

*Silver Jubilee  
Publication*



# Urivi Vikram Charitable Trust

*(A National level Non-Governmental Organization)*

## Handholding Youth For Twenty Five Years...

*Visit us at :  
[www.uvct.org](http://www.uvct.org)*

**Annual Report  
2016-17**





## *Activities This Years*







## Founder Chairman's Message



*“ Let us live meaningfully till death really snatches us away ”*

*Dear Friends,*

On the occasion of Silver Jubilee of UVCT, my wife and I wonder how we got so deep into social service. Strangely, we have not owned a house in Delhi, though we have been living here since 1972. It has been our resolve to get back, post-retirement, to our native place and live in our house built way back in 1979 in Visakhapatnam.

Life is complex, but becomes more intricate when unusual things happen like the way we lost our 20-year only son in a road accident. We have taken to 'sublimation' by working for the young people. With the kind cooperation and support from one and all, we managed to bring UVCT to the present level of establishing a National Centre for Adolescents, opening Chapters in six different states as well as in the USA. This expansive mode keeps us fully occupied as to how do we make these numerous Centers fully functional and purposeful. Both funding and man power are the hurdles. However, we are happy that UVCT could make a difference in the lives of more than a lakh of people by linking them to livelihoods.

UVCT's advocacy for a distinct status to the stage of adolescence (age group of 10 to 19 years) and "Shakti: Personality development" for harnessing the enormous energies of drop-outs, push-outs and under-achievers yielded positive results and thereby, won our Trust some recognition. It is heartening to note that the advocacy document of UVCT on theme "Towards a Policy for Young Adults" prompted the then Planning Commission of India coming up with its first-ever "Report on Adolescents" in 2001, while the UN Inter Agencies Working Group (Population and Development) graciously accepted our Shakti programme as "basis" for their international draft model in 2002 on "Life Skills for Health Promotion of out-of-School Adolescents". These appreciations undoubtedly propelled us to strive more for the ultimate good of humanity. We took up on issues such as support needed to adolescents, the future productive population, to make the nation a super power by 2020, through a 3-day National Meet in 2005 on theme "Adolescents: Vision 2020", followed by a National Seminar in 2015 on theme "Demographic dividend: Challenges of Young People in India". Glad we are trying to have shortly yet another National Seminar on theme "Mainstreaming Skills in Education". We have been, thus, trying to be constructive while being critical of the existing plans and policies of the government, in a bid to reduce the hardships for the betterment of young people.

My team including my family has understood me well and whole heartedly supported me. We wish to do more and keep up the Mission for making our young people not only economically productive but also **socially responsible citizens**.

**Dr. UNB Rao**

Phd (IIT), (IPS Retd)  
Founder Chairman

New Delhi, 14<sup>th</sup> September 2017



**URIVI VIKRAM**

(18th Jan. 1970 - 13th Dec. 1990)

A young man with great enthusiasm, novel thoughts and a wide vision, Vikram met with a fatal accident when he was almost 21. An ardent believer in justice and fair play, Vikram had a passionate zeal to usher in a society free of corruption and nepotism. UVCT's mission is to fulfill Vikram's cherished ambitions.





## General Secretary's Message



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### *Dear Well Wishers*

Urivi Vikram Charitable Trust (UVCT), as you are kindly aware, has been working with the mission of empowering young people for the last 25 years, through programmes of psychological counseling, career guidance, life skills education and skill development. UVCT's vision is to find ways and means to transform the ever growing population of India, which seems a "Burden of Population" into an "Asset of Human Resources". All our skill development programmes in Computer Applications, dress designing, Handicrafts, Beauty culture, Typewriting and Stenography, Spoken English, Life skills Training, etc have linkages to livelihoods.

We help acquire a realistic value system in our trainees, which is conducive to the development of a healthy society and to promote the concept of oneness of all religions and love for the homeland. Our guiding principle has been what Sant **GURU GOBIND SINGHji kindly preached: DEH SIVA BAR MOHE EH-HEY SUBH KARMAN TE KABHUNA TARO, NA DARO ARR SEO JAB JAYE LARO NISCHEY KAR APNI JIT KARO.** We believe in participation of every citizen of India in building a strong India, by being productive, shun negativities.

With the able guidance of our Founder and Chairman, Dr UNB Rao, and our dear "Maa", Smt Urivi Chaya, we succeeded during the last 25 years in winning lot of laurels and active support of Central Govt., State Govt. Deptt./Agencies, Banks, and other Institutions & well wishers for our programmes. We are still to improve and reach many more Indians. I most respectfully thank all my colleagues at the UVCT, present and past, for their valuable contributions for fulfilling the Vision and Mission of the UVCT. We are grateful to our team members and the various donors and well wishers.

