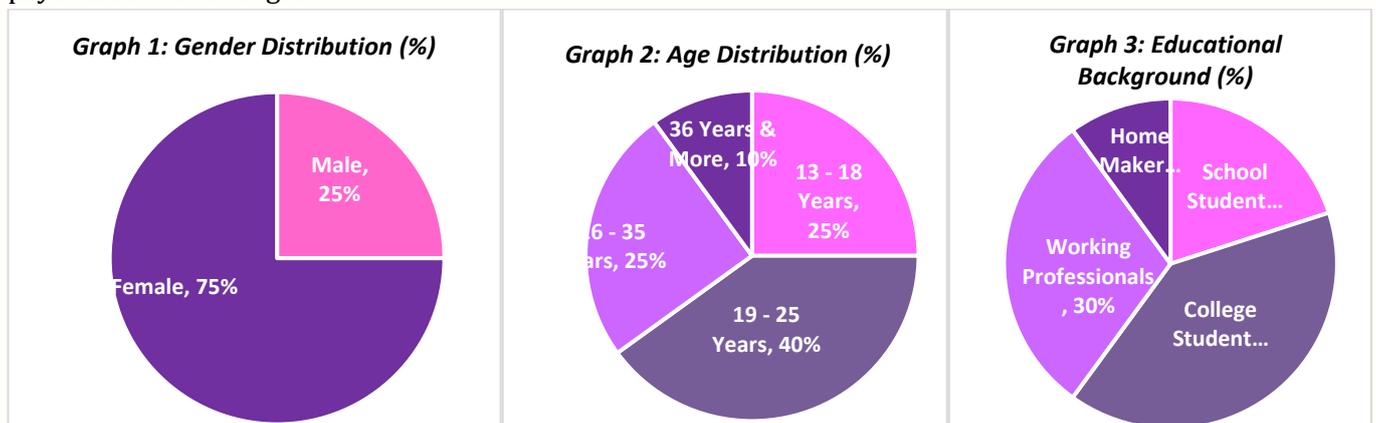
All participants rated the course content as excellent. Learning methods also received strong ratings, with 86.7% marking them as excellent. However, practical sessions and hands-on experience were more evenly split between excellent and good, indicating room for improvement. Feedback also indicates a strong demand for further learning in this area, as 83.3 percent of participants are interested in an advanced course on CRM.



ACTIVITY 3 - UVNAC Guidance and Counselling Tele-Helpline

The UVCT Guidance and Counselling Tele-Helpline served as an essential support system for adolescents, youth, and community members seeking timely psychological and career-related assistance. Over its operational period, the helpline received queries reflecting the evolving emotional and academic pressures faced by young people today.

A significant portion of queries related to career uncertainty, including confusion about stream selection, college choices, and balancing parental expectations with personal aspirations. Many young callers also expressed concerns about body image, self-esteem, and confidence, indicating the growing emotional impact of societal pressure, peer comparison, and digital influence. Family conflicts, such as feeling unheard, overwhelmed, or misunderstood at home were another common theme. Additional queries addressed peer issues, bullying, online scams, cybersecurity concerns, academic pressure, and difficulty managing emotions. Several individuals reported overlapping issues, demonstrating the interconnected nature of modern psychosocial challenges.



The helpline’s ability to provide immediate, confidential, and judgement-free support made it an invaluable resource. Through supportive counselling, CBT-based strategies, decision-making tools, and awareness on emotional wellbeing and online safety, callers received practical guidance and emotional reassurance. Many expressed relief after being heard and supported, underscoring the importance of accessible guidance services.

Helplines such as this play a critical role in early intervention by offering first-line emotional support, preventing escalation of stress, and connecting individuals with the right coping strategies. They are especially vital for adolescents who may hesitate to seek help due to stigma, fear of judgement, or lack of accessible counselling spaces. Strengthening such services can significantly enhance youth wellbeing, resilience, and informed decision-making.

PATHWAY HOLISTIC DEVELOPMENT PROGRAM

Relaunched in 2022, the program reaches all school-going children through three wings—Primary (KG-5), Middle (6-8), and Higher (9-12). It integrates physical, intellectual, emotional, and social development to build well-rounded, life-skilled individuals. Through structured workshops, it supports students across their educational journey while guiding parents and empowering teachers. In collaboration with esteemed resource persons, sessions have been conducted across schools in Dwarka and nearby areas.



School Covered

- ❖ Mount Carmel
- ❖ GGSSS, Rajouri Garden
- ❖ Basava International
- ❖ Shiv Vani Model Sr. Sec. School
- ❖ Shiksha Bharati Global
- ❖ Modern Convent School
- ❖ Shokeen International

Themes for Students

- ❖ Emerging Careers
- ❖ Career Counselling
- ❖ Nurturing Values for Teens
- ❖ Need for Discipline
- ❖ Building Healthy Interpersonal Relationships
- ❖ Coping with Adolescence
- ❖ Behaviour Management

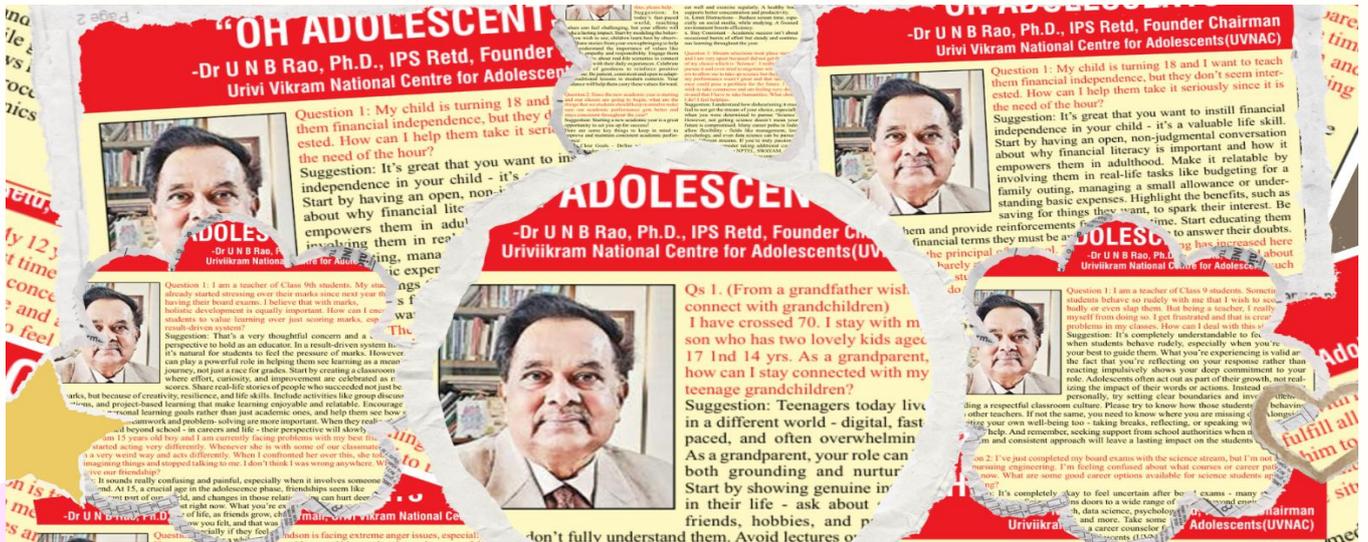
Themes for Teachers/Parents

- ❖ Handling Students
- ❖ Teachers' Well Being
- ❖ Class Management
- ❖ Know your Growing Child / Students



