

Urivi Vikram Charitable Trust

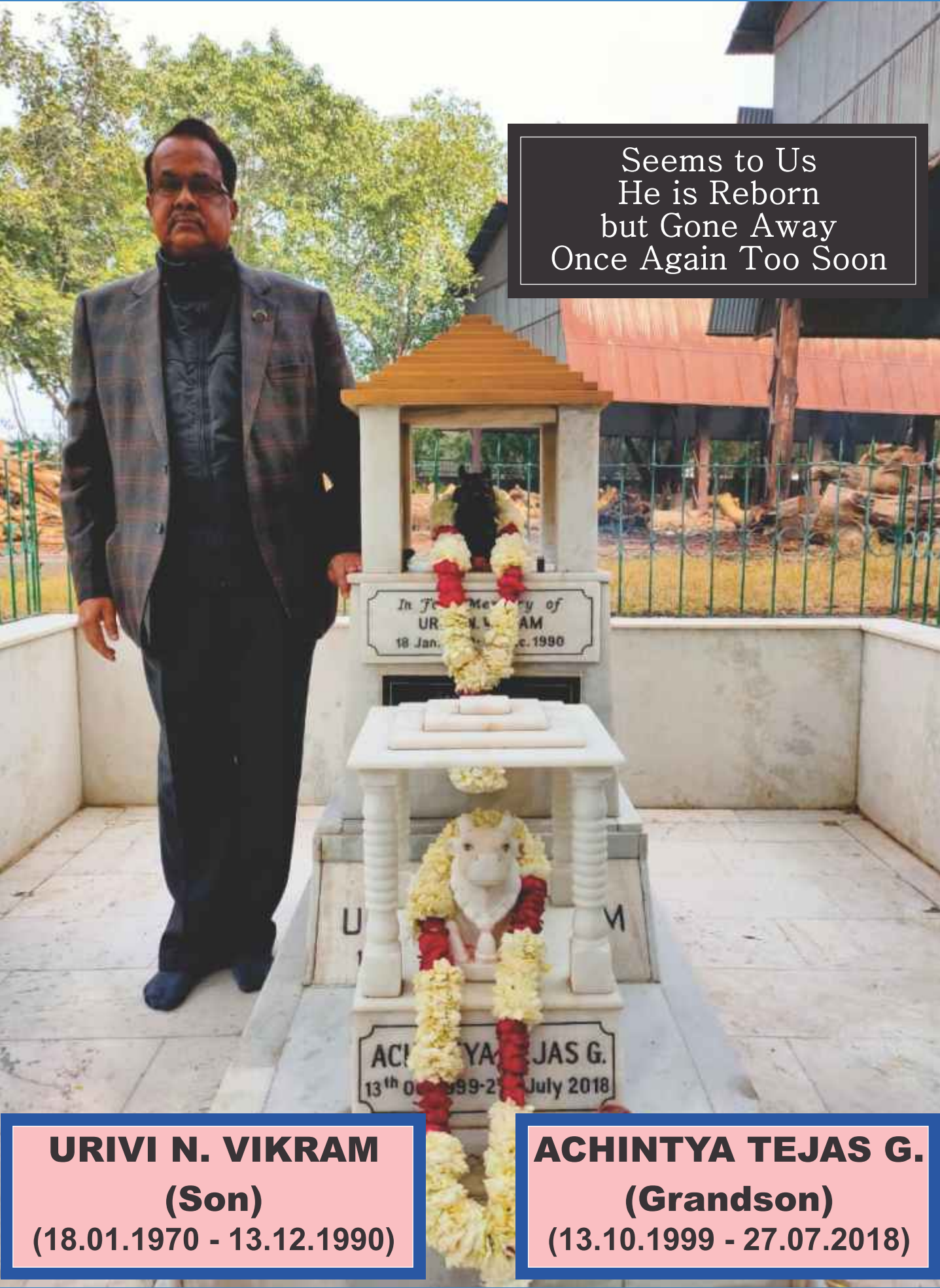
(A National level Non-Governmental Organization)

Annual Report 2018-19



Transforming Burden of Population into an Asset of Human Resources Since 1991





Seems to Us
He is Reborn
but Gone Away
Once Again Too Soon

URIVI N. VIKRAM
(Son)
(18.01.1970 - 13.12.1990)

ACHINTYA TEJAS G.
(Grandson)
(13.10.1999 - 27.07.2018)



Founder Chairman's Message



"There is neither a beginning nor an ending to this eternal life"

Dear Friends,

Time will not stop for anyone. In fact, it should not stop at all. For someone times may be hard while for others, times could be joyous. If time stops, this cycle of Day and Night or Joy and Sorrow would also become static. After all, Life is dynamic and thus, the Cycle keeps moving. But till when? As long we are alive, we experience these changes and thereafter, we do not see the changes though those continue to happen eternally. Lived an year of uncertainty and with a lurking fear of 'anything can happen any time!'. Our beloved grandson, Achintya Tejas, took away all our thoughts of sublimation and 'move on' resolve. Sorry friends for sharing with you all these thoughts of melancholy...

The activities of the Trust went on well. The Delhi's Reformation and Rehabilitation programme of Young Offenders in Tihar Jail has been a remarkable experiment and seemed more difficult than what we envisaged. Glad our team is coping up with the demands and thoughtfully trying to bring in positive changes in them. Thanks to Bharat Petroleum Corporation Limited (BPCL), the Funders, who are least questioning and thus, offer ample freedom in execution.

The holistic approach of Mumbai Chapter for empowering 10,000 students from 30 schools (Saksham) located in depressed and deprived areas of Chembur, Mankhud, Ghatkopar, Kurla and Gowandi of North East Mumbai is yet another crusade, the success of which led to its repeat performance for second year. We are grateful to Mahanagar Gas Limited (MGL) for their continued support to carry it on.

The third major programme, Childline at Kalyan Railway Station (Maharashtra), spectacular with rescues ranging from 50 to 100 a month, is encouraging us to continue for another three years. We are happy that many are saved from falling into the vortex of possible human trafficking. The long continuing Target Intervention program for HIV/AIDS awareness and prevention campaign amongst migrant workers of Wazirpur Industrial complex has also done well. IGNOU Study Centre in UVNAC Building has been a big attraction for Learners .. we thank our conscientious and talented Academic Counselors. Tekkali's Pragati Patham, a Resource Centre for job seekers, yielded a windfall of 11 of them getting government jobs which is rare and unusual.

Sohanlal Commodities Private Limited, New Delhi deserve special mention for their financial support to gear up Computer and other programmes in Tagore Garden Centre, New Delhi.

Glad to sum up that the programmes continued well, with or without our active involvement. As we realize, life is dynamic and continues to go on. Thanks to the Team, especially our Vice Chairman Dr Girish Kumar of Mumbai and General Secretary Shri B. S. Negi in Delhi, who ably pursued our avowed objectives...with love to all..

Dr. UNB Rao

Phd (IIT), (IPS Retd)
Founder Chairman



URIVI VIKRAM

(18th Jan. 1970 - 13th Dec. 1990)

A young man with great enthusiasm, novel thoughts and a wide vision, Vikram met with a fatal accident when he was almost 21. An ardent believer in justice and fair play, Vikram had a passionate zeal to usher in a society free of corruption and nepotism. UVCT's mission is to fulfill Vikram's cherished ambitions.



General Secretary's Message



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Dear Well Wishers

UVCT has completed 28 yrs since its inception in 1991. Reminiscing the mission with which UVCT started to nurture and empower adolescents; it is now time to reflect. Looking back, I am happy to recall various glorious events and milestones achieved.

UVCT has been instrumental in initiating various programs for adolescents which include life skills training, livelihood training, skill development and HIV intervention etc. UVCT has played an instrumental role in bringing the focus of policy makers on development of adolescents and Life Skills training

UVCT has been periodically organizing conferences on relevant themes related to young adolescents and conducting workshops for teachers and other professional to bring awareness and sensitize them.

UVCT has outreached not only adolescents but has included in its fold school students, girls and women and other disadvantaged sections of the society. More recently, widening its scope of activities, UVCT has been engaged with Reformation and Rehabilitation of Young Offenders in Tihar Jail, Delhi. The team of dedicated workers interact with young offenders, provide life Skills training, do counseling and provide necessary support for rehabilitation. I am extremely thankful to all team members who work with devotion to achieve targets in various projects.

I feel very proud to acknowledge the success of Saksham, Childline and Happy Projects being undertaken by Mumbai Chapter of UVCT. The success of any programme is in direct proportion to the commitment and zest of the working team. I appreciate contribution of all team members. Inspired by the success of its various initiatives, UVCT plans to include more beneficiaries in its fold under its various schemes.

I sincerely acknowledge all supporters and contributors and also Governmental Organisation like Ministry of Women and Child Development, Ministry of Sports and Youth Affairs, DSACS of Govt. of NCR and the corporate sectors like SLCM, BPCL, MGL for their support under CSR. We are committed to our mission and resolve to do the needful.

B.S Negi
General Secretary
UVCT



About Urivi Vikram Charitable Trust

The Urivi Vikram Charitable Trust (UVCT) is a non-governmental organization, striving for the social and economic empowerment of young People (10 to 24 years) since 1991. In 2017-18, UVCT celebrated its Silver Jubilee and expanded its activities and outreach through its various chapters in India and the US. This year also happens to be the 10th anniversary of setting up of UVNAC building. UVCT hopes to fulfill its vision by perseverance and passion. This year we increased our reach to Maharashtra with projects under Childline, Saksham, Happy Projects and in Delhi with Reformation and Rehabilitation project in Tihar Jail.

Vision

UVCT's vision is to find ways and means to transform the ever-growing population of India or this "Burden of Population" into an "Asset of Human Resource" and thereby, help in ensuring better utilisation of India's demographic dividend.

Mission

UVCT has been striving to work for the development of adolescents and young adults of the nation through "empowerment" rather than "control", and bring the dropouts, underachievers, and children in conflict with law, especially those belonging to marginalised and deprived sections of society, back to mainstream. It is UVCT's mission to help these children to become socially responsible and economically productive citizens of India and the world.