**Sunil Sarin**  
General Secretary  
UVCT





## About Urivi Vikram Charitable Trust

The Urivi Vikram Charitable Trust (UVCT) is a national level Non-governmental organization, with focus on the social and economic empowerment of young adults (10 to 24 years) since 1991. The Trust rightly visualizes that due care must be given to the stage of 'adolescence' (aged between 10 and 19 years), a period of rapid development and identity crisis in one's growth. It has also been undertaking projects for women empowerment and conducting awareness campaigns on public health, environmental protection and reformation/rehabilitation of delinquents.

It was founded by Dr. UNB Rao and his wife, Mrs. Urivi Chaya, with the support of a few well-wishers, in the fond memory of their only son, Mr. Urivi Vikram, who lost his life at a prime age of 21-22 years, in a fatal road accident in Delhi. The Rao's family tried to reverse the arrow of sorrow that had hit the family unexpectedly, by working for the empowerment of adolescents and young adults.

The thematic areas are psychological counseling, career guidance, life skills education and skill development for these young people. UVCT has made a difference in the lives of more than one lakh people by linking them to livelihood.

**Our Vision:** Transforming India's "Burden of population" into "an Asset of Human Resources" and thereby, help in ensuring better utilization of India's demographic dividend.



**Our Mission:** Finding ways and means to strengthen young people through empowerment rather than control, and bring the drop-outs, under-achievers and children-in-conflict with law, especially from those belonging to marginalized and deprived sections of society back to mainstreams. It is UVCT's mission to help these children to become socially responsible and economically productive citizens of India and the world.

Our key intervening areas are empowerment of drop-outs, underachievers, children in-conflict, and women, as well as spreading awareness to tackle the menace of HIV/AIDS.





## Objectives

1

Develop awareness through seminars, group discussions and camps to help young adults find solutions to their problems- psychological, financial, ethical and social;

2

Help acquire a realistic value system that is conducive to the development of a healthy society and to develop the concept of oneness of all religions and love for the homeland in the youth, by raising their level of consciousness;

3

Develop educational and skill training programs for school dropouts and under-achievers, to enable them to become not only economically productive but also socially responsible citizens of India and the world;

4

Develop counseling Centres for disturbed youths; and to establish rehabilitation Centres for juvenile delinquents to provide both emotional support and skill trainings;

5

Develop skills among the young adults and women, in regard to textiles, handicrafts and other ancillary Industries; and

6

Endeavor to promote equality of status and opportunity, assuring dignity of individual and the unity and integrity of the Nation, services for the hygiene, health and happiness for all the citizens of India.

7

Provide Financial Literacy for Youth and Women in Backward Communities for employment and formal banking related awareness.





## *MILESTONES achieved so far...*

- 25th Sep 2017 - UVCT participation in the first of its kind initiative Better life Prison School at Tihar- The ambitious Programme initiated by Tihar Jail with the support from Airport Authority of India has a Consortium of NGOs bringing various skills to the inmates of Jail No. 5 which has youth who are in conflict with law.
- 5th sep 2017-UVCT the first ever National Centre for Adolescents in India UVNAC (Urivi Vikram National Adolescent Centre), Dwarka has completed a decade (10 yrs). It was inaugurated by Shri Tejendra Khanna, the then Hon'ble Lt Governor of NCT Delhi on 05 September 2007.
- Aug 2017- UVCT was revived with the empanellement by National CSR Hub, under Tata Institute of Social Sciences (TISS), Mumbai, with the proposal for establishing 'Yuva shakti centres' across India in the thematic areas of Adolescents development, Skill building and life skills education.
- Apr 2017-Series of workshops was organized at UVNAC on the topics, "learn to be a good counsellor", "Empowering Adolescents", "life skills education" to orient staff and IGNOU students.
- 3-7 Feb 2017-Representatives of UVCT attended the International Conference on Life Skills Education (ICLSE-2017) held in pune. They shared knowledge and ideas on how the "Life Skills Education" can contribute to achieving Sustainable Development Goals by changing the lives of individuals, communities, and institutions around the globe.
- Dec 2016 - CSR project of Mahanagar Gas Limited(MGL) was undertaken by UVCT, for Educational Empowerment of 3,000 under-privileged students from Government and aided Schools in Kalyan area of Thane District (Maharashtra).
- 27th & 30th Dec 2016 - career guidance and counselling programme organized at Andhra pradesh to make them aware of the different career options available and impart them with few life skills that would help in their personality development. Shri.K.Ramohan Naidu, Member of Parliament visited on the second day. The huge gathering of the students reached 900 to 1400 for the respective days.
- 26th Nov 2016 - "HAPPY" Project (Health Action Program for the progress of youth) in collaboration other 5 NGOS was undertaken in Mumbai with Program support from DESH Foundation (Deepam educational society for health.) & Technical support from Tata Institute of Social Sciences.
- On 12th Nov 2016 - UVCT has signed MOU with Childline for working for the missing children to be part of National Child Protection scheme. Maharashtra, Kalyan Railway station is the base unit from where we are committed to serve the children in the localities.
- Jan 2016 - six fold increase in the strength of the students enrolled for IGNOU programmes at UVNAC study centre reaching to 1559.
- 2nd July 2016 - UVNAC (dwarka) became the DELHI chapter of Indian Association of Life Skill Association (IALSE) during the meeting conducted by its members; it takes the charge of conducting sessions, spreading life skills education & operating functions of administration through its centre.
- 6th Oct 2015 - Support and Training For Empowerment of Women Programme (STEP), a project of the Ministry of Woman and Child Development, was launched by UVCT at Bindapur; first batch (7th oct'15 to 15th apr'16), second batch (18th Apr' 16 to 5th nov16), providing six month training in stitching, tailoring & embroidery courses for the local women was accomplished successfully. It benefitted 150 females of the area as well as provided linkage to their livelihood.
- May 6 2015 - UVCT organized a National Seminar, which was partly supported by the Min. of Health and Family Welfare, Govt. of India, in the India International Centre(IIC), Max Muller Marg, New Delhi- 110 003. The theme of the seminar has been "Demographic Dividend: Challenges for Young People in India".