NEW INITIATIVES: UVNAC's OUTREACH PLATFORMS

OH ADOLESCENT: A COLUMN IN LOCAL NEWSPAPER



Dwarka City has revived its much-appreciated "Oh Adolescents" column, and the Founder Chairman of UVCT, Dr. U.N.B. Rao, (Ph.D, IIT Delhi, IPS Retd.) agreed to offer practical, compassionate guidance to teens navigating emotional, academic, and social challenges. It addresses a wide range of themes including exam pressure, self-confidence, peer influence, communication gaps with parents, discipline, behavioural concerns, career confusion, stress management, and emotional well-being. Through real-life questions, the column encourages clear thinking, balanced decision-making, healthy habits, and stronger parent-child relationships, reinforcing UVCT's mission of nurturing resilient and responsible adolescents.

LIVE WEBINARS ON SOCIAL MEDIA

Recognizing the rising need for meaningful digital engagement, UVNAC launched an inspiring new initiative in FY 2024–25, a dynamic series of live webinars designed to connect, empower, and inform. These sessions create an accessible space where students, parents, and educators receive timely, expert-driven insights on emotional well-being, academic success, and digital awareness.

Emotional Well-Being & Self-Growth	Behavioural Challenges & Risk Prevention
<ul style="list-style-type: none"> • How can I take care of myself? • Understanding Emotions – A Journey Within • How to Deal with Failure • Homebound Happiness: Mental Health Boosters for Summer • Back to School After Summer Holidays • Going to College and Feeling Scared? • How to Make the Most of Your Gap Year 	<ul style="list-style-type: none"> • Juvenile Delinquency: Causes, Consequences & Intervention • High-Risk Behaviour Among Adolescents • Bullying • Creating Balance Between Online & Offline Life (Social Media Addiction)
Inclusion, Relationships & Community Building	Digital Literacy & Safety
<ul style="list-style-type: none"> • World Autism Awareness Day: Awareness & Inclusion • Building and Sustaining Interpersonal Relationships • Intergenerational Connections 	<ul style="list-style-type: none"> • Cyber-Security & Online Safety

SKILL DEVELOPMENT CENTRE: UVNAC

Computer Course: In 2022, UVNAC established a Skill Development Centre to bridge the gap between market demands and the availability of skilled services. The centre also offers **NIIT-affiliated** basic and advanced computer courses, ensuring high-quality, industry-relevant training. To date, more than 50 students have successfully completed these programs, strengthening their digital proficiency and employability.





FEEDBACK FROM TRAINEES



The teacher's knowledge is very good, especially in advanced Excel and its formulas. She explains everything very simply, making it easy to understand.

-
Ansh Sharma



Nice faculty ever with study Schedule and teachers and very hardworking staff & always help in learning and day to day test schedule reviewing brings up the good result with each and every student.

- Kashish Karki

INTERNSHIP PROGRAMME

UVCT has hosted many successful internship programmes for students from various universities, including those studying counseling, social work, criminal psychology, and psychology. We believe that experience will contribute significantly to their growth as socially responsible and economically productive individuals.

Summer internship under the paradigm of the CBSE SEWA Program

UVNAC and Vishwa Bharti Public School partnered to offer a structured summer internship under the CBSE SEWA Program. Designed as a mandatory value addition for students of Classes IX–XII, the twenty-hour internship for Class XI students was conducted during the summer break. The program provided a focused platform for developing essential skills, including planning, strategizing, collaboration, communication, self-awareness, empathy, critical and creative thinking, problem-solving, and decision-making.

OTHER ACTIVITIES

International Yoga Day: UVCT observed International Yoga Day 2024 with staff members and trainees at its headquarters Urvivikram National Centre for Adolescents (UVNAC).

Youth Day Celebration: National Youth Day was celebrated commemorating the birth anniversary of inspirational spiritual leader Swami Vivekananda.



GOVERNING BODY AND ANNUAL GENERAL MEETINGS

Meetings of the Governing Body Members were held on 21.10.2024 and 04.03.2025, and the Annual General Meeting was convened on 30.11.2024, under the chairmanship of Dr. U.N.B. Rao. All meetings were conducted in a hybrid mode—enabling both in-person and virtual participation to ensure wider engagement and effective deliberations among members across locations.

Brief overview of the key topics discussed:

- ❖ **Resource Mobilization & Collaborations:** The Governing Body emphasized strengthening resource mobilization through CSR partnerships, philanthropic foundations, and community-based fundraising. It was resolved to expand collaborations with organizations such as **SLCM, Canara Bank, IDBI Capital, BPCL, and DSACS**, and explore new tie-ups with educational and corporate partners to sustain UVCT's growing initiatives in adolescent mental health, life skills, and employability.
- ❖ **Pending Funds from IGNOU:** Members expressed concern over pending IGNOU funds and recommended regular follow-up for early release to ensure continuity of academic and vocational programmes.
- ❖ **Skill Development & Life Skills Expansion:** Deliberations focused on enhancing vocational and digital skills courses, integrating life skills modules, and aligning training with emerging industry needs.



Collaboration with CSR and academic institutions was proposed to co-develop advanced, job-oriented curricula for youth and women.

- ❖ **Adolescent Mental Health & Counselling:** The Board highlighted the importance of expanding counselling, emotional well-being, and tele-helpline services for adolescents. Plans were discussed for collaborative awareness campaigns with schools, universities, and mental health professionals to promote resilience and coping skills.
- ❖ **Targeted Intervention (TI) Programme:** Members reviewed progress of the HIV/AIDS awareness initiative with **DSACS**, commending its outreach among migrant workers and reaffirming commitment to health awareness and social inclusion.
- ❖ **Human Resource & Infrastructure Enhancement:** The Trust decided to engage experienced professionals and trainers to strengthen programme quality and supervision. Upgrading training infrastructure, counselling spaces, and digital systems across centres was prioritized to improve learning and service delivery.
- ❖ **Future Direction:** UVCT will focus on building **multi-sector collaborations**, linking government agencies, corporates, and academia—to deepen its work in adolescent mental health, life skills, and skill-based education, ensuring sustainable, scalable impact.