Objectives

1. Develop awareness through seminars, group discussions and camps to help young adults find solutions to their problems- psychological, financial, ethical and social;
2. Help young adults acquire a realistic value system that is conducive to the development of a healthy society and to develop the concept of oneness of all religions and love for the homeland in the youth, by raising their level of consciousness;
3. Develop educational and skill training programs

for school dropouts and under-achievers, to enable them to become not only economically productive but also socially responsible citizens of India and the world;

4. Develop counseling centres for disturbed youth; and to establish rehabilitation centres for juvenile delinquents to provide both emotional support and skill training;
5. Develop skills among the young adults and women related to textiles, handicrafts and other ancillary industries;
6. Endeavour to promote equality of status and opportunity, assuring dignity of individual and the unity and integrity of the Nation. Ensure optimal services for the hygiene, health and happiness for all citizens of India; and
7. Provide Financial Literacy to Youth and Women in backward communities for employment and awareness related to formal banking.

Advocacy

UVCT has been actively engaged in advocating for the issues of Adolescents since its beginning, be it a National Meet "Towards policy for Young Adults" held in 1999, which resulted in a report on Adolescents (2001) by Planning Commission; another National Meet was held in July 2005 on theme "Adolescents: Vision 2020" in order to draw the attention of the policy makers and relevant segments of the society about the challenges being faced by and opportunities available for the adolescents; and another National Seminar on "Demographic Dividend: Challenges of Young People in India" held on 6th May 2015 at India International Center, New Delhi.

In furtherance, on the occasion of Silver jubilee celebrations of the organisation, UVCT had organized a National Consultation Meet on the Theme "Mainstreaming Skills in Education" on 6th December 2017 at India International Center, New Delhi.



Highlights of The Year

Grand Finale - Saksham I:

A grand finale to mark the completion of the Saksham Phase 1, was organized on the 27th of November 2018. All 30 School principals and over 700 children along with their parents participated in the programme. The top three schools were presented with Trophies and individual students were presented with medals and certificates for their excellence in the field of studies, and performance in various competitions held during the SAKSHAM 1 project year.

UVCT partnered with Mahanagar Gas Ltd and launched its SAKSHAM project towards empowering 10,000 school students from the depressed areas of North-East District of Mumbai. Focus areas of the project include increase in financial support to schools for infrastructure and other required facilities, introduction of MGL Scholarship Scheme, imparting Life skills, providing counselling and remedial classes in schools according to the need of the schools and orienting relevant stake holders such as Principals, Teachers and Parents.

UVCT also develops awareness through seminars, group discussions and camps to help young adults find solutions to their psychological, financial, ethical and social problems.

The celebration began with the lighting of the lamp by Chief Guest Mr. Sanjib Datta, Managing Director, Mahanagar Gas Limited(MGL) followed by a cultural program by students of one participating school in the Saksham project. A video celebrating the successful journey of the Saksham project, its hurdles and various challenges was also screened, The

presentation received a standing ovation and huge praise.

In his keynote address, Mr. Datta, reiterated that one of the goals of the Saksham project was to prepare confident students for future and transform them into socially responsible and innovative thinkers while ensuring that quality education to promote excellence is equitable and accessible to all.

Praising the remedial teachers for their role, he emphasized on development of competencies instead of rote learning and exhorted all stakeholders to encourage creativity, and inquisitive behaviour in class rooms. He focused on need for radical changes in education.

Dr UNB Rao, Chairman of Urivi Vikram Charitable Trust(UVCT) congratulated all participants and thanked MGL for providing the financial support to sustain the project of this magnitude. He praised the teachers and the project co-ordinators for shaping the lives of numerous under-privileged students.

Matoshri Vidya mandir, located in Mankhurd, won the award for the 'Best School' for its active participation in the project, performance of the school management, exceptional collaboration and dedication to students.

Another highlight of the award ceremony was recognizing sixty bright, but economically disadvantaged students from these 30 schools, as MGL-UVCT SCHOLARS. Each student was provided a Scholar Badge and Rs 3,000/ to start with. The selected students stand to benefit through annual scholarships and academic support from MGL, through UVCT, as long as they progress in their studies.

UVCT Maharashtra Chapter were previously awarded a project under the CSR initiative for education in line with MGL Policy. MGL extended financial support for grooming of adolescent students initially on pilot basis in 10 schools of Kalyan suburban area in the Maharashtra state. The program was a great success. Keeping in view the success of this program, resulting in individual and societal benefits and vision, mission and zeal to play important role in grooming students through middle adolescence on their journey the Saksham-Phase 1 was sanctioned by MGL. The beneficiaries of this SAKSHAM – Phase I program were identified from underprivileged section of the society. The areas identified were totally inhabited by poor people living below the poverty line and needed education empowerment.

An icing on the cake, four of the selected Scholars have already made a mark by qualifying to exhibit their Science Research Project at the All India Science and Engineering Fair that was held in December 2018 in Pune. The students worked under the able guidance of Ms Sitalakshmi Parameswaran.



Mr. Nishant Sinha, CSR-Manager, Mahanagar Gas Ltd, who pioneered the MGL-UVCT Saksham project congratulated the entire team of MGL-UVCT Saksham Project for running the project successfully. Mrs. Vishala Jaydev, General Secretary of UVCT, extended the vote of thanks and said that these awards are a testimony to the commitment, dedication and selfless spirit of each stakeholder.

Reformation and Rehabilitation Project at Tihar

With an enthusiastic start of the Reformation and Rehabilitation programme in Central Jail No-05, UVCT continued with its team efforts in this year. Even though funding for this unique initiative remained elusive for quite some time, yet UVCT's conviction about the cause helped in continuation of the program.

UVCT believes that youth in conflict with law aged 18 to 25, underpinned by age related developmental pressures, have a difficult time adjusting to the adulthood. The lack of positive role models and a general apathy towards society and norms adds to the problem in adjustment. It is felt that if their needs are assessed and correct treatment techniques are applied, positive results can be observed.

UVCT's Reformation programme is not only helpful in imparting life skills to the prisoners but has proved helpful in releasing and reducing stress levels. Such preparation would enable them to contribute something positive and constructive to the society inside and outside the jail, contributing to the overall human resource development of the nation. Prison education is widely appreciated because it contributes to their reformation and rehabilitation. Education makes them better people. It is reported that most crimes are committed because of a lack of education and not having a good job.

The appreciation from the Jail staff and enthusiasm of the learner inmates have encouraged us all to continue with our efforts.

A special visit of BPCL team including Mr. Lalit K Watts, General Manager (HR Srevice)s North, Mr. B.V. Gokhale and Mr. Rajesh Kashyap to our project site in October 2018 was encouraging to the team for continuation of the project.



Certificate Distribution to inmates



*Dr. U. N.B. Rao, Founder Chairman UVCT
with DG Prisons with Mr. Sandeep Goyal*

Contd. Pg.17

Launch of UVNAC Teen's Club

Understanding the needs and challenges of Teen's, UVNAC launched its first ever Teen's Club for the age Group 13-19 years with the vision of strengthening their emotional and mental well being. Teen's Club intends to prepare the adolescents to face life and professional world challenges with grit.

UVNAC TEEN'S CLUB initiated its activities on 22 June 2018. The launch was inaugurated by MLA representative Mr. Omveer. Guests were welcomed by Mr. B.S. Negi, General Secretary UVCT and all the staff members of UVCT, Mr. Negi provided an overview of UVCT as well.

Ms. Seema Naqvy, Director UVCT shared her idea about formation of Teen's Club and why helping and empowering the Teen's is important to make them future ready for today's world.

Ms Mrinalini Kotwal, Counsellor UVCT in her presentation highlighted the challenges faced by adolescents and benefits of joining the Teen's Club. Dr. Girish Choudhary Retd. Professor, Lady Irvin College, University of Delhi spoke about the importance of life skill and skill development in teens.

Short films on concerns/issues faced by today's Teen's were shown on to adolescents who attended the event, which was followed by an interesting interactive session where young participants clarified their doubts.

Recognising the felt need of youngsters, the first Pro-Speak Session was addressed by Senior Scientist, Dr. Yasmin Ahmed on 28 July 2018. The excited members heard the scientist speak about her life as a little girl at the JNU campus

to her present day experience as a scientist.

This session was followed by a series of professionals from various fields on Information Technology, Medicine, Armed forces etc.

The pro-speaker Mr. Vibhaas Kotwal sharing a motivating story guided them regarding how they can become an IT expert. He highlighted the attributes of a good IT expert and suggested ways of investing in themselves. All members were highly motivated after the session and gave a positive feedback.

In a session with a Doctor, Dr. Akarsh (Dentist) shared oral hygiene tips in his motivational talk. He guided and provided career guidance tips to members of Teens' Club.

Ms. Arunima Girotra, the young and successful women entrepreneur, who is founder of the company Traveltrooval addressed members and spoke about converting their ideas into a business model. Her company, TravelTroovel aims at reconnecting people with their hobbies as also help them cultivate new ones through a variety of hobby experiences. All the members of UVNAC TEEN'S CLUB got the guidance on how to become a successful entrepreneur. The session was concluded with a small clay making activity 'I Can Do It'.

UVNAC Teens' Club hosted Squadron Leader Sandeep Das from Indian Air Force. He was full of energy and enthusiasm and was a popular Pro-Speaker. Teens' Club members enjoyed his company while learning. He briefed them regarding 'Habit of Successful students' which include: 'Let's get organised, Don't multitask, Divide your work, Pay attention in class, Take notes, Stay clear of distractions, Ask questions, Manage your study space, Set a schedule, Review notes from class every evening, Simplify study notes and last but not the least, essentially study.'

He emphasised on working smarter along with working hard. He also gave valuable information about 'How to join Indian Air Force after 12th'.



Launch of Teen's Club



Dr. Yasmin Ahmed, Sr. Scientist DIPAS, DRDO addressing Teens

NEW DELHI

Urivi Vikram National Adolescent Centre (UVNAC)

AWARENESS PROGRAM ON GENDER SENSITIVITY

The awareness program was organized on 13th February 2019 at Govt. Co.ed Senior Secondary School, Bamnoli, Dhulsiras, New Delhi by Urivi Vikram Charitable Trust. Dr. Girish Choudhary conducted the program on Gender Sensitivity, Good Touch, Bad Touch and Substance abuse.

The session was Interactive and lots of activities were conducted to differentiate between Sex and Gender. The stereotypes were examined and discussion focused on changing attitudes towards gender. Reference was made to social practices like preference for boys that lead to unequal male and female ratio and the call was made for gender equality.

During the discussion, students were informed of the boundaries and careful interaction with people around. The issue of substance abuse was also highlighted by presenting case-studies. Students were also informed about the negative consequences of substance abuse and were encouraged not to succumb to peer pressure.

EMOTIONAL INTELLIGENCE WORKSHOP

A half day workshop on Emotional Intelligence was held at UVNAC, Dwarka, Sector-22 on 2nd February, 2019. Workshop was conducted by Ms. Kirti Sharma and Ms. Taruna Lohchab (Counselling Psychologist).