*"The woods are lovely, dark and deep,  
But I have promises to keep,  
And miles to go before I Sleep."*

*Robert Frost*

- 11th Mar 2015 - IDBI capital - UVCT, Comprehensive Skill Development Programme.
- 18th Jan 2015 - IDBI-UVCT Livelihood Programme for Women and Youth, Thane, Maharashtra.
- 1st April 2014- BHEL-UVCT Adolescent Centre set up in Ramanathapuram - Hyderabad
- Delhi Urban Shelter Improvement Board (DUSIB) made available, on the recommendations of the then local MLA, Shri Mukesh Sharma, a Basti Vikas Kendra in SRS Pocket-4, Bindapur, a rur-urban colony of Uttam nagar constituency in West Delhi.
- 5th Dec 2013: UVCT was assigned by DSACS another TI project in Narela Industrial Zone on HIV/AIDS intervention amongst the migrant community.
- 29th Oct 2013: Dr. Karan Singh Ji, visited UVNAC on the 21st Foundation Day of the Trust
- 29th Apr. to 3rd May 2013: & 6th "Hum Kishore" Festival, sponsored by BHEL. Hon'ble Minister for Women and Child Development, Smt. Krishna Tirath was the Chief Guest.
- 2nd Nov 2012 : Opened new Gender Resource Centre (GRC) at Kapashera and Samalkha by Smt. Sheila Dikshit, Chief Minister of Delhi.
- Apr 2012- The International Academy Students Association, Michigan applauded the services of UVCT by making a cash donation of US\$ 4500
- Jan 2011 UVCT joined hands with two International NGOs viz. Safe kids for promoting pedestrian safety, and Youth-Reach for building linkages with livelihoods.
- Jan 2011-UVCT was assigned by DSACS the first project (TI) on prevention and spreading awareness on HIV AIDS amongst migrant population Wazirpur Industrial Area, Delhi.
- Apr-2011 Launched 100 out-reach programs and a series of Workshops for parents, students and teachers, sponsored by the National Children Fund, Ministry of Women and Child Development GOI.
- 14-16th Sept 2010-UVCT, represented by the Chairman o attended International Conference organized by Cents International, Washington DC and net-worked with a number of International organizations.
- 28th April 2009- UVCT USA chapter was launched in New York, followed by net working with adolescent-centric organizations in USA. Japan and Australia.
- 9th Sept 2008- Dr. A.P.J. Abdul Kalam, former President of India graced the 17th Foundation Day Celebrations and inaugurated SAIL's Seminar room at National Centre for Adolescents.
- 15-18th Jan 2008- First-ever Hum Kishore Festival was launched by UVCT with Rolling Trophies in 14 events of competitions such as Dance, Song, Essay Writing, Debates etc.
- 5th Sept 2007- Urivi Vikram National Centre for Adolescents (UVNAC) was inaugurated by Shri Tejendra Khanna, Lt. Governor of Delhi.
- 27 -29th July 2005- Second National Seminar on 'Adolescents: Vision 2020' was held by UVCT in New Delhi with 15 other organizers as partners in action and participated by about 500 adolescents drawn from different parts of the country and involving about 60 Adolescents' Experts. Dr. Karam Singh, Dr. Singh Verma and Shri M.V. Rajshekharan, the then Minister of Planning, Government of India graced the occasion.
- 4th Mar 2005- Foundation Stone for building the National Centre for Adolescents was laid in Sector 22, Dwarka, New Delhi by Mrs. Shiela Dixit. Chief Minister, Delhi.