EMPLOYEE OF THE YEAR



Mr. Vishnu Kumar joined the UVCT TI Program as an ORW on 1 July 2021 and quickly demonstrated exceptional dedication and performance. His hard work, sincerity, and strong field engagement earned him a well-deserved promotion to M&E on 13 December 2021. He continues to contribute significantly to the program's outcomes with professionalism and commitment. We proudly recognize him as our *Employee of the Year*.

Swami Vivekananda: Face Your Fears

During his travels near Varanasi, Swami Vivekananda was once chased by a group of monkeys. As he tried to run, they grew more aggressive. An elderly monk nearby called out, **“Stop running—face them!”** Vivekananda turned around fearlessly, and the monkeys retreated.

He later shared this experience as a life lesson:

“In life, whenever you are confronted by fear, face it boldly.”

His message continues to inspire young people to build courage, confidence, and resilience.



REMEMBERING 'VIKRAM JI'

" A great soul serves everyone all the time. A great soul never dies. It brings us together again and again."
— Maya Angelou."

Vikram ji's visionary outlook and unwavering commitment to social welfare continue to inspire us in pursuing a meaningful mission devoted to the upliftment of humanity. On his death anniversary, 13th December, trainees and staff from UVCT centres in Delhi visited the Samadhi to offer their prayers. A havan was also performed at the Skill Development Centre in Tagore Garden. Tributes were similarly paid across all Skill Development Centres in Delhi and Visakhapatnam, honouring his enduring legacy.



'SHRI AKHAND PATH'

In memory of Late Sh. Urivi Vikram and Shri Ajit Singh Cheema, the Urivi Vikram Charitable Trust (UVCT) hosted a sacred Shri Akhand Path at its headquarters in Dwarka, Sector-22, New Delhi, from January 16-18, 2025. This spiritual event marked the 55th birth anniversary of Sh. Urivi Vikram and honored the cherished memory of 'Dadaji,' Shri Ajit Singh Cheema. Organized with love and devotion, the Akhand Path, led by Gurudwara Sri Guru Singh Sabha, Dwarka, included a continuous recitation of holy scripture, Kirtan, prayers, and Guru Ka Langar. Family, friends, community members, and trainees from UVCT's Skill Development Centres in Dwarka and Tagore Garden came together to reflect, pray, and celebrate the values of service and community





SKILL DEVELOPMENT CENTRE

(1st Floor, MCD Building, Near Kendriya Vidyalaya, Tagore Garden Extension, New Delhi - 110027)

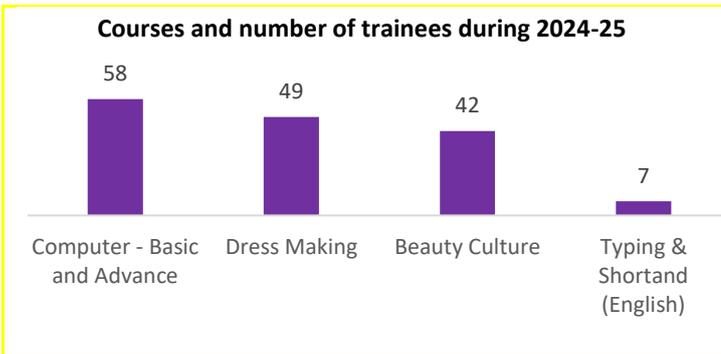
ABOUT THE CENTRE

The centre, located in the MCD Complex at Tagore Garden Extension in southwest Delhi, is surrounded by communities such as Raghbir Nagar, Shyam Nagar, Janta Colony, and Titarpur. The slum population in the area is largely composed of migrant workers from Uttar Pradesh, Bihar, West Bengal, Rajasthan, Madhya Pradesh, and Haryana. With more than half of the residents being illiterate, their low economic status and challenging living and working conditions make it difficult for them to meet their children’s educational needs. Consequently, many children struggle to adjust to formal schooling and require targeted support along with a stimulating environment to learn essential skills.

The Skill Development Centre provides vocational training to young adults and women in a wide range of fields, including Computer Applications, Tally, Dress Designing, Cutting & Tailoring, Beauty Culture, English Shorthand and Typing, and Spoken English. The centre also conducts short-term courses and workshops—such as financial literacy, crafting, soap making, candle making, and jute work—led by experienced professionals.

VOCATIONAL TRAINING

The Skill Development Centre at Tagore Garden trained nearly 150 trainees in FY 2024–25 through a range of regular programs, including Computer Skills, Dress Making, Beauty Culture, Stenography, Typing, and Spoken English. These courses are designed to boost employability while equipping individuals with essential competencies for both personal and professional advancement. In addition to its regular offerings, the Centre organized seminars and workshops on career orientation, cyber safety, and job training, broadening exposure and enriching the overall learning experience for trainees.



COLLABORATION WITH CANARA BANK UNDER THEIR CSR INITIATIVE



UVCT gratefully acknowledges the generous support received from Canara Bank, Regional Office–Vikasपुरi, for strengthening our Skill Development Centre. Their contribution—including chairs and shampoo stations for the Beauty Culture course, sewing machines for the Dress Making unit, additional seating, a storage cabinet, and a printer, has significantly enhanced our training infrastructure and enriched the overall learning environment.

We were delighted to have Mr. Siddarth, Branch Manager, Canara Bank (Sector-23 Dwarka), and Mr. Ashish, SI, Rajouri Garden Police Station, join us for this special occasion. Both dignitaries delivered inspiring messages, motivating our trainees to stay focused, work hard, and continue pursuing their ambitions with confidence and determination.

OTHER ACTIVITIES: Job-Readiness Through Essential Life Skills Training

In addition to its regular vocational courses, UVCT also offers free enrichment sessions that equip trainees with essential skills needed to succeed in today’s competitive world. These include Life Skills, Communication Skills, Financial Management, Cyber Security, Social Media Ethics, and Interview Skills—each designed to build confidence, enhance professionalism, and prepare students for real workplace challenges. Such sessions not only improve employability but also empower young adults to make informed decisions, stay safe online, communicate effectively, manage money wisely, and step into their careers with greater readiness and self-assurance.



Empowering Trainees with Mental Health & Career Guidance

Mental Health Counselling: UVCT provides free individual and group counselling sessions to support the mental well-being of its trainees. These sessions help them manage stress, build emotional strength, and stay motivated, ensuring a healthy and nurturing learning environment.

Career Guidance Counselling: UVCT also offers free career guidance counselling to help trainees explore opportunities, identify their strengths, and make informed career decisions. These sessions enhance clarity, confidence, and readiness for future pathways.

Feedback from Trainees



Advanced Computer Course has boosted my skills and confidence. Trainers explain concepts clearly, and I gained practical knowledge in MS Office, advanced Excel, and basic operations. Now I feel job-ready. Highly recommended!