There were 19 participants from different universities and fields. Workshop started with the introductory speech of Founder Chairman Dr. U.N.B. Rao. Various topics discussed in the workshop such as how to increase the level of IQ in children?

Guiding and sharing knowledge about emotional intelligence, both facilitators made this an enriching experience for the participants.

Mangal Emotional Intelligence Test was administered to participants as well.

The success of the workshop has encouraged us and there's certainly more to follow.



SUMMER WORKSHOP FOR YOUTH (11th - 15th June)

Successful series of workshops for five days were conducted for youth from 11th June to 15th June 2018. The objective was to develop their Life skills and to empower them. The workshop was facilitated by Dr Girish Choudhary, Retd. Professor, Lady Irvin College, University of Delhi and Ms. Mrinalini Kotwal, Counsellor UVCT

Topics covered during the workshops were varied like- Life Skills, Time management, Stress Management, Anger Management, Interpersonal Skills, Intrapersonal Skills, Techniques to improve memory and various other Personality Development activities. All the young students enjoyed and reported benefit from the sessions conducted.



Principals Meet at UVNAC

PRINCIPALS MEET TO DISCUSS SAFETY AND HIGH RISK BEHAVIOURS IN SCHOOLS

Realising that violence and high risk behaviors in schools is pervasive and requires greater attention from educators, policy makers and researchers, an interactive session with Principals/Vice principals / Counsellors was held at Urivi Vikram National Center for Adolescents Dwarka on Saturday, 21st July, 2018 that discussed safety in schools and ways to deal with high risk behaviours. About 15 prestigious Schools of Dwarka participated and shared their views and best practices to deal with aggressive behaviour of students.

Dr. Girish Choudhary initiated the session by analyzing the results of survey done by UVNAC with schools. Valuable inputs were shared by UVCT Chairman Dr UNB Rao about role of Parents, Teachers, Counsellors and Government/NGO in school safety.

The event was graced by Shri S.K Meena , IPS Addl. DCP, Dwarka and Shri Rajender Singh ACP South West Zone, Dwarka, who proactively ensured Principals to offer support to Principals to encourage safe environment at schools.

The deliberations highlighted the need of more synergy between school and parents to help students facing behavioural difficulties. In quite a few cases that were reported, it came out that parents were defensive when informed about behavioural issues of their child. Early intervention and constant monitoring of children was also voiced as an important concern. Participants enthusiastically shared their innovative approaches to deal with difficult behaviours.

WORKSHOP: HOW TO BECOME AN EFFECTIVE COUNSELLOR

One Day workshop was held on 20st Oct 2018 (Saturday) at Urivi Vikram National Center for Adolescents, UVNAC building, Sector 22, Dwarka New Delhi 77. The Theme of the workshop was "LEARN TO BE AN EFFECTIVE COUNSELLOR". Around 19 participants attended the workshop. The Workshop was conducted by Sr. Psychologist, Dr Daya Pant (Retd. Professor, NCERT).

Session started with everyone's introduction and workshop expectations. Dr Daya covered the topics such as- why counselling is the need of the hour; techniques of counselling; attributes of a good counsellor. During second half of the workshop, Dr Daya focused on topics such as practical application of counselling, parental counselling and discussed few cases and themes in studies. Workshop ended with buzzing questions from the participants followed by the certificate distribution.



How to become an Effective Counsellor



IGNOU Study Centre

Urivi Vikram Charitable Trust: IGNOU SC-38013

The Induction Program for IGNOU students registered afresh for the July, 2018 session was held on 15th October, 2018 in UVNAC Building, as per the attached schedule. It was graced by Dr Indrani Lahiri, ARD, IGNOU, along with Mr. P.S.Gond, an official of Regional Centre, who attends to the queries of the learners. About 250 learners (out of a total of 629) attended the program.

Dr. UNB Rao, Chairman UVCT, congratulated students on taking admission in IGNOU and assured them all possible guidance at the UVCT Study Centre. He wanted them to be regular in attendance so that the learning process is better. He also emphasized on preparation and submission of assignments, field book journals and dissertation work, as per the stipulations so as to equip themselves fully with knowledge expected of the course they are doing. Dr. Rao also elaborated on the activities of the Trust and informed that UVNAC, being the National Headquarters of the Trust conducts numerous other activities.

Dr. Indrani Lahiri, ARD, IGNOU gave a detailed overview of the distance-learning mode and guided students about the functioning of IGNOU.



JULY 2018 (NEW ADMISSION & RE-REGISTRATION)

PROGRAM	FRESH	RR	TOTAL	GRAND TOTAL
BA 1st Year	112	0	112	165
BA 2nd Year	0	24	24	48
BA 3rd Year	0	28	28	43
BSW 1st Year	123	0	123	177
BSW 2nd Year	0	44	44	71
BSW 3rd Year	0	35	35	51
MSW 1st Year	104	0	104	166
MSW 2nd Year	0	80	80	113
MSWC 1st Year	22	0	22	32
MSWC 2nd Year	0	16	16	21
MAPC 1st Year	242	0	242	242
MAPC 2nd Year	0	0	0	75
MScCFT 1st Year	24	0	24	24
MScCFT 2nd Year	0	21	21	21
TOTAL	627	248	875	1249

January 2019 (NEW ADMISSION & RE-REGISTRATION)

PROGRAM	FRESH	RR	TOTAL
BA 1st Year	40	0	40
BA 2nd Year	0	13	13
BA 3rd Year	0	15	15
BSW 1st Year	40	0	40
BSW 2nd Year	0	35	35
BSW 3rd Year	0	22	22
MSW 1st Year	74	0	74
MSW 2nd Year	0	48	48
MSWC 1st Year	16	0	16
MSWC 2nd Year	0	7	7
MAPC 1st Year	79	0	79
MAPC 2nd Year	0	0	0
MScCFT 1st Year	0	0	0
MScCFT 2nd Year	0	0	0
CNM	12	0	12
TOTAL	261	140	401

Grand Total of Learners as on 31st March 2019 : 1650

Yuva Shakti Kendra, Tagore Garden

Exhibition Of Clothes Made By Dress Making Students

The dress making students who have been learning stitching of clothes organized an exhibition to showcase various clothes designed and stitched by them at the center. Everyone appreciated the nice clothes and designs put up in the exhibition. The appreciation boosted the confidence of beneficiaries.

Workshop on Jobs Related To Computer

With a view to motivate students, a workshop related to careers in computers was conducted. The enrolled children were informed about the importance of learning computers and jobs related to it for better livelihood. The session was highly appreciated by all participants.

Saree Wearing Competition

Students of beauty culture participated in saree wearing competition where girls were given 5 minutes to wear saree and put on makeup. Girls took up this challenge and the one who completed this task in time got the prize. Later they shared their experiences of learning beauty culture and how they are using this skill in their day to day life

Training Program For Entrepreneurship And Marketing Skills

A one day training program on the entrepreneurship and marketing skills was conducted on 28 November, 2018 by Mr. Akshay Aggarwal. Students participated with enthusiasm and learned about the key skills of the entrepreneurship and basic marketing skills. The training was full day and was appreciated by all including trainers.

Jute Bag Making Workshop

In September 2018, UVCT organized a workshop on jute bag making with the kind support of Canera Bank. Trainers of Canera bank shared their experiences with students and told them about the advantages of Jute bags over plastic. Students of



dress making attended and learned the basic step to make jute bags. They also made some bags and showcased them. They also took the pledge to use jute bag instead of plastics.

World Mental Health Day Celebration

UVCT organized an interactive session on the occasion of World Mental Health Day, October 10, 2018. The session was organized to make students aware about the concept of mental health and ways to stay mentally healthy. Session was followed by some practice in Yoga, meditation, relaxation activity and Mudra.

Courses	Number of student pass out	Number of student enrolled
Beauty Culture	70	78
Computer	90	100
Dress Making	86	92
Spoken English	40	50
Stenography	30	30
Typing	50	63
Grand Total	366	413

Breast Cancer Awareness Drive

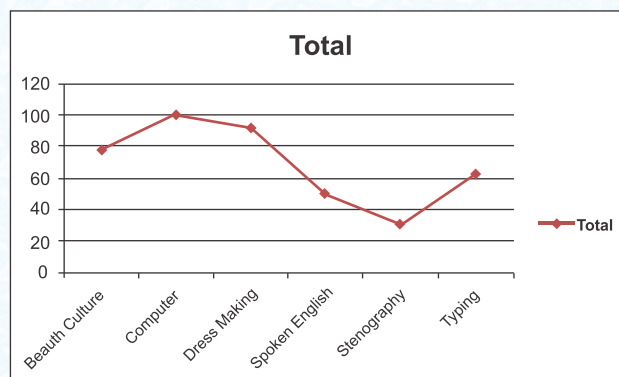
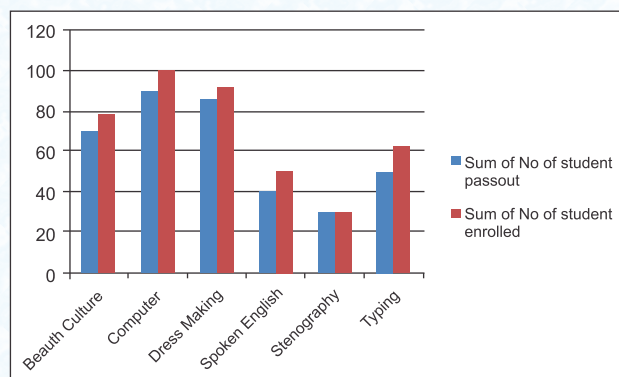
In alignment to UVCT's focus on health issue, an awareness drive regarding Breast Cancer was organized for male and female students of the centre. The session helped students clarify their misconceptions and educated them regarding the correct procedure for treatment of cancer. It is hoped that learners would spread awareness among friends, family and other contacts



UVCT empanelled with DSLA conducted sessions on Mental health in govt. Schools in Jan-Feb 2019.



Student Details (2018-2019)



Akhand Paath

Like each year, Akhand path was organised in Tagore Garden Centre between 18th- 20th January in the fond memory of Urivi Vikram on his birth Anniversary. This is a practice in vogue for last many years, started by late Ajit Cheema, Founder Trustee of UVCT, whom Vikram fondly addressed as 'Dadaji'. After his demise, the Akhand path continues to remember Shri Cheemaji as well.