*"Start where you are.  
Use what you have.  
Do what you can."*

*Arthur Ashe*

- 17th Sept 2002- UVCT held Regional meet for "National Policy on Adolescents", in collaboration with the Commonwealth Association of Media Persons. Shri K.C.Pant, the then Dy. Chairman, Planning Commission and Shri Vikram Verma, the then Minister of Youth Affairs and Sports were the Chief Guests.
- Aug 2002- UVCT's Founder Chairman Dr. U.N.B.Rao received Ph.D. from IIT, Delhi on theme 'Proactive Policing Approach and Attitudes of Adolescent Students'.
- 1st Aug 2002- Life Skill Modules were brought out by UNIAWG, wherein it was specifically acknowledged that WCT's Shakti Program formed the basis for IAWG proto-type program on developing Life Skills modules for School drop-outs and out-of-school Adolescents.
- 1st June 2001: UVCT's contribution in Life Skill Education, Counseling and work of adolescents were duly appreciated and included in the Report of the Working group of Adolescents (for the 10th Five Year Plan (2002-2007)).
- 22nd Jan 2001- The Planning Commission of India set up the first ever Working Group on Adolescents, prompted by UVCT's advocacy document; UVCT was included in the Working Group and Drafting Committee.
- 5th Oct 1999- Dr. Michael Vloss of, the then UNFPA Chief in India, visited the Trust and appreciated the efficacy of 'Shakti' Program, and sought to get it studied by UN Inter Agency Working Group on Population & Development.
- 22-24 July 1999- First National Meet on theme 'Policy for Young Adults' was held, Shri T.N.Sheshan, former Chief Election Commissioner of India and Dr. Karan Singh, as the Chief Guest. It was attended by 300 young adults, about 50 experts and 40 Govt. representatives.
- 13- 14 Feb 1999- UVCT's Mumbai Chapter was launched.
- 25th Dec 1995- Shakti Children participated in All India Rajiv Gandhi Festival and bagged All India Team championship in Arms Wrestling, were honored by Smt. Sonia Gandhi.
- 3rd Oct 1995- Launch of Project 'Shakti' to mainstream school drop-outs and under achievers, by Shri Madan Lal Khurana, Chief Minister, GNCT, New Delhi. 18th July. 1993- 'Prerana' a developmental project on Counseling and Career guidance was launched
- 12th Dec 1991- Urivi Vikram Charitable Trust was established on the first 'Barsi' (death anniversary) of Vikram.

**Sadbhavana Divas (Celebrations of Vikram's Birthday):** On the occasion of Vikram's birth-day, some of the beneficiaries of UVCT paid floral tribute at his 'Samadhi' in Green Park. A 3-Day Akhand Path, a tradition set by Vikram's 'grand father' and a Founder Trustee of UVCT late Sardar Ajit Singh Cheema, was organized at Tagore Garden from 16 to 18 January, 2013.







## Organisational Strengths

- i. Community service for over 24 years, with no blemish, in different parts of the country through Government Schemes, UN Organisations, PSUs and individual donors;
- ii. Empanelled by National CSR Hub, Ministry of Heavy Industry, GOI, in the area of Adolescent Skill Development (revised this year);
- iii. Well established infrastructure and expertise in field operations;
- iv. Established the first ever National Centre for Adolescents in New Delhi with the support of Government and a number of PSUs such as SAIL, Power Grid, Indian Oil, NTPC, BHEL, Jindal Steel, Punjab National Bank, Oriental Bank and Allahabad Bank;
- v. Approved by the Ministry of Finance, GOI, u/s 35 AC of income Tax Act, for availing 100% tax exemption on contributions received by the Trust, vide No. 52/2011 F.No. V 27015/2/2011;
- vi. Authorised to receive foreign contributions vide FCRA Regn. No. 231650755.

### UVCT's Motto

*To find ways and means to transform India's "Burden of Population" into an "Asset of Human Resources". Also believes in promoting not only economically productive but socially responsible citizens.*

Career Melas for the benefit of young people and their parents/teachers; made difference in the lives of more than a lakh of young people during the last 22 years;

- (ii) Since Oct 1995, through Project Shakti, extending personality development and life skills (thinking, social and negotiating skills), especially to school dropouts and under achievers, to enable them to find their own strengths and evolve themselves into productive citizens. The program proved such a great success that the UN Inter Agencies Working Group (Population & Development) accepted (July 2003) Shakti programme as the basis for the UN program on 'Life Skills for Health Promotion of out-of-school adolescents'. The program has since become a Plan Scheme of the Government of India, and an international initiative for mainstreaming school dropouts and under achievers;

(iii) Advocated and succeeded in obtaining a distinct status for ADOLESCENTS (aged 10 to 19 yrs) in the policy framework of the Govt. of India.