Alisha



Advanced Computer Course at UVCT was an excellent learning experience. The teaching was clear and practical, and the faculty was very supportive. Now I am proficient in advanced Excel and Word, which boosted my confidence and job readiness. Thank you, UVCT!

Azeem



मैंने UVCT में ड्रेस मेकिंग कोर्स किया और मेरा अनुभव बहुत शानदार रहा। ट्रेनर सहयोगी और अनुभवी हैं, और कटिंग-सिलाई से लेकर पैटर्न मेकिंग तक सब कुछ आसान तरीके से सिखाया गया। इस कोर्स ने मेरा आत्मविश्वास बढ़ाया और अब मैं खुद ड्रेस तैयार कर सकती हूँ। धन्यवाद, UVCT!

Renu



मैंने UVCT में ड्रेस मेकिंग कोर्स किया। ट्रेनर बहुत सहयोगी हैं और कटिंग, स्टिचिंग, पैटर्न मेकिंग जैसी सभी स्किल्स आसानी से सिखाती हैं। इस कोर्स से मेरा आत्मविश्वास बढ़ा है और अब मैं खुद डिजाइनर ड्रेस तैयार कर सकती हूँ।

Lovely



मैंने UVCT का ब्यूटी कल्चर हिंदी कोर्स किया। ट्रेनर अनुभवी और सहयोगी हैं, और स्किन केयर, मेकअप, हेयर स्टाइलिंग, नेल आर्ट जैसे सभी टॉपिक्स सिखाए गए। प्रैक्टिकल ट्रेनिंग से मेरा आत्मविश्वास बढ़ा और अब मैं प्रोफेशनल ब्यूटी सर्विसेज देने में सक्षम हूँ। Pooja



मैंने UVCT का ब्यूटी कल्चर कोर्स किया और मेरा अनुभव बेहद अच्छा रहा। यहाँ के प्रशिक्षक अनुभवी हैं और सभी तकनीकें बहुत ही प्रोफेशनल तरीके से सिखाते हैं। कोर्स के साथ हमें अन्य महत्वपूर्ण स्किल्स भी सिखाई गईं, और आज मैं अपना काम शुरू करने में सक्षम हूँ। धन्यवाद, UVCT!"

Rekha





UVCT Target Intervention (TI) Program

Wazirpur Industrial Area, New Delhi

In Collaboration with Delhi State Aids Control Society (DSACS)

ABOUT THE CENTRE

HIV/AIDS continues to be a significant public health challenge globally, and India too faces a rising number of HIV-positive cases. To address this concern, the Government of India has strengthened awareness, prevention, and early identification initiatives in partnership with various non-governmental organizations (NGOs).

Urivi Vikram Charitable Trust (UVCT) has been an active partner in this mission since 2011, working in collaboration with the Delhi State AIDS Control Society (DSACS) and the National AIDS Control Organization (NACO). UVCT focuses primarily on migrant populations who relocate to Delhi from other states in search of livelihood and are often at higher risk due to limited access to health information and services.

Through community outreach, the UVCT team raises awareness about safe sexual practices, condom promotion, HIV/AIDS, sexually transmitted infections (STIs), ICTC testing, and tuberculosis. Awareness is spread through Interpersonal Communication (IPC) sessions, community meetings, mid-media activities such as *nukkad nataks*, and demand-generation initiatives conducted among labour groups and migrant communities.



UVCT also organizes Community-Based Screening (CBS) and health camps to facilitate early HIV testing. Individuals who test positive are linked to nearby ART centres for timely treatment. To date, UVCT has helped more than 120 migrants access life-saving ART services, safeguarding them from the fatal consequences of untreated HIV.

Table: Activities undertaken by the TI during the FY 2023 - 24

INDICATORS	TOTAL
Total HIV + cases	11
HIV+ linked to ART	11
HIV testing	3142
Registration of HRG's	20841
STI cases found in health camp	157
People attendance in health camp	8087
Total covered population	99468

MAJOR ACTIVITIES DURING THE YEAR

During the FY 2024-25 the team identified 11 HIV positive cases and could successfully linked them to ART for further treatment. The programme has the provision to provide financial support to the people living with HIV (PLHIV).



CBS Camp



Nukkad Natak



Health camp



HIV testing through MITWA Van

World AIDS Day (01.12.2024): The UVCT TI Team marked World AIDS Day with an impactful awareness event in the Wazirpur industrial area under the DSACS Targeted Intervention Programme (Migrants). Focused on educating vulnerable migrant communities, the team conducted awareness sessions, outreach activities, and a candle march to promote HIV prevention, testing, and treatment. The initiative also aimed to reduce stigma and encourage community participation in the fight against HIV/AIDS.



Community Event: TI organized a successful community engagement program at Parmeshwari Wala Bagh, Azadpur, Delhi. The event was graced by chief guest Smt. Pratima Pandey, along with Dr. U.N.B. Rao, Founder & Chairman, UVCT, and Sh. B.S. Negi, Treasurer, UVCT, who appreciated the team’s efforts. The programme featured mid-media awareness activities by Sugandha Natya Manch on HIV, AIDS, STIs, DOTS, and condom promotion, along with interactive games that encouraged active community participation. Special recognition was given to Dr. Anuj Kumar for outstanding service and to Project Director Smt. Shivani Soni for her leadership. The event effectively strengthened awareness about the TI programme among migrant communities.



Felicitation of TI Team

Dr. Rao has started a tradition to motivate outreach workers who identify the most cases and successfully link them to ART centres. They are honoured with recognition and awarded monetary rewards, encouraging their continued dedication and excellence in this vital work.

TI Outreach Workers (ORW) and their experiences



My name is Rekha, and I have been working with UVCT as an Outreach Worker for five years, after initially serving as a Peer Leader. With the guidance and training provided by our Program Manager, I gained confidence in my role and actively conducted sessions and CBS activities. Over the years, I have identified twelve HIV-positive migrants, including two cases last year, and ensured their proper linkage to the ART Centre. I am proud that all of them are now regularly taking treatment.

Working with UVCT has been a rewarding experience. Our Hon'ble Chairman's appreciation and encouragement motivate me greatly, and I feel truly fortunate to be part of this organization.

- **Rekha (O.R.W.)**



I joined Urivi Vikram Charitable Trust as an Outreach Worker five years ago. In the beginning, discussing sensitive issues like HIV/AIDS, STIs, and condom use was challenging, but with proper training from our Program Manager and DSACS, I learned to handle field situations confidently. During my work, I have identified several HIV-positive migrants and linked them to ART Centres. Last year, I found four positive cases and ensured they all started treatment. I also follow up regularly with all PLHAs.

My experience at UVCT has been excellent. The Trust has always supported and encouraged me, and the continuous motivation from our Hon'ble Chairman makes me proud to be part of this organization.