Mr. Sunil Sarin, Vice Chairman of UVCT leading the prayers



"They come through you but not from you, and they are with you, yet they belong not to you"
-Khalil Gibran-



Success Stories



UDIT SHARMA (Computer)

My name is **Udit Sharma** and I joined computer course under UVCT since February, 2019. I am very lucky that I joined course here. Not only computers, I also learned many new lessons which are helping me in my life.



RADHIKA DANTANI (Computer)

My name is **Radhika Dantani** and I joined computer course along with typing to increase my speed on keyboard. With the guidance of teachers, I developed my speed up to 40 WPM. I am really thankful to the all faculty to guide me which helped me to get the great job right after completion of both courses.

HARSHITA CHAULA

(Hindi and English Typing)

My name is **Harshita Chaula**. I joined Hindi and English typing in UVCT Tagore Garden for preparing in various competitive exams. Here my typing speed increases by 50 WPM. I am so thankful to Sehgal Sir for guiding and helping me to get a job in Election Commission of India.



NEELAM (Beauty Culture)

मेरा नाम नीलम हैं। मैंने UVCT टैगोर गार्डन से ब्यूटी कल्चर का कोर्स किया है। मुझे UVCT के बारे में अपनी बहन से पता चला। तब मैंने कोर्स जॉइन किया। यहाँ जॉइन करने के बाद से मुझ में आत्मविश्वास बढ़ा, मैंने 6 महीने का पूरा कोर्स किया तथा कोर्स खत्म होने से पहले ही प्रैक्टिस करनी शुरू कर दी जिससे मुझे आर्थिक स्थिति को सुधारने का बहुत अच्छा मौका मिला। मैं तहे दिल से यहाँ के सभी अध्यापकों को धन्यवाद देना चाहती हूँ।



Mrs KAUSHAL (Dress Making)

My name is **Kaushal** and I am the part of the Dress Making Course of UVCT since last 5 month. I want to learn stitching as my hobby. In UVCT,



teachers are very supportive and they gave their best to the students. With the support of my teacher, today I can also make designer suits and other designer outfits. I am really thankful to my teacher.

POONAM (Beauty Culture)

My name is Poonam and I am very happy to be the part of UVCT. I am doing the course of beauty culture and I have learnt a lot of new things in this center. With the various techniques of my course, I also learnt to increase my confidence and get the chance to attend various workshops and interesting counseling sessions. I want to thank every trainer of UVCT to help me for my overall personality development.



JYOTI (Dress Making)

मेरा नाम ज्योति हैं। मैंने पढ़ाई पूरी करने के बाद जब अपना कैरियर बनाने पर विचार किया तो मुझे UVCT के बारे में पता चला यहाँ से मैंने सिलाई का कोर्स करना शुरू किया है UVCT में सारे कोर्स बहुत अच्छे तरीके से सिखाये व समझाये जाते हैं। मुझे बहुत खुशी है कि मैंने सही जगह का चुनाव किया। अब मैं विभिन्न प्रकार के डिज़ाइनर सूट भी सिल सकती हूँ।



Target Intervention Wazirpur

HIV / AIDS Awareness, prevention and identification program in Wazirpur Industrial Area Delhi

Target Intervention at Wazirpur program under the ages of Delhi States Aids Control Society (DSACS).

HIV/AIDS is becoming a vast health problem in the world. In India the number of HIV positive people is increasing day by day. Indian government is trying to prevent HIV /AIDS taking support of NGO as well. UVCT has been also running targeted intervention

program to prevent HIV/AIDS among migrant workers who come from other states in Delhi for survival. They live in slums, JJ cluster, and resettlement colonies. UVCT makes migrants aware regarding protective sexual relations which is the main cause of HIV/AIDS. HIV infected migrants are linked to ART Centre. UVCT provides all facilities to PLHIV (People living with HIV) supported by DSACS.

A couple of HIV stories from our bag.

1. UVCT team identified an HIV+ worker who is a Barber. Our team followed him up very seriously and tested his wife also. His wife was also found to be HIV+. Both were attached to Deep Chand Bandhu Hospital for further treatment and both were linked to ART. Now they are taking ART regularly and have improved in health. Their CD4 is also very good. His wife gave birth to a baby after ART in presence of hospital team. The good news is that the baby is HIV negative.
2. Our UVCT team found a HIV+ case in the month of October. He is married, about 45 years old. Since he had five members of his family to support, he was losing hope. Our team encouraged him and got him linked to ART centre in Deep Chand Bandhu Hospital. He is now taking medicine, his health is better and supporting his family enthusiastically.

Yearly Performance

Total Registration 17894

Total Health Camp	278
People Covered in Health Camp	6735
Counseling	4742
STI Found in Health Camp	127
HIV Cases Found In Last Year	14
Link To ART Center	14
Total Coverage	19372

Health Camp in Field



Community Event in Field



Nukkad Natak in Field



Yuva Shakti Kendra, Bindapur

Bindapur Centre of UVCT has been working since 2013 for the empowerment of underprivileged youth and women. Bindapur is a densely populated area of West Delhi with low income families and unemployed women. UVCT is into changing the lives of the women in the locality through various programmes. The centre runs courses on beauty culture, zari work, and remedial classes.

We successfully conducted remedial classes for school dropouts at the centre. The classes were designed according to their needs and covered other interests like music, dance, drawing and indoor games. Along with the remedial classes, they were given Life Skills Education. The programme for the school dropouts encouraged their overall development and minimised the risk of their deviancy towards asocial behaviour.



Reformation and Life Skill Program at Tihar

Contd. From Pg. 6



Crime is an outcome of certain circumstances and Prison must offer an environment for the treatment and care of inmates. In this direction, Tihar Prison is changing the mindsets of criminals with a number of reformation programmes. An initiative in the form of *Better Life Prison School*, which is an integrated Reformation, Rehabilitation and Reintegration Centre for young inmates was launched on 25 September 2017 in Central Jail No. 5 where male inmates of age group 18-21 years old are placed and in CJ-5, an entire Ward was converted into a School.

UVCT's intervention, which has been gracefully supported by the Prison management especially Director General (Prison), Superintendent (Central Jail No. 5), Deputy Superintendent (CJ-5), Assistant Superintendent (CJ-5), Head Warders and all other Jail staff, includes Life Skills based Education and Therapy for the young adult offenders.

UVCT's Tihar Team comprises a Criminologist, a Psychologist, a Social



Worker, a Vocational Guide, Life Skills Facilitators and a Rehabilitation Officer to understand and analyze inmates' psychological, criminological and social aspects in a better way and deliver LSE sessions, therapies and rehabilitation accordingly. For delivering Life Skills Education in Jail No. 5, UVCT trainers comply with United Nations Inter-Agency Working Group (UNIAWG) modules focusing on ten core life skills as laid down by World Health Organization (WHO).

In addition, Individual and Group counselling sessions, Criminal Profiling, Impact assessment using psychological tools in a pre & post test format and Rehabilitation post-release of these inmates are part of the project.

On 17 April 2018, UVCT held an event for Certificate distribution to acknowledge students who have successfully completed LSE program. The event was graced by Assistant Superintendent Ms. Chetna Gupta and Deputy Superintendent Ms. Renuka, Central Jail No.5.

UVCT organized the Valediction programme for Inmates who were a part of the Life Skill Education in the Education Ward on 27th July, 2018. Mr. Mukesh Sinha, a patron of UVCT who has been the pioneering figure behind Dwarka City Newspaper and Dwarka City Directory, graced the occasion as the chief guest of the event. Mr. Sinha has made it his mission to highlight the issues of the area; bring it to the proper forum, promote the interests of the citizens and do everything possible for the development of this sub-city. The function was also graced by the Prison Staff Mrs. Renuka Chauhan (Deputy Superintendent), Mrs. Chetna Gupta (Assistant Superintendent), Mr. Deepak Sharma (Assistant Superintendent) and Mr. Sachin Dagar (Warder). They took time from their busy schedule to motivate and appreciate the inmates' achievements. The gesture was taken very positively by the inmates.

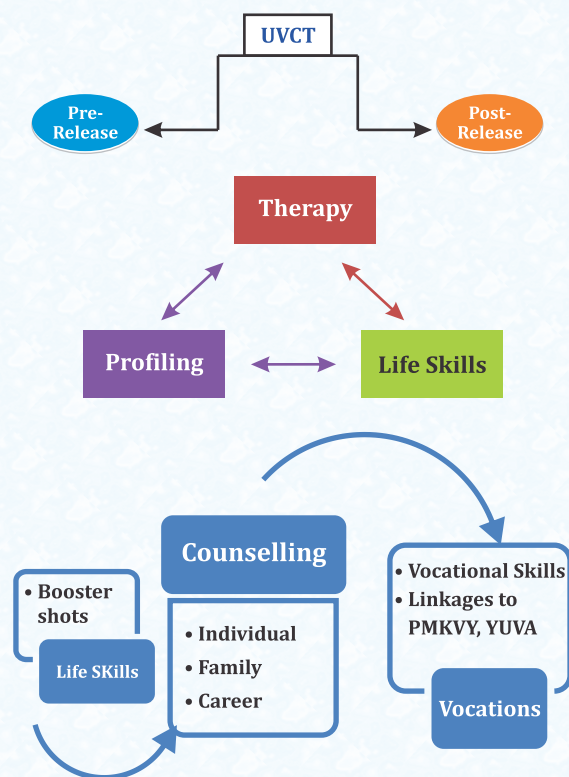
UVCT conducted an orientation program on 11th July, 2018 for the Prison Staff and the Sevadars (Intuitive amicable inmates who are selected by the staff for better functioning of the prison) about the current ongoing Life Skill Education programme in CJ-5, Tihar Prisons. The orientation program was an opportunity for the staff and the sevadars to learn and grasp the idea behind the Life Skill Education. This orientation was aimed to build a network of resources that will help inmates to start their new journey in a better manner on the right path. The program was conducted by two eminent people who have spent their lives learning and teaching about Life Skills in various settings and atmospheres, Mr. S.K Kapoor and Mrs. Piyali Acharya. The session was conducted in two batches, the first batch was dedicated to the staff and the later half was for the sevadars.





On 20 December 2018, UVCT held an event for Certificate Distribution to acknowledge students who have successfully completed LSE program. The event was graced by DS Mr. Deepak Sharma, AS Mr. Raju Mukherji and AS Ms. Nirmala, Central Jail No. 5 as well as UVCT staff members including trainers. Students were delighted to receive a certificate of successful completion after their dedicated participation and learning.