- a. The Trust held a National Meet way back in July 1999, on the theme 'Towards a Policy for Young Adults', the outcome of which prompted the Planning Commission of India in constituting the first ever Working Group, including the Trust as a Member, that brought out a 'Report on Adolescents (June 2001).
- b. UVCT held yet another National Meet in July 2005 on theme 'Adolescents : Vision

## Notable Accomplishments:

- (i) Highlighted the importance of psychological counseling and career guidance for the empowerment and young people; held a series of adolescent - centric Workshops, Seminars,





2020' and drew the attention of the policy makers to the challenges being faced by and opportunities available for the adolescents, in our endeavors to make India a Super Power by year 2020.

- c. UVCT established the first ever 'National Centre for Adolescents', in September 2007 in Dwarka, New Delhi. The Centre has become a happening place, with Dr APJ Abdul Kalam, Hon'ble Former President of India also paying a visit on 09 Oct 2008 and interacting with adolescents. The other notable visitors have been Sh Shiv Raj Patil, Governor of Punjab; and Dr Karan Singh, a Statesman and eminent educationist.'
- d. Latest effort in this direction is organizing a National Seminar in New Delhi on 5th May 2015, on the theme "Demographic Dividend: Challenges of Young People in India", in order to strengthen the processes for national development.

## Activities done in Project mode (Projects with budget outlays of Rs 5 lakhs and above):

- (i) **Vocational Training** in various marketable skills, with linkages to livelihood. It helped more than 50,000 young adults, especially women from marginalized sections of society. Projects undertaken in Delhi, Maharashtra and Andhra Pradesh with the support of Govt of India; UNFPA; Central Bank of India; IDBI Bank Ltd; IDBI Capital Services Ltd;
- (ii) **Target Intervention** Centers (HIV/AIDS) for Migrant workers in industrial areas of Wazirpur (continuing since 2011) under DSACS, GNCT of Delhi;
- (iii) **Empowerment of Government school children** in rural areas of Delhi and Haryana, with the support of National Children Fund and Jindal Foundation grants;

- (iv) **Establishment of two Adolescent Centers** - one in collaboration with BHEL, Hyderabad (2014-15) and the other in collaboration with Visakha Port Trust (functional since Feb, 2016); TISS has since accepted one format for Adolescent centres as model and placed it on their Proposal Bank.
- (v) **Two Projects in Delhi to bring the delinquent children** into the mainstream through 'Life Skills Education' education and skill up-gradation, with the support of Govt of Delhi (2007-08) and Delhi High Court (2015);
- (vi) **Adolescent Development Programmes** under NPYAD Scheme, etc of Min of Youth Affairs and Sports, GOI (since 1994 and continuing);
- (vii) **STEP programme for women empowerment** in Bindapur, Delhi, under Min of Women and Child, GOI (2016-17)
- (viii) **Child Line service** was started at Mumbai centre in association with Child Line Foundation. It is an on call (24x7) support line. The functions of the collaborative organisation include receiving calls from children/adults dialling 1098, responding to the calls and long term follow-up of calls received.
- (ix) Under **CSR project of Mahanagar Gas Limited (MGL)** in collaboration with UVCT, Educational Empowerment of 3,000 under-privileged students from 10 Government and aided Schools in Kalyan area of Thane District (Maharashtra) was conducted through various activities including Orientation to the Heads and Promoters of all 10 schools, Orientation to teachers, Orientation to Parents, general orientation to students of 8th to 10/12th





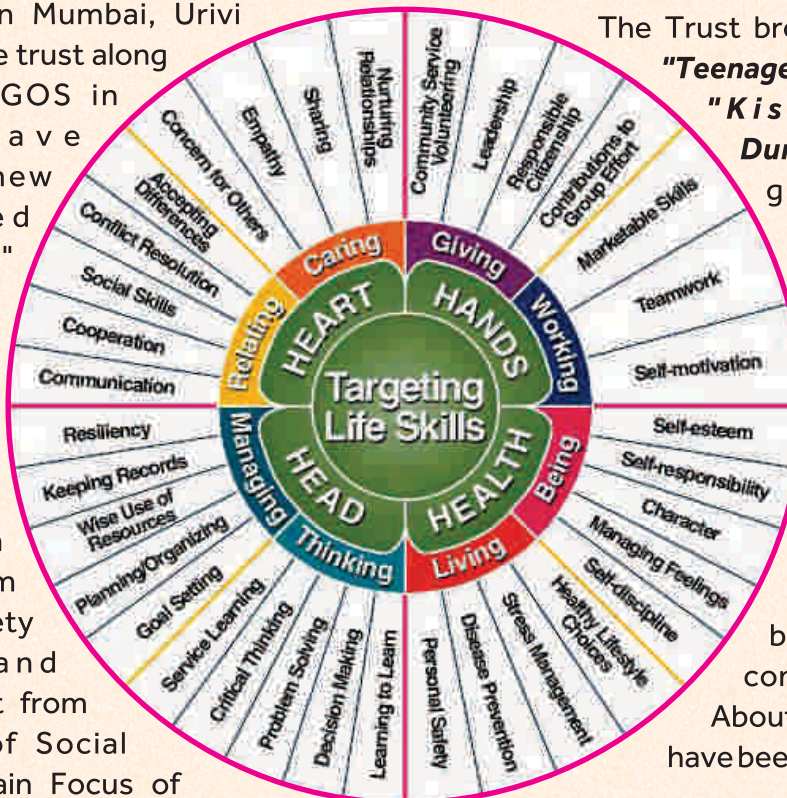
classes-one for each school, Individual counseling for about 200 students, competitions in painting, essay and debate competitions. In appreciation, a similar project covering 30 schools in North-East Mumbai is under favourable consideration of MGL.