- **Bhaskar (ORW)**





UVCT MAHARASHTRA CHAPTER

The UVCT Maharashtra Chapter has been dedicated to empowering women and adolescents across the state since 1999. Over the years, it has implemented impactful initiatives focusing on adolescent development, livelihood generation, and vocational skill training, particularly in the Thane–Bhiwandi–Kalyan region. The chapter has also collaborated with organizations such as UNFPA, the Municipal Corporations of Thane, Ulhasnagar, Kalyan, and Bhiwandi, and the Central Social Welfare Board to strengthen its outreach and impact.

In recent years, the centre has concentrated on providing remedial education in government-aided schools and vocational training for young women, enabling them to acquire essential life and employability skills. The chapter remains an important presence in the region and is positioned to revive and expand programmes that support adolescent well-being, mental health, and women’s empowerment in partnership with government bodies and CSR collaborators.



UVCT ANDHRA PRADESH CHAPTER

SKILL DEVELOPMENT CENTRE
Visakhapatnam, Andhra Pradesh

ABOUT THE CENTRE

The Skill Development Centre located in the Municipal Community Complex at Arilova, Visakhapatnam, is actively engaged in a wide range of initiatives aimed at empowering the local community—especially youth and women. The centre’s key activities include:

- **Vocational Courses:** Providing practical, job-oriented training to enhance employability.
- **Life Skills Education:** Equipping participants with essential personal and professional skills.
- **Counselling Services:** Offering individual and group counselling to address emotional, social, and developmental needs.
- **Career Guidance:** Supporting individuals in making informed and confident career decisions.
- **Youth Employability Programs:** Strengthening job readiness and market-relevant competencies.
- **Awareness Programs:** Conducting informative sessions on important social and developmental issues.

In addition to these core initiatives, the Visakhapatnam Centre regularly organizes special programs such as Parent Meets, Training of Trainers sessions, Workshops for Unemployed Youth, Career Melas, Marital and Legal Aid Counselling, Remedial Classes for Students, and various community awareness activities.

MAJOR ACTIVITIES

Training and Certification: The centre organized training programs in electrical skills, tailoring, and embroidery, aimed at empowering participants with valuable vocational skills. Following the completion of these training sessions, certificates were distributed to the participants, recognizing their achievements and skills acquired.



Visits by Experts: Expert visits are crucial for providing valuable insights and motivation to trainees, enhancing their learning experience. They also help to build connections between the centre and industry, ensuring that training aligns with current market needs.

❖ **Encouragement plays a vital role in learning**, and our Founder Chairman, Dr. U.N.B. Rao (Ph.D., IIT Delhi), Retd. IPS, regularly interacts with trainees to motivate and guide them. He visited the centre on January 8, 2024, to inspire participants.



Collaboration with Jan Shikshan Sansthan, Min. of Skill Development and Entrepreneurship:

The centre conducts Tailoring and Beauty Culture courses throughout the year in collaboration with Jan Shikshan Sansthan. These vocational programs are offered free of cost to women trainees from economically weaker sections. After completion of the courses, assessments were conducted and certificates were awarded to all successful candidates, helping them progress toward self-reliance and livelihood opportunities. Additional training support was provided through demonstrations on maintaining notebooks for





practical sessions, ensuring participants could record and track their learning effectively.

Summer Vacation Program for Children: The centre organized a Summer Vacation Program for children aged 6 to 12 years, offering fun-filled and creative activities during the holiday break. The program provided a safe, engaging space where children participated in art, craft, games, storytelling, and learning-based sessions. It helped nurture their creativity, confidence, and social skills in an enjoyable environment.



PRAGATI PATHAM: A RESOURCE CENTRE

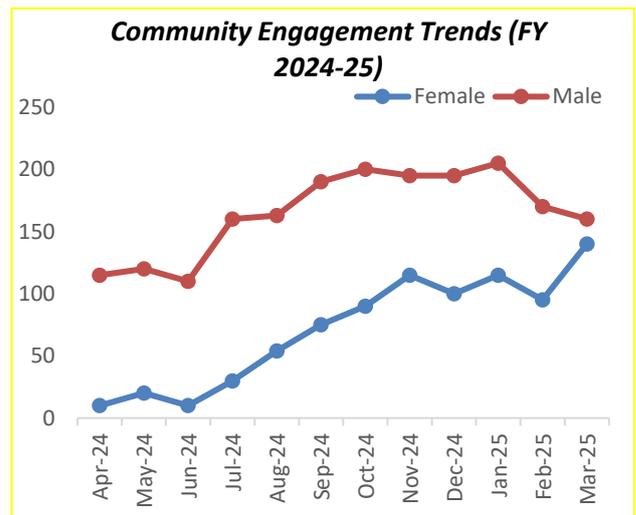
Tekkali, Srikakulam, Andhra Pradesh

The UVCT Resource Centre in Tekkali (Andhra Pradesh) continued to serve as a vital learning hub for students, job seekers, and community members throughout 2024–25. Tekkali, being a predominantly rural and socio-economically challenged region with limited access to quality educational resources, coaching facilities, and employment opportunities, presents significant barriers for young aspirants. The centre houses a diverse collection of books across multiple subjects, serving the needs of both students and candidates preparing for various employment opportunities.





Monthly footfall records show strong and growing engagement, with male participation consistently high and female participation steadily rising over the year. This upward trend reflects increasing trust in the centre’s services, including access to study materials, career guidance, and a supportive learning environment. By offering a dependable resource space in an underserved area, the centre has significantly strengthened educational opportunities and empowered local youth to prepare for competitive examinations and employment pathways. The consistently high utilization demonstrates the positive impact and community relevance of UVCT’s interventions in Tekkali.



FEEDBACK FROM READERS



The library is a true source of knowledge. It provides a peaceful place for self-study, with different types of books and study materials available in one place, along with a learning-friendly atmosphere for both self-study and group discussion. I am Sabita Senapati from Puri, Odisha, working at Naupada Railway Station as a Level-1 railway employee and preparing for a higher railway post. I came to know about this library through a colleague and reached here using Google Maps. This library is very good, study-friendly, and the materials are very useful, especially for competitive aspirants. The timing and location are also suitable. I thank everyone connected to the establishment and improvement of this library.

- Sabita Senapati



I have been studying in this library for 6 months. The environment is serene and well-maintained. In today’s competitive world, an aspirant needs good material and a supportive atmosphere, and this library provides both for many preparing for state and central exams. It has also become a place where students share their experiences about careers, jobs, and opportunities, making our study journey more diverse. All thanks to the



library management.

- Name: M. Sahithi



I would like to sincerely thank the library staff and management for providing such a peaceful environment, along with newspapers and study materials that have greatly supported my Railway exam preparation. The staff's assistance has also helped me develop essential skills such as information literacy, critical thinking, and effective communication.