Programme is based on the premise, that the causative factors for young offenders taking to crime are many. However, there a growing recognition that many young offenders are not sufficiently prepared to deal with the demands of modern society. Due to maladjustments with the modern lifestyle, they resort to criminal ways in order to fulfil their demands. A sense of insecurity and feeling of inferiority propels them to search for their identity in the company of their peer group who sometimes draw them into the crevices of crime. Further, these young delinquents fall prey to a variety of intoxicants- liquor, ganja, charas, chemicals, whiteners, pain-killers etc which once addicted to, worsen the situation. In order to restore the young offenders to normal living, a psycho-social approach is required. It is felt that merely giving them some vocational skills, without reforming their thought process, would be least effective.



Activities throughout the year



Members of UVCT receiving token of appreciation from the students on Teacher's day



Gandhi Jayanti Celebrations



Old Person's Day Celebrations



Regular Assessment of Students



Cultural Events



Suicide Prevention Awareness session on World Mental Health Day





Constitution Day celebration on 26th November, 2018

Impact Assessment

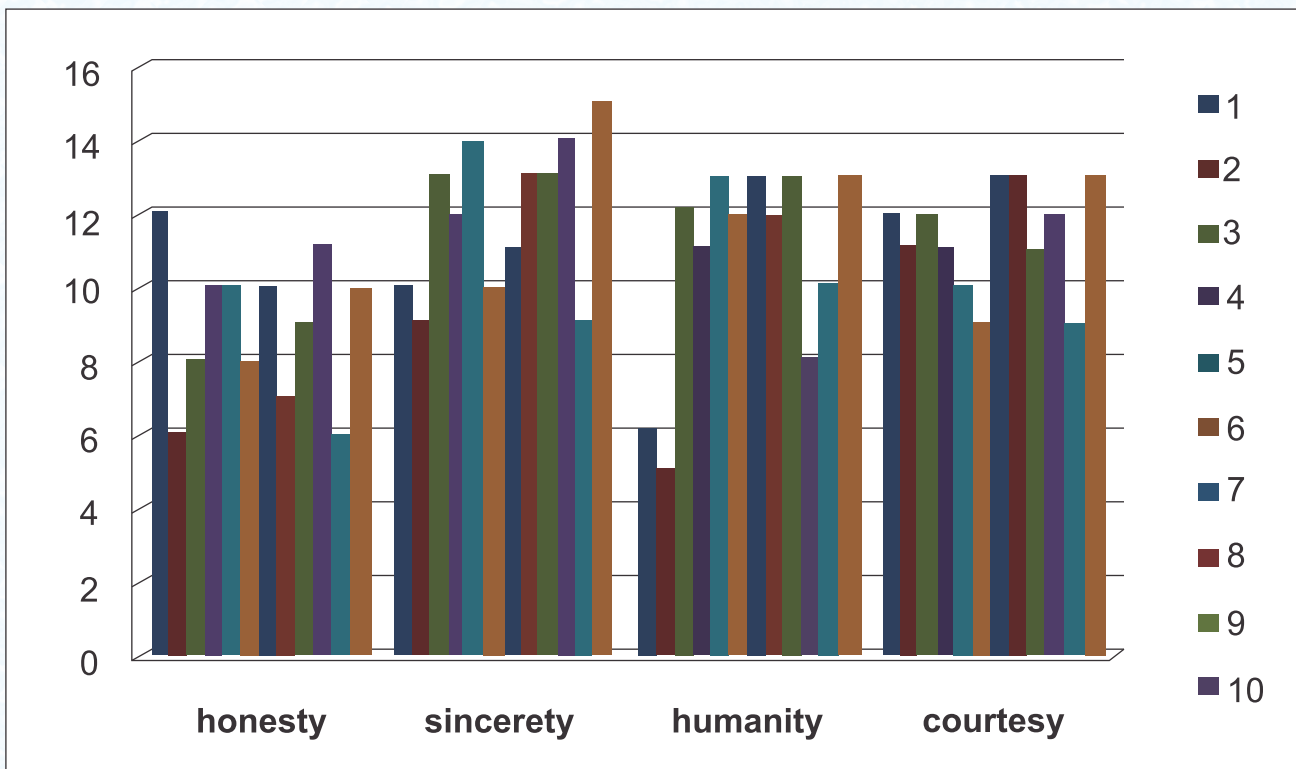
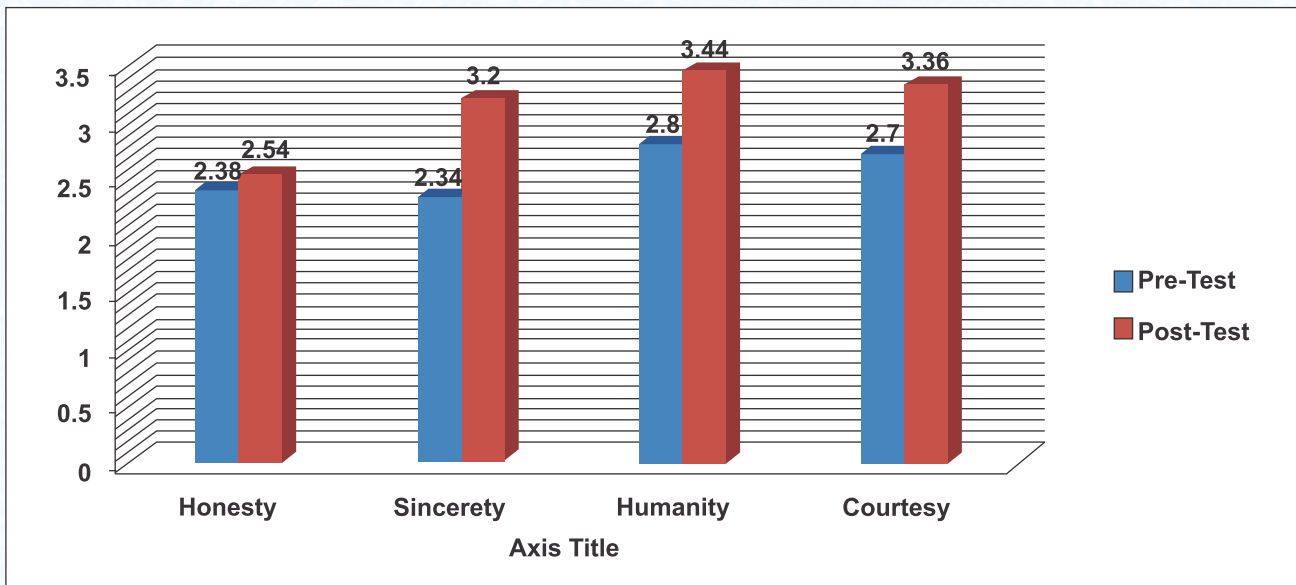
Impact assessment is being carried out through both qualitative and quantitative data analysis on a continuous basis.

For Qualitative Impact Assessment, our team collects regular feedback and testimonials from inmates. Following are some testimonials:-

- "Earlier I used to be very scared of talking. Now, I feel a bit confident and find it easy to interact with each other."
- "Life skills training is beneficial not only for short term but for life."
- "I want to move in the right direction and not be negatively influenced by other inmates. I think life skill training is helping me with that."
- "During and after these classes, we tend to think critically which is important for our mental health. Also we enjoy the interactive environment."
- "I am learning about how to control my mind better and know myself better which will help me in every situation. I have started practicing the teachings and can see improvement"
- "Earlier I was not sure of attending these classes and I left in between. But when I attended regularly I started realizing its importance and have been a regular student ever since."
- "I was very tense due to my personal issues and did not eat yesterday but after talking to the LSE teacher and attending the session I realized that I need to take care of my physical and mental health both. I was able to think for myself more clearly."
- "I look forward to these classes and wait for being a part of learning. Rest of the day I feel bored. I choose to attend these classes regularly at my own will for my betterment only."
- "Little things like emotions and feelings held no role earlier. By understanding about topics which we were earlier unaware of, makes me feel better. I think I can take better decisions now."
- "I have made mistakes in life and I being punished for that. I fully accept this punishment. But I am grateful that I got the opportunity of availing such facilities to understand myself, others and life. I am trying my best to improve and lead a better life."



For Quantitative Impact Assessment of Life skills, our team conducts Pre and Post Tests using Criminal Propensity Test and Morality test. Following is the Impact Analysis of Life Skills based on Pre and Post Test using Morality Test by Prof. L.N. Dubey.



Rehabilitation

"I used to ask my father to get me bailed since I was tensed and frustrated. After attending LSE classes, now he is observing the difference in me and is proud of me. The change that I have gone through can never be bought by money."

"I have started feeling Independent. I have also started working which gives me enough money to send some to my mother back in my hometown"



"During the Life Skill sessions, UVCT found a gem of a student. This individual was a sincere participant in the class. He also had a liking towards sports and also started training under Sylvester, Football Coach from Angel's Academy, along with the Life Skills and Therapy sessions by UVCT. Post release, this individual got a chance to play for a local Delhi club, which became a turning point in his life. He even started getting a fixed pay from the Club with a permanent position there, and the first thing he did from that money was to resume his under graduation studies. He continued with studies, took admission in B.A (program) from Delhi University."

UVCT still supports him by paying regular visits to his football matches. To make his picture a little clear, the following photos speaks for themselves:



नांगल ठाकरान बना फुटबॉल विजेता



विजेता टीम के साथ मुख्य अतिथि रवि परुथी व अन्य। अमर उजाला

अमर उजाला ब्यूरो

सोनीपत। सीआरजेड स्कूल के मैदान पर चल रही फुटबॉल प्रतियोगिता के फाइनल मैच में नांगल ठाकरान ने छोटराम क्लब की टीम को 2-1 से हराकर जीत हासिल की। इसके अलावा सेमीफाइनल मैच में नांगल कलां ने दिल्ली पोल स्टार को 3-2 व छोटराम फुटबॉल क्लब ने करोधा को 3-0 से हराया।

छोटराम फुटबॉल क्लब की ओर से कराई गई तीन दिवसीय फुटबॉल प्रतियोगिता में फाइनल जीतने वाली नांगल

ठाकरान की टीम को मुख्य अतिथि वरिष्ठ कांग्रेस नेता रवि परुथी ने पुरस्कृत किया। कांग्रेस नेता रवि परुथी ने कहा कि पढ़ाई के साथ खेल भी जरूरी है। प्रतियोगिता में हारने वाले खिलाड़ियों को निराश नहीं होना चाहिए, बल्कि अगली प्रतियोगिता में जीत हासिल करने के लिए कड़ी मेहनत करनी चाहिए। इस दौरान ओम कंवार, प्रधान रामफल, उप प्रधान देवेन्द्र जून, कोच राकेश नैन, संदीप तोमर, प्रवीन कुमार, मंजीत कुमार, सुखविंदर, महेंद्र राठी, बलवान सरोहा आदि मौजूद रहे।

ANDHRA PRADESH

UVCT Visakha Chapter

UVCT Visakha Chapter continued to hold a series of programs related to career guidance, life skills education and youth employability, besides organizing counseling sessions for the requisite persons. Some of the important programs are presented below.