- (x) **HAPPY Project** in Mumbai, Urivi Vikram Charitable trust along with other 5 NGOS in Mumbai have undertaken a new project titled "HAPPY Project" (Health Action Program for the progress of youth) with Program support from DESH Foundation (Deepam educational society for health.) and Technical support from Tata Institute of Social Sciences. The Main Focus of Happy Project is promoting healthy lifestyle practice, Reducing and preventing the health risks among school going (6th to 12th class) adolescence youths. UVCT educate children in schools covering seven thematic areas that are (Health and Hygiene, Mental Health, substance abuse, life skills, injuries and violence, communicable and non communicable disease, sexual and reproductive health).

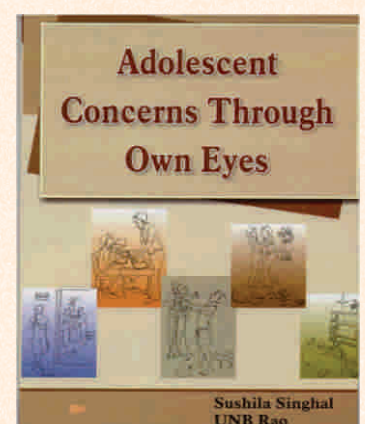
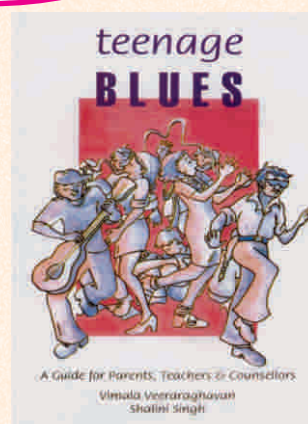
- (xi) UVCT is undertaking **Life Skills Education** training of inmates (between 18-21yrs old) at Tihar Jail under its initiative- Prison School. (2017)

- **Ummeed:** Launched in October 2007, the project provides financial assistance in the form of school/college fees, books & stationery and other required support to those students who are academically brilliant, but economically poor.

## PUBLICATIONS



The Trust brought out books/ titled "**Teenage Blues**" (in English) and "**Kishoron Key Komal Duniya**" (in Hindi) for the guidance of Parents, Teachers and Counselors to have a proper understanding of teenagers and their actions. Another publication of the Trust is "**Adolescent Concerns through Own Eyes**" which gives an insight into the behavior, needs & concerns of adolescents. About 60 Career Pamphlets have been published.







## Highlights of the Year (2016-17)

### Programme for LIFE SKILLS Education (LSE) received a boost

**UVCT** since Oct 1995, through Project '**Shakti**' extending personality development and life skills (thinking, social and negotiating skills), especially to school dropouts and under achievers, to enable them to find their own strengths and evolve themselves into productive citizens. The program proved such a great success that the **UN Inter Agencies Working Group(Population & Development) accepted(July 2003) Shakti programme as the basis for the UN program on 'Life Skills for Health Promotion of out-of-school adolescents'**. The program has since become a Plan Scheme of the Government of India, and an international initiative for mainstreaming school dropouts and under achievers.

Representatives of **UVCT attended the International Conference on Life Skills Education (ICLSE-2017)** held from 3-5 february in pune. It was the perfect opportunity to share knowledge and ideas on how the "Life Skills Education" can contribute to achieving Sustainable Development Goals by changing the lives of individuals, communities, and institutions around the globe. The three day international conference was jointly organized by Indian Association of Life Skills Education (IALSE) and Rayat Shikshan Sanstha's (RSS), S. M. Joshi College, Hadapsar, Pune. It was followed by Inaugural Session, Thematic Session, Organized Symposia, Panel Discussion, Poster Presentations and Valedictory Session.