The library encourages students to explore new subjects and fosters a genuine love for learning. Thank you once again for maintaining such a wonderful and inspiring place. - K. Ganapathi

SUCCESS STORY



Urivi Vikram Charitable Trust (UVCT) is proud to have supported Ms. Kutikuppala Hemanthi by providing a peaceful and motivating study environment that contributed to her achievement. We remain committed to empowering youth through quality learning spaces.



UVCT's PUBLICATION

TEENAGE BLUES: A Guide for Parents, Teachers and Counselors by Vimala Veeraraghavan, Shalini Singh, Girish Bala Choudhary

"Teenage Blues – Understanding Adolescents in Today's World"

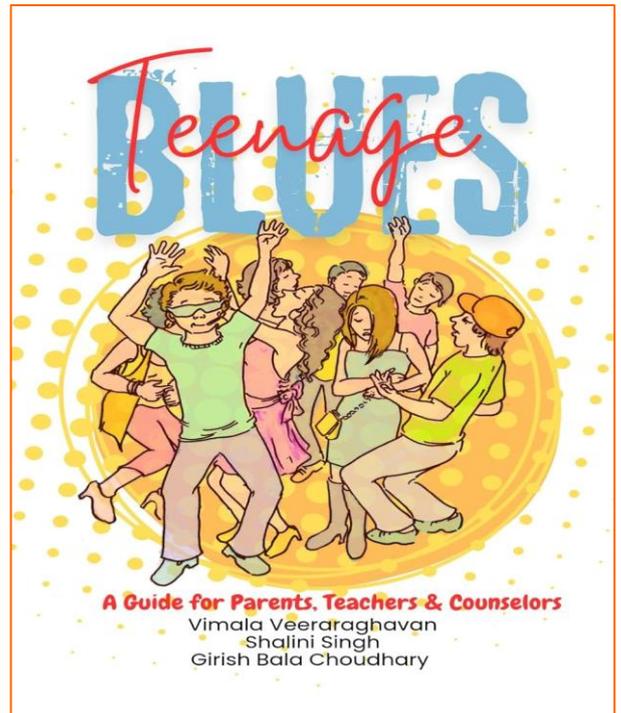
In today's fast-changing world, UVCT's 2024 addition – "Teenage Blues" – emerges as a refreshing and insightful guide for everyone who cares about young minds.

The book opens a thoughtful window into the vibrant and emotional world of today's teenagers – their hopes, challenges, friendships, and search for identity. With empathy and expertise, it helps parents, teachers, and counsellors bridge the gap between "I don't understand you" and "I'm here for you."

Authored by Dr. Vimala Veeraraghavan, Shalini Singh, and Girish Bala Choudhary, "Teenage Blues" combines relatable

real-life stories, practical strategies, and expert guidance to decode what teenagers truly think and feel. From managing peer pressure and academic stress to nurturing confidence, communication, and emotional balance, it transforms everyday struggles into opportunities for connection and growth.

Engaging, accessible, and deeply relatable, this book is more than a guide, it's a conversation catalyst that brings adults and adolescents closer together. "Teenage Blues" beautifully reflects UVCT's ongoing mission to make adolescence not a challenge to overcome, but a journey to understand, support, and celebrate.





LEADING THE WAY (OUR TEAM)

Our dedicated executive team and volunteers work tirelessly, and without their steadfast support and passion, UVCT's mission would not be achievable. We are equally grateful to our Board of Directors, Governing Body members, and Advisory Body for their invaluable guidance in governance, fundraising, and the overall mission of UVCT. We extend our heartfelt thanks and recognition to all for their hard work and commitment.

ADVISORY BODY

Name	Occupation/Designation
Dr. (Ms.) Daya Pant	Head, Counselling and Career Guidance Department, NCERT
Dr. Achal Bhagat	Professional Counsellor & Trainer
Dr. A K Gopal	Former Director, NIPCCD
Prof. (Ms.) Anjali Gandhi	Social Work Expert
Prof. (Ms.) Aruna Broota	Eminent Student Psychologist and Counsellor
Dr. Devendra Agochia	Youth and Life Skills Expert
Prof. Jitendra Nagpal	Psychiatrist and President of 'Expressions' as in-school Life Skills Programmer
Prof Girish Chaudhary	Ph. D., Advisor (Education), UVCT, Former HOD, Lady Irwin College
Dr. (Ms.) Mridula Seth	Former Professor, Lady Irwin College and UNFPA Life Skills Expert
Prof Gita Bamezai	Former Professor and HOD, Department of Communication Research, Indian Institute of Mass Communication
Prof. Nimesh G Desai	Eminent Psychiatrist & Head of Institute of Behavioural Sciences, Dilshad Garden

GOVERNING BODY AND ANNUAL GENERAL MEETINGS

Name	Role	Occupation/Designation
Dr. UNB Rao	Founder Chairman	Retd. Indian Police Service Officer and Ph.D (IIT, Delhi), in adolescents attitudes
Ms. U Chaya	Vice-Chairperson	Founder Trustee, Social Worker and Roof Garden Expert
Mr. Kapil Chopra	Vice-Chairperson	Eminent Industrialist (Bentex Electricals) and philanthropist
Mr. Sunil Sarin, FCA	Vice-Chairperson	Sr. Practicing Chartered Accountant
Mr. Anil Girotra	General Secretary	Retd. Executive Dir. erstwhile, Andhra Bank, (presently UBI)
Mr. B. S. Negi	Treasurer	Retd. Drputy General Manager, IFCI
Ms. Vishala Jayadev	Member	French Lecturer and Secretary, Maharashtra Chapter
Dr. G. Dhananjaya	Member	Retd. Chief Medical Officer, DESU, & Medical Consultant
Commander N.L. Joshi	Member	Retd. Navy Commander and Administrator
Sh. Rajender Singh Udar	Member	Retired Delhi Government employee and social worker
Sh. Parveen Sarin	Member	Chartered Accountant
Smt Chetana Anchan	Member	Graphic Designer and Life Stylist
Sh. Rohtas Singh Tomar	Member	Retd. Delhi Police Officer and Legal Expert

ABOUT THE FOUNDER CHAIRMAN: Dr. U. N. B. Rao, Ph.D. (IIT Delhi), IPS (Retd.), is a distinguished police officer and pioneering advocate for adolescents. Following the tragic loss of his son, he and his wife founded the Urivi Vikram Charitable Trust (UVCT), transforming the lives of over 500,000 young people through life-skills education, career guidance, rehabilitation, and empowerment programs. He contributed to India's first Working Group on Adolescents and the first-ever Report on Adolescents, convened national seminars, and authored key publications including *Adolescent Concerns Through Own Eyes*. He also established the Urivi Vikram National Centre for Adolescents (UVNAC), the country's first dedicated hub for adolescents. Honoured with the President's Police Medal and Mahatma Award for Lifetime Achievement, his work exemplifies vision, resilience, and transformative social impact.