Talk on Employability Skills

The SETVIS Visakhapatnam conducted a 5-day National Integration Camp at Youth Training Center, Vepagunta on 22nd Nov 2018, 460 youth drawn from different parts of Andhra Pradesh participated therein. UVCT Joint Secretary, Sh. Abdul Raqueeb, as a Resource person, spoke on employability skills and new and emerging careers in the world of work, that have particular relevance to rural youth.

Marital and Legal Aid Counseling

The sessions of UVCT benefited 21 couples and 38 individuals, from low income groups. The beneficiaries conveyed their gratefulness for the free and effective counseling being offered by UVCT.



Acting Skills Workshop

A workshop on acting skills was jointly conducted by UVCT and Navarasa Theater Arts Association at Govt. Home for Boys, Arilova. It was a five-day workshop that enabled the children to sharpen their acting skills. On this occasion, Joint Secretary, Abdul Raqueeb emphasized on the need for such cultural activities. It not only helped students to relax but also made them aware of possible careers in dramatics.



Lecture on Life Skills

UVCT conducted a Life skills and Career guidance program for young women at Visakha Govt. Degree College for Women, Jail Road on 15th Oct 2018. Smt. M R L Radha, the resource person, spoke on the utility

of life skills both in day to day living and also in emergent situations. Nearly 321 young women and girls actively participated in this program.

NATIONAL YOUTH DAY CELEBRATIONS

UVCT actively participated in the celebrations held on 12th January 2019, which were flagged off at Visakha beach road and culminated at BVK junior college, Dwarakanagar. About 75 students participated in the programme. They were enlightened regarding the teachings of Swami Vivekananda. Later these students participated in essay writing and drawing competitions.

'Pragati Patham' Centre at TEKKALI

UVCT established Pragati Patham, a Resource Centre for job-seekers, in Tekkali, a town once known for Naxalism. In fact, it is the halting point of insurgency movement after it weakened in Naxalbari and prior to moving to Telangana areas. Educational institutions in Tekkali are many, but job avenues are fewer. This is also the birth place of our Founder-Chairman, Dr UNB Rao, whose ancestral house is the venue for the Pragathi Patham. The Resource Centre is provided with books and periodical reviews that provides the job-seekers with latest updates. Over the year, it has become the rallying point for young

and aspiring students.

During the current year, many aspirants got into government jobs, which was a rare output, in and around Tekkali. Some of the success stories are listed below. UVCT takes pride to share about students who have been availing facilities of the Library and got selected in recent Andhra Pradesh Governments' mass recruitment for Panchayats. The names include:

1. Guna manojkumar, BTech (Mechanical Engineering), *"I got a job in VSWS (engineering asst). Words can't explain.. Library is very helpful to me."*
2. A. Durgachandra Prasad, MBA was appointed as Welfare & Education assistant
"Library has good environment to read, availability of books, discipline and cooperation..its helped me lot to get a job..thank you sir"
3. *"Hello sir... This is SANTHOSH KUMAR PAILA, selected as PANCHAYAT SECRETARY...As I come from a farmer background, I had not expected this day ... I am proud to say that, my dream has come true now by the PRAGATI PATHAM, TEKKALI.. Mainly our Librarian has supported me from all the facilities provided in the library. She always motivated the students by the success stories of previous aspirant's and also maintained a good*



National Youth Day Celebration at Visakapatnam



atmosphere around there. The Magazines and Daily News papers are very much helpful to me to cover all current issues. Thankful to you for providing the Internet facility, it helps us to clarify

our doubts as soon as possible. Finally I very much thankful to you for showing me the best career in my life..."



Guna Manoj Kumar
Engineering Asst
M: 9603043548



A. Durgachandra Prasad
Welfare & Education Assistant
M: 9493292294



Santhosh Kumar Paila
Panchayat Secretary
M: 9705064380



Rajana Dileep Kumar
Panchayat Secretary
8247549282



Ravi Karigi
Ward Welfare assistant
M: 9666545448



T. Jagan
Welfare Department
M: 9553713060



L. Samatha
Women Protection Services
M: 9398546159



Manoj
Panchayati Secretary
M: 9381291811

We take this opportunity to thank retired officers who have been volunteering their time to guide the students, Mr. J. Govinda, Secretary and Ms. Ramanamma, the Librarian whose sincere efforts have kept motivating students with their warmth and support.

MAHARASHTRA UVCT Kalyan Railway Childline



Childline is a 24 hrs national helpline working for children in the age of 0 to 18 years. Any concerned person or a child can call on 1098 helpline for the care and protection of a child. UVCT childline in this project has come a long way in last one year and has successfully handed over 851 children to their parents, which means, the 851 children are safe just because of UVCT KALYAN RAILWAY CHILDLINE.

Childline work for the protection of the rights of all children in general. But special focus is on all children in need of care and protection, especially the more vulnerable sections, which include:

- Child labourers working in the unorganised and organized sectors on the station.
- Children affected by physical/sexual/emotional abuse in family, schools or institutions, and on the station.
- Children who need emotional support and guidance.
- Children of commercial sex workers.
- Victims of child trafficking.
- Children abandoned by parents or guardians.
- Missing children.
- Run away children.
- Children who are victims of substance abuse.
- Differently-abled children.

AWARENESS CAMPAIGN ABOUT CHILDLINE PROGRAMME

During the mass outreach, the entire team went to the acting the station for 4 hours on 14th June 2018. The team initiated by sticking posters on platform number one of Kalyan railway station the team met passengers and gave them pamphlets with information regarding childline. The team later met the vendors on the station, transgender etc. The team also met the GRP, RPF and the ASC at the station. During the process, childline team found 34 cases of abandoned children who were successfully handed over to their respective parents



TRAINING AND ORIENTATION AT THE CHILDLINE KIOSK 15TH JULY 2018

The training mainly related to issues of sexual abuse and POCSO Act. Counselling sessions with team members regarding certain cases were conducted. Team members, Shankar and Manisha gave information about S.O.P and POCSO to the new team members and received feedback.

Childline team met coolies in their resting areas and gave information about childline and created awareness among them. The response was very good from the coolies. Also met the cleaners on the station, gave them information about our 24 hrs helpline working on the station, and how CHILDLINE has managed to help children in need and care on station.



Training and orientation on the kiosk, 15 July 2018

ORIENTATION AT SCHOOLS IN AMBIVALI VILLAGE



The needy school children in Ambivali were given books and stationery along with information about Childline 20th July 2018. The information specifically focused on sexual abuse in schools. The children responded in large numbers to the Childline initiative. The Childline coordinator gave information about the programme to almost 300 children from three different schools



INDEPENDENCE DAY CELEBRATION 15TH AUGUST 2018

On 15th August 2018, Independence day celebrations at the childline kiosk were done along with RPF personnel. These celebrations help to build up a strong relationship for the betterment of children. The officials appreciated this gesture.



CHILDRENS DAY CELEBRATIONS AT CHILDLINE KIOSK

UVCT Childline celebrated Childrens Day, on 14th November 2018 at the kiosk. Childline Dosti bands were tied to RPF, GRP staff and other officers on the station. A healthy initiative for rapport building with the Railway staff on the station. The station manager appreciated the effort and concluded with a resolve for a coordinated work with UVCT, Childline team for the benefit of children in need of care and protection. After looking at the efforts and initiatives taken by UVCT Childline for the care and protection of children on the station, the Assistant Security Commissioner of the station promised support for a smooth functioning of the project.

UVCT CHILDLINE AWARENESS WITH NGO SAAD FOUNDATION

Awareness activity along with SAAD Foundation was conducted on 20th February 2019. The NGO SAAD who works for the Rehabilitation of street children, aims for skill development of these children.

Childline team gave information about Childline conducted an interesting activity with the children staying in the NGO shelter. UVCT Kalyan railway Childline also distributed sweets and food to the children. Children enjoyed interacting with UVCT Childline team.





CASE STUDY

Date :- 8th June 2018

On 8th June 2018, a railway passenger named Dyandev Sanap handed over one child to our kiosk. When we talked to this child, he told he has run away from Mumbra and want to go to his home town at Maharajganj Uttar Pradesh. He told us he was working in Mumbra since 2 months and his owner beat him everyday and didn't give meals on time and also he used bad words for him. So we contacted his home town police station and sent all his all details via WhatsApp. After 1 hour police sent us his mother's contact number. We contacted her and told her to come to pick up the child. We got his work owners number from her mother and contacted him and told to come at CWC on 11th June.

The child, his mother and his work owner were presented in front of CWC members. They were made aware about this child's situation so CWC members can take a full view and decide on action in this case. They asked us to put this child in Childhome Ulhasnagar 4 and gave Summons to Vithalwadi police station to record child statement and strictly prohibited for handing over of child to his parents, CWC THANE wants Maharajganj Uttar Pradesh CWC Chairperson's contact number and a home visit at the child's place.

This child presented again before CWC and CWC had given UVCT Kalyan railway child line the role of support person in this case of child. Statement and FIR should only be taken in presence of Kalyan railway child line. FIR will be file by Kalyan railway child line. Statement taken by police in presence of Kalyan railway child line.

A FIR has been launched and legal Action has been taken by CWC in this case.

Case study

COUNSELLING REPORT OF CHILD:

By Ms. Manisha Rahul Kamble (Counsellor at UVCT Kalyan railway childline)

INTERVENTION BY CHILDLINE:

"The child a girl after the death of her mother, the child was taken care by her aunt who stayed in lonavala. One year before her aunt passed away suddenly, leaving the child alone and without help and protection. Her father had come to take her home, but she refused to go home and continued to stay in her aunts house. After which she went to work at Talegaon near Lonavala. After some time she started living with the owner's family, who treated her well, one day she wanted to meet her small brother, so she went to Miraj station. She didnt find her brother and father, so she boarded a train to Mumbai and got down at Bandra station. She had no money and introduced herself to komal(second victim) who was on the station at that moment. At that same time, she met a women Fathima who worked as a prostitute at Bandra station. She lured them to come to her house after finding that the girls were alone. She took them to Lucky hotel, where there is a small hut. When the children found that Fathima was about to push her into prostitution, they ran away and came to Kalyan, where they were traced by RPF and then were handed over to Childline. The reports of the children were found to be normal after Gynec test. During counselling they shared their desire to go back home. The child was presented before CWC on the 16th of July and the CWC is yet to decide and take a decision about the case. The child is still in shelter home and in safe hands.