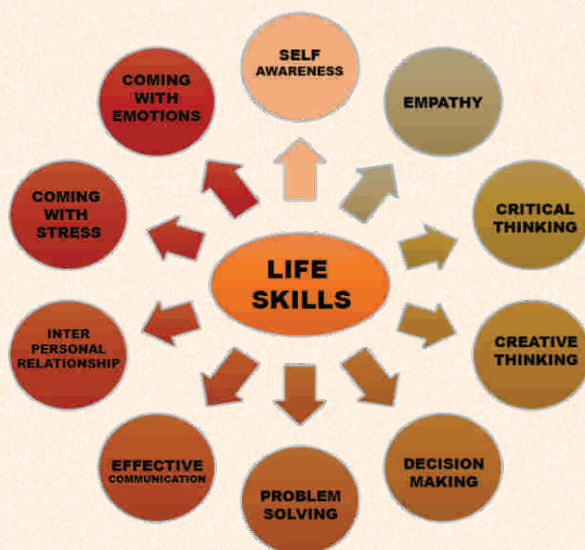
**UVNAC is a DELHI chapter of Indian Association of Life Skill Association (IALSE) since 2016.** In this regard, third meeting of its members was held at Headcentre (Dwarka) on 2nd july,2016. It was attended by Ms Asheema (Secretary), Ms Sunita (Joint Secretary), Mr. Sudhir (Member), Ms Piyali (Member), alongwith President Dr UNB Rao and other staff of UVCT.

### WORKSHOP on Life skills (22-24 April, 2016)

A three days workshop was conducted at Delhi Chapter of IALSE, Dwarka. It was the first such workshop conducted by UVCT under the theme of "Life Skills Education", as an orientation programme on life skills. The Main focus of the workshop was to empower youth to make them competent for facing the challenges of modern world, enable them to realize their potential, identify a career of their choice, achieve the goal and lead a happy life.

Learners were provided with the training materials, expert guidance, certificates and lunch during the workshop.

The Course Coordinators were Dr. Gurvinder Ahluwalia, Ms. Sunita Pourush.







## *"HAPPY"* *Project Launched in Mumbai*

### *About HAPPY Project*

Urivi Vikram Charitable Trust along with other 5 NGOs in Mumbai have undertaken a new project titled "HAPPY Project" (Health Action Program for the Progress of Youth) from November 2016. It has begun with Program support from DESH Foundation (Deepam Educational Society for Health.) and Technical support from Tata Institute of Social Sciences.

The Main Focus of Happy Project is promoting healthy lifestyle practice, Reducing and preventing the health risks among school going (6th to 12th class) adolescence youths. The project has been designed to capacitate special teachers and peer educators to be identified from schools and to deal with the issue of drug abuse, substance misuse with the training/technical support from UVCT & DESH foundation without disturbing the school curriculum & school schedule.



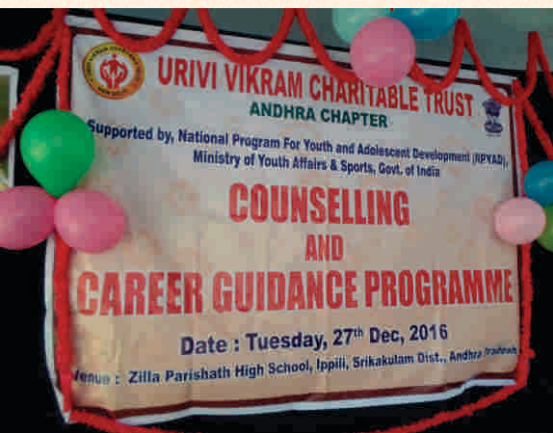
#### **UVCT**

**educates children in schools covering seven thematic areas that are (Health and Hygiene, Mental Health, substance abuse, life skills, injuries and violence, communicable and non communicable disease, sexual and reproductive health).**





## Career Mela Organized in Andhra Pradesh



**Counseling and Career Guidance Program was organized on 27th of Dec-2016** in ZP high School, Ippili Village, Srikakulam Dist., A.P. The main objectives of the program were to create awareness about various career options available, gender related issues and also to supplement them with little studying and Memory techniques.

On first day, the program was for High School Students of Ippili and other nearby school students i.e. Peddaganagapalli, Killipalem and Oppangi. The program was to make them aware of the different career options available and impart them with few life skills that would help in their personality development. Around 900 students participated.

Dr.U.N.B.Rao Ph.D, IPS Retd. (Founder & Chairman UVCT), Shri. P.Rajanikanantha Rao, JC-II, SKLM, Shri.V.S. Subba Rao, Dy.DEO, SKLM, Shri. B.Prabhakar Rao, Diet, Principal, Shri.Penta Rao, DSP, School HM S.Tejeswara Rao, MPTC member I.Nageswara Rao, Village Sarpanch L.Kanaka Mahalaxmi, other representatives and staff attended. It started off with inauguration of stage building in the memory of Kanugula Venkataramamna and lightening the lamp.

**On 30th the program was for Govt. High School Students of Ponduru.** The program was to make them aware of the different career options available and impart them with few life skills that would help in their personality development.

Around 1,400 students participated. Shri. K. Ramohan Naidu, Member of Parliament, SKLM, Shri. Devananda Reddy, DEO, Sklm, Shri.V.S. Subba Rao, Dy.DEO, School HM cum MEO Shri.E.Govinda Rao, ZPTC member L.Sreeramula Naidu, Gudla Mohan, other representatives and staff attended.