SEEKING SUPPORT

As we look back on the past year, we take pride in the meaningful progress we have made in empowering adolescents across our community. Yet, our mission is far from complete. To continue this vital work and respond to the evolving needs of young individuals, we need your support now more than ever.

Your generous contributions enable us to provide the resources, guidance, and opportunities that truly transform lives. Together, we can build resilience, inspire aspirations, and nurture the next generation of leaders. We warmly invite you to join us in this noble endeavour. With your support, we can create a brighter and more promising future for our community.

Thank you for your support!



We gratefully acknowledge the financial, material, moral, and technical support extended by UVCT's Corporate Associates in establishing India's first-ever National Centre for Adolescents (UVNAC).

We look forward to their continued partnership in making the centre even more vibrant, impactful, and dynamic in the years ahead.

Prominent Donors of the FY 2024-25

Delhi State AIDS Control Society,
Government of NCT of Delhi

BENTEX Control & Switch Gear Co.
B-63-65/3, Naraina Industrial Area Phase I, New
Delhi-110028

URIVI CHAYA
UVNAC Building PSP-1, HAF-1, Sector 22
Dwarka, New Delhi-110077

SHRI SUNIL SARIN
24 D, DDA Flats, Masjid Moth Phase I, Delhi 110048

SUNIL SARIN HUF
24 D, DDA Flats, Masjid Moth Phase I, Delhi 110048

GIRISH CHOUDHARY
59, DDA SFS Flats, Sector 9, Dwarka, N. Delhi-110077

Kissandhan Agri Financial Services Private Limited
SLCM Group, 644, DLF Tower, 15 Shivaji Marg, Moti
Nagar, New Delhi

DR. U.N.B RAO
UVNAC Building Psp-1, Haf-1, Sector 22
Dwarka New Delhi-110077

NARESH KUMAR NARULA
D-40, 2nd Floor, Lajpat Nagar New Delhi 110024

SMT. SUMI SARIN
24 D, DDA Flats, Masjid Moth Phase I, Delhi 110048

SAKSHI SARIN KACHROO
24 D, DDA Flats, Masjid Moth Phase I, Delhi 110048

Mr. HEMANT SHARMA
H.NO 138A, Uttam Nagar, New Delhi 110059



WAY FORWARD

The action plan for the upcoming year is designed to strengthen UVCT's existing initiatives and introduce innovative programs aligned with national priorities. In keeping with the Government of India's emphasis on holistic development, socio-emotional learning, skill enhancement, mental health promotion, and women's empowerment under NEP 2020, Skill India, and National Youth Policy, we aim to build a safer, more secure, and equitable future for adolescents, young adults, and women.

Educational Initiatives for Adolescents and Young Adults

- **Life Skills & Capacity Building:** We will expand life skills modules to support holistic and multidisciplinary development, covering physical, emotional, social, and intellectual well-being. Programs will include counseling, career guidance, digital literacy, financial literacy, and peer-engagement workshops, directly supporting NEP's emphasis on socio-emotional learning, 21st-century skills, and future readiness.
- **Expanding the Reach of the Adolescents Column:** Having successfully revived the "Adolescents Column," UVCT now aims to extend its reach across the country to benefit a wider segment of society. The column will continue addressing young people's concerns about mental health, relationships, academic pressures, identity, safety, and career choices, serving as a trusted and accessible source of guidance aligned with national priorities on youth well-being.
- **Updated Certificate Programs:** We will revise and modernize our certificate programs—such as Digital Literacy, Financial Literacy, Life Skills, and Personality Development—to align with contemporary academic requirements and current industry expectations. The revised modules will emphasize employability, soft skills, digital competency, and future-oriented learning.

Empowerment of Adolescents, Young Adults, and Women

- **Strengthening Skill Development Centres:** Our Skill Development Centres will introduce advanced, future-oriented courses that integrate emerging technologies, entrepreneurship development, and industry-relevant vocational training. The focus will be on equipping adolescents, youth, and women with market-ready skills that enhance employability and foster pathways to self-reliance.
- **Livelihood & Employment Support:** UVCT will intensify efforts to connect trainees with livelihood opportunities through career counseling, industry partnerships, apprenticeships, and targeted job-readiness support. Special emphasis will be placed on developing entrepreneurial mindsets and supporting youth and women in pursuing self-employment and micro-enterprise initiatives.
- **Community Self-Help Groups (SHGs):** To promote economic empowerment at the grassroots level, UVCT will facilitate the formation and strengthening of SHGs. These groups will foster financial inclusion, and income-generating activities, enabling women and families to build sustainable livelihoods.
- **Volunteer Expansion Program:** We aim to build a stronger volunteer base—including corporate volunteers, interns, and community youth, to support our ongoing and newly introduced programs across all centres.

Online Counseling & Mental Health Support: UVCT will launch an Online Counseling Hub to provide accessible emotional and psychological support to adolescents and young adults. The platform will complement our on-ground counseling services and support ongoing efforts in health education, mental health awareness, and preventive well-being programs for both school-going and out-of-school youth.

Reformation and Rehabilitation Program for Young Offenders: Building on our impactful work at Tihar Jail (2017–2019) and BPCL-supported initiatives (2019–2020), UVCT will seek to restart the Reformation and Rehabilitation Program across prisons and reform centres. The aim is to provide life skills, counseling, vocational training, and reintegration support to young offenders, building on the success of positively impacting 1,200 inmates in earlier phases.



Media and Community Engagement: UVCT will implement a strategic media and outreach plan to share success stories, program updates, achievements, and impact through our social media platforms. Interactive content, digital campaigns, newsletters, and community features will be used to build awareness and foster youth engagement.

Collaboration with Corporate Associates and PSUs: We will expand partnerships with Corporate Associates, PSUs, and CSR units to enhance program implementation and outreach. As the first-ever National Centre for Adolescents in India, UVNAC will initiate skill-upgradation activities and support pathways to self-reliance for children, adolescents, and women.

Research and Development: UVCT will strengthen its research cell to conduct need assessments, evaluate program outcomes, and generate evidence-based insights to continually refine our approaches to adolescent empowerment.

Hum Kishore Festival: UVCT will reintroduce the **Hum Kishore Festival**, offering teenagers a vibrant platform to showcase their talents through dance, cultural performances, singing, instrumental music, art & craft, rangoli, mehndi, and other creative competitions. This festival celebrates creativity, confidence, and positive youth engagement.