Health Action Program For The Progress of Youth (HAPPY) Mumbai

Urivi Vikram Charitable trust along with other 5 NGOS in Mumbai have proposed to undertake a new project titled "HAPPY Project" (Health Action Program for the Progress of Youth) with Program support from DESH Foundation and Technical support from Tata Institute of Social Sciences. The main thing about project is movement; *Each One Teach One* is the main process we have adopted throughout the training. The main focus of Happy Project is promoting healthy lifestyle practice, reducing and preventing the health risks among school going (6th to 12th class) adolescents. The project has been designed to capacitate special teachers and peer educators to be identified from schools and to deal with the issue of drug abuse substance misuse with the training/technical support from DESH foundation (Deepam Educational Society for Health). The Project started in Nov- 2016 and ended on 30th June 2019. The areas under this project are health, hygiene and nutrition, mental health, substance misuse and abuse of Tobacco alcohol and drugs, training in Life skills, communicable and non-communicable disease, injuries, violence and sexual and reproductive health.

All NGOS are located in different wards of Mumbai, so each NGO is allocated with 2/3 wards. Each NGO needs to complete target of 120 schools with all project steps. Likewise we have reached 720 schools. To complete 720 schools, all NGO visited about double the schools. Each organization had to complete peer training with 5040 volunteers. All NGOs reached about 30240 peer students. A single NGO 84000 children in the schools by conducting Peer to other students training in the schools. The total number covered by all 6 NGOs was 504000 students from 720 schools across the Mumbai.

To reach the above target, project has been designed in a way that ensures more participation of schools in the programme. It has different steps for each school. One has to follow all steps to spread information to as many as people as they can. Among these steps main steps are described below.

The Procedure and Targets:

S.No.	Goal/ Objective	Indicator	Total No. Units	No. Unit Planned	Achieved
1	Capacity building	Pre- orientation school mgt. principal and teachers	120	120	125
		No. of special teachers trained	240	240	240
		No. of specialization sessions	84	84	84
		Sensitization by special teachers	240	240	646
		No. of peer educators/ youth champions trained	5040	5040	4582
		No. of health sessions		4200	2385
		No. of reorientation meetings	120	120	225
		No. of students of 6th to 12 th classes	84000	84000	73070
		No. of schools where PE sessions held	120	120	117
		No. Of schools	120	120	115
2	To establish framework	Mapping and baseline survey	1	1	1
		No. of events conducted	6	6	4
3	To develop, standardize, and replicate	No. of flipchart and Training manual distributed	120	120	120
		No. of handouts for PEs / YHCs	5040	5040	4620
		No. of pamphlet for students distributed	84000	84000	66250

Best Practices followed:

- Making customized folders which had names mentioned on top (DESH-UVCT-HAPPY) to distribute among all teachers.
- In BMC, schools' strength is low, so we combined all the schools in one complex so that we could manage to talk to two teachers.
- Going together for mobilization to create impact.
- Taking session on alternative dates to cover peer sessions in the schools and to cover maximum session in a month
- Taking help of teachers to take peer to other schools as not much time was provided for peer training.
- Using previous responses to convince new schools by showing them photographs/feedbacks etc.
- Doing modification according to school's requirement.
- Combining afternoon and morning schools to cover all children.
- Providing extra sessions or sessions to all children according to need.
- Dividing equal number of schools among PC and trainer to cover target.
- Revisiting each school to review whole Happy Project.



Case Studies

Sexual Harassment case (Nadkarni High School)

One girl from 6th std has been harassed by neighbor. He is continuously threatening her to kill her mother if she disclosed this matter to someone. The girl is completely shattered, she shared this ordeal with her teacher, and teacher discussed this matter with happy project member. Counselor and program manager have visited school and intervention is in process.

Behavioral Problem case (Jogalekar Wadi high School)

One child along with his friend stole money and gold from home and ran away after lying to his parents. The police found these children at CST station and they put them into CWC. Teachers wanted Happy Team to counsel these children to bring positive changes.

Outcomes of the Project

- Students started using hand wash items, performing and enjoying routine activities.
- Students started talking about violence. They are asking questions about situations they are facing.
- Schools are using material of Happy Project as well for other purposes to educate children.
- It is reported by teachers that some students have quitted using different kinds of substances and are trying to behave in good manner.
- A welcome change is in their eating habits and few school students started the practice of having three colors in their plates.
- Schools started discussing cases with our team. 3 cases are in process, another 5 cases are reported but schools have yet not provided details.
- Schools started using helpline number for different queries. Around 40 calls have been made during 2017-19.
- Science teachers are using some of the games conducted during TOT while teaching in the class.
- Few schools kept HAPPY Material in library, so that other students can access material.
- Students made posters and put in the class for benefit of other children.

Saksham Project Phase II

SAKSHAM Phase II took off on a positive note as a pursuance of SAKSHAM Phase I.

SHAKSHAM Phase II promises an assured progress and development for the beneficiaries- the slum children. Beginning on 15th June 2019, Dr. Girish Kumar, Vice Chairman of the Maharashtra Chapter flagged off SAKSHAM Phase II.

The orientation for the Heads of Schools was done in Principal's Meet, which saw a major turnout at this one day meet. The programme was Inaugurated by Mrs. Vishala Jaydev (General Secretary, Maharashtra Chapter) by lighting a lamp. The Chief Guest, Mrs. Jayshree Yadav (Deputy Education Officer of North East Zone) gave a nostalgic speech which was a retro down memory lane reminding the august audience that due to the absence of such programs, how life was difficult for the adolescents and delinquents. Praising UVCT, she quoted that 'Reformation, Rehabilitation & Empowerment' will definitely bring about a radical change in the society. The UVCT Chairman, Dr. UNB Rao spoke on the implications of adolescenc stage and ways to empower them with an audio visual presentation. The Principals elaborated on the challenges and problems faced by students in their respective schools with the students in the present day scenario. It was felt when the regular (mainstay) schools find it difficult to manage the situation in the deprived schools can be imagined.





Well, keeping this key factor, UVCT marched ahead to deliver the goods in a rather meticulous manner with a planned schedule. To empower the child, it is necessary to educate the parent as well, hence *Parents Out Reach Program* are planned in the SAKSHAM Phase II Program schedule. Parent's out reach programs help them earn while they learn through along with Life Skills. They are taught livelihood skills such as bag making, soap making & jewelry making.

Teachers orientation helps teachers learn new skills of remedial teaching which they practice in their regular teaching curriculum to help students. Needless to say, the children were tested to measure their potency at the beginning and at the end of each teaching session.

To boost their morale, competitions are held and recognition granted through prizes & certificates. Along with these activities on a regular basis, the counselling team is doing a wonderful job by counselling the problematic and promising students regularly and keeping a record of the same.

Remedial Teaching is done on a daily basis. Time Table for the English, Maths & Science subjects are scheduled. The students' *Intelligence Quotient* is also checked throw a scholarship exam. The students are later interviewed by the MGL's CSR panel to award a scholarship and cash prize to support their educational needs.

The support team from the UVCT office works diligently to meet all ends under the able guidance of our Vice – Chairman, Dr. Girish Kumar & our General Secretary Mrs. Vishala Jaydev. Day to day motivation is provided by the Principal Coordinator, Mrs. Sabrina David.





Addresses of Centres & Contact Persons

National Headquarters: UVNAC Building, PSP- 1, HAF-1, Sector- 22 (Near Sai Mandir) Dwarka, New Delhi -110077. Contact Persons: Dr UNB Rao, IPS (Rtd), Chairman, Ms Seema Naqvy Director (Organisation Development), Phone:01128052822

Tagore Garden Centre: MCD Shopping Complex, First Floor, Tagore Garden Extn., Near Central School, New Delhi- 27. Contact Person: Shri P L Sehgal, Phone : 011-2544 79883, Ms Umam Tabrez (Project Officer).

Bindapur Centre: Yuva Shakti Kendra, Srs -1 V, pocket 4, Community Centre, Bindapur, New Delhi 110059. Contact Person: Mr. Pareksh Walia 9818904608

DSACS Target Intervention Centre, Wazirpur: Balwadi Centre, Azad Colony, Wazirpur, Industrial Area, New Delhi- 110052. Contact Person: Mr. Dinesh, Phone: 9911748488

Bangalore (Karnataka): 1121, 8th main KEB. Layout, Bangalore- 585292. Contact person: Sri HBM Muruges and Mrs. Visanthi Muruges; Phone : 080-6684164

Vishakhapatnam (Andhra Pradesh): Municipal Community Complex, Sec- 3, Arilova colony.

Visakhapatnam- 530043. Contact person: Sri China Verriyya (Comm. Retd), Executive Secretary, Mobile: 9030036798

Mumbai (Maharashtra): A-20, Shiv Shakti, Green Acres, Deonar Depot, Deonar, Mumbai- 400088.

Kalyan Office: Urivi Vikram Charitable Trust, Plot No. 201,1st Floor, Narmada Apartment, Netiwali naka, Puna Link Road, Kalyan (East) District Thane, -412 306. Contact Person: Dr. Girish Kumar, Vice Chairman, Ph: 9820216148. Mrs. Vishala Jaydev, Hon. Secretary, Phone: 022-25568184/38069662, 8451999093





FUNDRAISING : For all the good work we have started, we need your support to meet the requirements of beneficiary community. We request all to contribute generously towards this noble cause. Buddha said, "A bucket is filled not by the first drop or the last drop, but by the build-up of all the drops." Working together, we can make it happen!

With Gratitude: UVCT extends deepest thanks to every individual, PSUs, Government and organization that made donations in fiscal year 2014-15; each and every one of you are our heroes. We've worked really hard to ensure that your money and services reach and benefit the communities. Various activities we carry out are made possible through the support of individuals and organizations. We gratefully acknowledge the financial, material, moral and technical support you send us, that directly benefits our work to help change the lives of disadvantaged sections of our society.

Our sincere gratitude to:

CORPORATE ASSOCIATES



Donors:

Mahanagar Gas Limited

MGL, House- G333, Block, Bandra,
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New Delhi 110028

Ms. Seema Rajan

908 Aero View apartments,
Plot No. 3B, Sector 22 Dwarka,
New Delhi 110077

Mrs. Urivi Chaya

UVNAC Building, PSP-1,
HAF-1, Sector 22, dwarka,
New Delhi-110077

Dr. U.N.B.Rao

UVNAC Building, PSP-1, HAF-1,
Sector 22, dwarka,
New Delhi-110077



Governing Body

Name	Role	Occupation/ Designation
Dr. UNB Rao	Founder Chairman	Indian Police Service & Adolescent Expert; PhD (IIT Delhi); IPS (Retd.); Doctorate on the theme 'Policing and Adolescents'
Ms U. Chaya	Vice- Chairperson	Founder Trustee, Social Worker, and Roof Garden Expert
Mr. Kapil Chopra	Vice- Chairperson	Eminent Industrialist (Bentex Electricals)
Mr. Sunil Sarin, FCA	Vice- Chairperson	Sr. Practicing Chartered Accountant
Mr. B.S. Negi	General Secretary	Retd. Deputy General Manager, IFCI
Dr. Dhananjaya	Treasurer	Retd. Chief Medical Officer, DESU & presently Consultant(Medical)
Mr. Gyanender Kumar	Member	Beauty Therapist and owner of "Madonna" chain of beauty parlours
Mr HBM Murgesh, FCA	Member	Sr. Practicing CA & Vice- Chairperson (Karnataka Chapter)
Mr. Sanjeev Anand	Member	Prominent Jeweller and Social Worker
Ms. Vishala Jayadev	Member	Educationist & Secy. Maharashtra Chapter
Mr. Anil Girotra	Member	Retd. Executive Director (Andhra Bank)

Advisory Board

Name	Occupation/ Designation
Dr Achal Bhagat	Professional Counsellor & Trainer
Dr A K Gopal	Former Director, NIPCCD
Prof (Ms) Anjali Gandhi	Social Work Expert
Prof (Ms) Aruna Broota	Eminent Student Psychologist and Counsellor
Dr (Ms) Daya Pant	Head, Counselling and Career Guidance Department, NCERT
Dr Devendra Agochia	Youth and Life Skills Expert
Prof Jitendra Nagpal	Psychiatrist and President of 'Expressions' an in-school Life Skills Programme
Mr Joginder Singh	IPS (Retd) Former Director, CBI
Dr (Ms)Mridula Seth	Former Professor, Lady Irwin College and UNFPA Life Skills Expert
Prof Nawal Singh	Former Head , Indian Institute of Mass Communication
Prof Nimesh G Desai	Eminent Psychiatrist & Head of Institute of Behavioural Sciences, Dilshad Garden

Leading the way (Our Team)

Our core executive team and our volunteers work relentlessly. Without their support and passion for good work, the success of UVCT would not have been possible. Our Board of Directors, Governing Body members and Advisory Body guided us in governance, fundraising efforts, and the overall UVCT work. UVCT wishes to thank and recognize all of them for their hard work and dedication.

Core Team : Seema Naqvy, Alok Kumar, Dr. Girish Kumar, Smita Chitra.

Program Team: Umam Tabrez, Mrinalini Kotwal, Tarun Lohchab, Kirti Sharma, Sajith, Rajesh Choudhary, Shivani Soni.

Support Team : Neelam, Bhupender, Rekha.

Advisory Team : Ashwani Kumar, Dr. Girish Choudhary, N.L. Joshi, Vijay Saluja, V.K. Ohri, Prof. B.B. Sharma.



Audit Report 2018-2019

FORM NO. 10B

[See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of **URIVI VIKRAM CHARITABLE TRUST (REGD.) , AAATU0058J** [name and PAN of the trust or institution] as at 31/03/2019 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above named trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us , subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us , the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above named trust as at **31/03/2019 and**
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on **31/03/2019**

The prescribed particulars are annexed hereto.

SACHIN S JAIN & ASSOCIATES

Chartered Accountants

Sachin Jain

Membership Number 098426

FRN (Firm Registration Number) 0018543N

Address 801, Pearl Best Heights-II, Netaji
Subhash Place, Pitampura, New Delhi, DELHI

Date : 02/08/2019

Place New Delhi



Balance Sheet as at 31-03-2019

(Amount Rs.)

CORPUS FUND AND LIABILITIES	Schedule	Current Year	Previous Year
Corpus Fund	1	17,859,259	17,777,570
Unsecured Loans / Deposits	2	311,080	1,456,850
Current Liabilities and Provision	3	3,258,933	2,611,016
TOTAL		21,429,272	21,845,436
ASSETS			
Fixed Assets	4	9,428,727	10,191,944
Current Assets, Loans and Advances	5	12,000,545	11,653,492
TOTAL		21,429,272	21,845,436

Income And Expenditure Accounts For The Year Ended 31-03-2019

(Amount Rs.)

INCOME	Schedule	Current Year	Previous Year
Donation, Grants & Subsidy	6	8,060,425	5,985,113
Fees / Subscriptions	7	393,153	640,792
Rental Income	8	3,393,859	3,651,752
Other Incomes	9	666,425	734,209
TOTAL(A)		12,513,862	11,011,866
EXPENDITURE			
Projects, Seminars, Vocational Training & Honorarium	10	9,747,702	8,355,718
Personal Administration & Other Expenses	11	1,826,021	1,983,699
Depreciation	4	858,449	955,482
TOTAL(B)		12,432,172	11,294,899
BALANCE BEING SURLUS/(DEFICIT) TO CORPUS\CAPITAL FUND		81,689	(283,033)

Notes on Accounts 12

As per books of accounts produced before us

For Sachin S.Jain & Associates

CHARTERED ACCOUNTANTS

Sachin Jain

Partner M. NO.98426

Place: New Delhi

Date: 02.08.2019

Dr. U.N.B. Rao

Chairman

B.S. Negi

General Secretary

Dr. G. Dhananjaya

Treasurer



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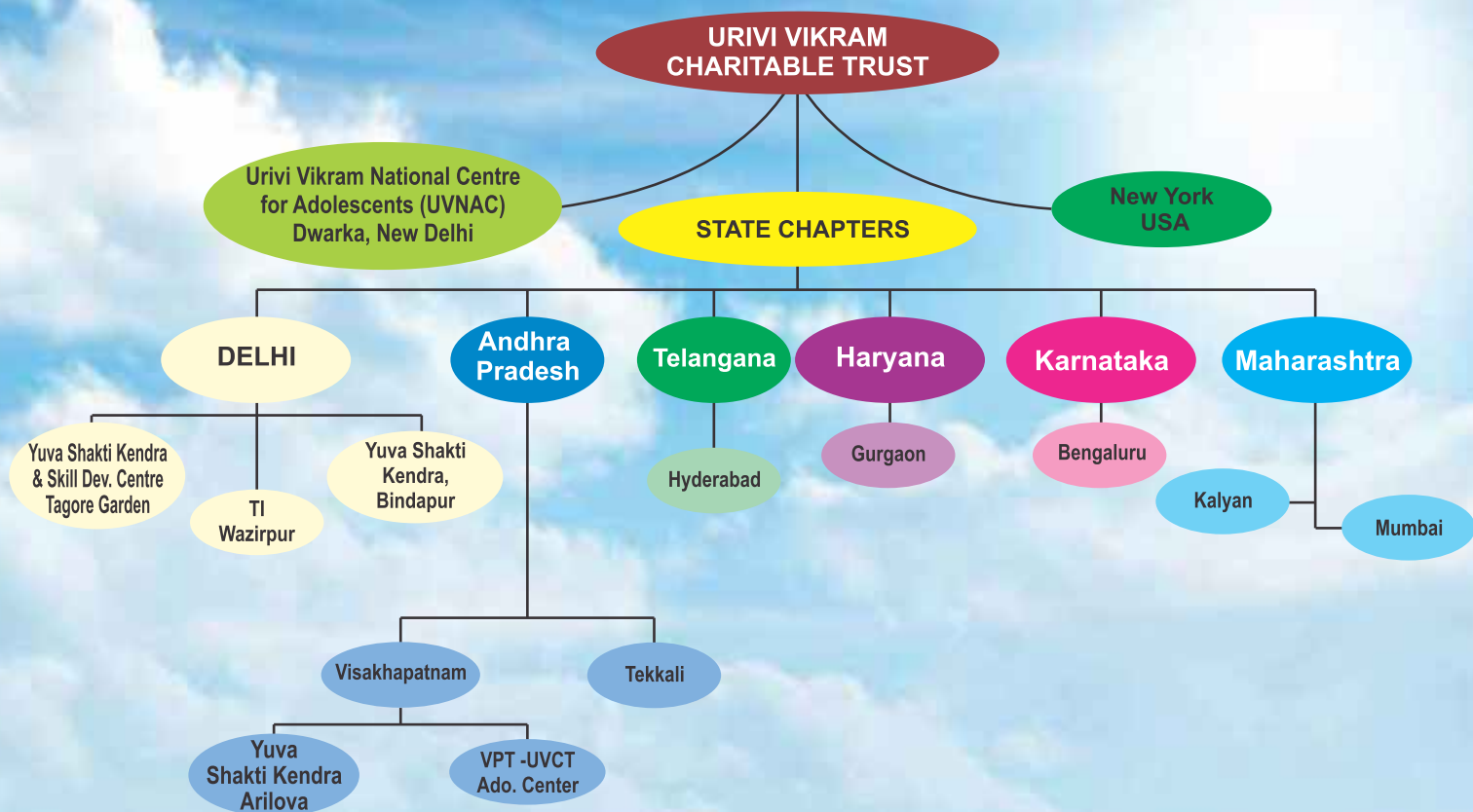
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GAS DIVISION : * Gas Equipments & Cylinders, *LPG, CNG Kits, *City Gas Distributions & Power Plant Gas Based

REAL ESTATE DIVISION : * Commercial & Residential Complex, * Malls, *SEZ (Special Economic Zone)

Organization Profile



Urivi Vikram Charitable Trust (Regd.)
National Hqs: UVNAC Building, PSP-1, HAF -1,
Sector-22 (Near Sai Mandir), Dwarka,
New Delhi - 110077, India
Phones: 011-42807902, 28052822
Email: uvctindia@gmail.com,
crmn.uvct@gmail.com Website: www.uvct.in
Society Reg. No. : S/26392 of 1994

Donations exempted u/s 80 G (5)(vi) of the
income tax Act 1961 vide N- DIT(E)/
2007-2008/u-96/1909 (Director of Income Tax)
Dated- 19th September 2007
Chapters: Andhra Pradesh, Telangana, Delhi,
Haryana, Karnataka, Maharashtra and USA