Addresses of Centres & Contact Persons

Delhi

National Headquarters: UVNAC Building, PSP - I, HAF - I, Sector- 22 (Near Sai Baba Mandir), Dwarka, New Delhi-110077. Contact Persons: Ms. Shashi Chhetri, Director (programs; Email ID: uvnacindia@gmail.com, Mr. Sandeep Trivedi, Joint Director (Admin and Programs));

Skill Development Centre, Tagore Garden: MCD Shopping Complex, 1st Floor, Tagore Garden Ext, New Delhi – 110027. Contact Persons: Mr. Vivek Upadhyay, Centre In charge; Email ID: tg.uvct@gmail.com;

DSACS Target Intervention Centre, Wazirpur: House No. 196, Kh. No. 93/2, Second Floor, Lal Dora Village, Azadpur, Delhi - 110033

Maharashtra

Mumbai (Maharashtra): A-20, Shiv Shakti, Green Acres, Deonar Depot, Deonar, Mumbai- 400088. Contact Person: Dr. Girish Kumar, Vice Chairman, Email ID: girishkuv1271@gmail.com

Andhra Pradesh

Skill Development Centre, Visakhapatnam: Municipal Community Complex, Sec-3. Arilova Colony, Visakhapatnam – 530043. Contact Person.: Ms. Savithri G., Email ID: savithriguntuboina@gmail.com

Pragati Patham: Pragati Patham is in Tekkali. Court Street, Tekkali– 533001. Contact Person: Ms. Nishakupreeti; Email ID: preethinisanko@gmail.com

Karnataka: 1121, 8th main KEB, Layout, Bangalore – 585292, Contact Person: Ms. Vasanthi Murugesh, Email ID: vasanthimurugesh@rediffmail.com

Telangana: Hyderabad (Office under relocation)

Haryana: Gurugram (Office under relocation)





AUDIT REPORT FOR THE FINANCIAL YEAR 2023-24

Audit report under section 12A (b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of URIVI VIKRAM CHARITABLE TRUST (REGD.) (PAN No: AAATU0058J) [name of the trust or institution] as at 31/03/2025 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above-named trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us subject to the comments given below:

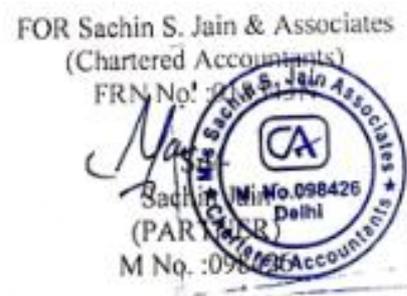
In our opinion and to the best of our information, and according to information given to us the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above-named trust as at 31/03/2025 and
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2025

The prescribed particulars are annexed hereto.

Date: 21/10/2025

Place: New Delhi



Sachin Jain
(PARTNER)
M No.: 098426



BALANCE SHEET AS ON 31ST MARCH 2025

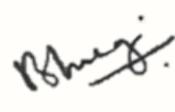
(Amount Rs.)

CORPUSFUNDANDLIABILITES	Schedule	Current Year	Previous Year
Corpus Fund	1	2,60,59,932	2,45,31,010
Unsecured Loans/Deposits	2	6,31,048	5,57,041
Current Liabilities and Provision	3	9,00,520	10,39,315
TOTAL		2,75,91,500	2,61,27,367
ASSETS			
Fixed Assets	4	69,90,483	69,29,780
Current Assets, Loans and Advances	5	2,06,01,017	1,91,97,586
TOTAL		2,75,91,500	2,61,27,367
Income and Expenditure Accounts for the Year Ended 31st March 2025			
INCOME	Schedule	Current Year	Previous Year
Donation, Grants & Subsidy	6	39,11,049	39,11,562
Fees/Subscriptions	7	5,39,650	5,30,320
Rental Income	8	46,42,055	41,10,482
Other Incomes	9	12,57,489	18,21,712
Total(A)		1,03,50,243	1,03,74,076
EXPENDITURE	Schedule	Current Year	Previous Year
Projects, Seminars, Vocational Training & Honorarium	10	54,67,886	62,62,780
Personal Administration & Other Expenses	11	26,72,961	15,89,885
Depreciation	4	6,80,475	6,11,395
Total(B)		88,21,322	84,64,061
BALANCEBEINGSURLUS/(DEFICIT)TOCORPUS\CAPITALFUND		15,28,922	19,10,015
Notes on Accounts	12		
As per books of accounts produced before us For Sachin S. Jain & Associates Chartered Accountants			


Partner
M.No.: 98426
Place: New Delhi
Date: 21.10.2025
UDIN - 25098426BMJMOK53




Dr. U. N. B. Rao
Chairman


Shri B. S. Negi
Treasurer



Dr. Kapil Chopra

HONORARY CONSUL GENERAL OF GRENADA

to the Republic of India

- PATRON** : NIGERIA-INDIA BUSINESS COUNCIL (NIBC)
PRESIDENT : APEX CHAMBER OF COMMERCE & INDUSTRY, DELHI
CHAIRMAN : HCG - BENTEX GROUP
VICE CHAIRMAN : URVI VIKRAM CHARITABLE TRUST

• GAS DIVISION



City Gas Distribution :
Gurugram, Bahadurgarh, Jhajjar,
Hissar, Nagpur, Raipur,
Yanam (Pondichery), Meghalaya

📍 A-149, Sushant Lok, Phase-1,
Gurugram (HR)
Ph.: 0124-2578701 to 03

• ELECTRICAL DIVISION



Motor Starters, Switchgear,
MCB, MCCB, Panels,
KWH Meters, KVAR, Fans, Pumps

📍 B-63-65/3
Naraina Industrial Area, Phase-II
New Delhi-110028
Ph.: 011-45698100

ADVOCACY BY UVCT

Obtained a Distinct Status for Adolescents in India

- ▶ **1991:** Established UVCT by Dr. UNB Rao and his wife Smt. Urivi Chaya after the tragic death of their only son Urivi Vikram in December 1990.
- ▶ **1999:** National Meet on “Towards a Policy for Young Adults”, based on Dr. Rao’s article in Yojana, a publication of Ministry of Information and Broadcasting, Govt. of India
- ▶ **2005:** National Meet on ‘Adolescents: Vision 2020’
- ▶ **2007:** Established India's first ever ‘National Centre for Adolescents’ in Dwarka, New Delhi
- ▶ **2015:** National Seminar on “Demographic Dividend: Challenges of Young People in India”, organized to strengthen the policy formulations, and thereby, make best of our demographic dividend
- ▶ **2017 -** National Seminar on, “Mainstreaming Skills in Education” in order to make education skill-based, rather than mere literacy-based.



Conference Hall



Seminar Room



Board Room



Group Counseling



Amphitheatre



URIVI VIKRAM CHARITABLE TRUST (UVCT)

(A National level non-government and non-profit organisation)

Headquarters: Urivi Vikram National Centre for Adolescents (UVNAC)

PSP - I, HAF - I, Sector - 22, (Near Sai Baba Mandir), Dwarka, New Delhi - 110077

Website: www.uvct.in; Email ID: info@uvct.in, uvnacindia@gmail.com