Chief Guest Sri.P.Rajinikantha Rao, JC-II, Sklm, addressing to the audience, beside Dr.Rao presiding over the inaugural session





*Talk by MR. K.Rammohan Naidu, Member of Parliament, in Srikakulam*



*The huge number of participants addressed during the session*



## Childline services started in Kalyan, Maharashtra

UVCT has signed MOU with CHILDLINE (1098) working for the missing children to be part of National Child Protection scheme. Maharashtra, Kalyan Railway station is the base unit from where we are committed to serve the children in the localities.

It is the phone-receiving centre by 24x7. The functions of the collaborative organisation include receiving calls from children/adults dialling 1098, responding to the calls and long term follow-up of calls received.



*Pamphlet distribution at kalyan Platform under Childline Project.*

Additionally, the collaborative organisations are responsible for awareness, training, research and documentation. - Proven capacity to network with other government (Juvenile Welfare Board, Police and Health Systems) and non-government organizations. Organisations ability to deal with crisis situations - Programmes and activities of the organisations should include medical facilities (preferably a health van), 24-hour shelter, legal aid, counselling etc.

Professional capacity and motivation of the team members.



Since joining UVCT 1st May 2012 to till date, has given me an opportunity and platform to practice of my specialized subject of family and child welfare of MSW through Life Skill Education program along with vocational training in urban slum of Bhiwandi and Kalyan, Thane.

I have received "Best Employee of the Year 2014-15." for successful completion of CSR project.

Since 1st December 16 having huge experience with Child line on Kalyan railway station for the concern of care and protection of children as per JJ act

**Rekha Dhasade** (Project Officer)  
Kalyan Centre, Maharashtra





UVNAC

*"Urivi Vikram National Adolescents Centre"  
Dwarka, New Delhi*

In 2007, the Urivi Vikram Charitable Trust (UVCT) established the Urivi Vikram National Centre of Adolescents (UVNAC) at Dwarka, New Delhi, to carry forward its mission to champion the concerns of the adolescents. This is the India's first Adolescents centre where Psychological support, Career Guidance, and life skill training is provided to the India's future population. UVNAC is also the National Operation office from where the activities of all the six chapters of UVCT are taken care.

## ADVOCACY

UVCT has been actively engaged in advocating for the issues of adolescents since its beginning, be it a ***national meet "towards policy for young adults" held in 1999***, which resulted to a report on adolescents (2001) by planning commission; another ***National Meet was held in July 2005 on theme 'Adolescents: Vision 2020'*** in order to draw the attention of the policy makers and relevant segments of the society about the challenges being faced by and opportunities available for the adolescents; another ***National Seminar on 'Demographic Dividend: Challenges of Young People in India'*** was



Outside view of the UVNAC

held on 6th May 2015 at India International Centre, New Delhi.

***On the occasion of silver jubilee celebrations*** of the organisation, UVCT is planning to organize a ***national consultation meet on the theme "Mainstreaming skills in education"***, the objective behind this is to bring the shareholders of education sector, skill development, vocational educators, life skills facilitator together to discuss the issues of unskilled and unemployed youth. Also, the aim is to discuss the challenges falling in the path of providing vocational skills, life skills and vocational education at school and university level.



## IGNOU Study Centre

Massive increase in the strength of IGNOU students at UVCT study centre.

UVNAC is the study centre for IGNOU courses like social work, psychology, counseling and family therapy, guidance, NGO management and various other courses in bachelors, masters, certificates, post graduate diploma; year after year there is a huge increase in the number of students enrolling and passing out the courses from this study centre.

IGNOU study center was started in 2010 at UVNAC, Dwarka with just 250 learners. UVCT takes pride in its academic services and other facilities, which prompted a 5-fold increase in learners, totalling to 1415 in 2016-17.



*Students interacting during an induction programme of July 2016*

Now, MA (Psychology) has 523 learners and BSW / MSW has about 476 learners. These two are the most popular courses of the Study Center.

A total of around 310 learners entered into BA (Psy) courses. A number of workshops and the interactive sessions are held in UVNAC, over and above their curriculum, to improve their knowledge base. A course wise breakup is given below.





## Courses :

1. BSW: Bachelors in Social Work
2. BAPC: Bachelors in Psychology
3. MSW: Masters in Social Work
4. MAPC: Masters in Psychology
5. CIG: Certificate In Guidance
6. CNM: Certificate in NGO Management
7. MSCCFT: Master of Science in Counseling and Family Therapy
8. PGDSWT: Post Graduation Diploma in Social Work among the Tribals
9. PGDCFT: Post Graduation Diploma in Counseling and Family Therapy

S No .	July 2016				January 2017			
	(NEW ADMISSION & RE REGISTRATION )				(NEW ADMISSION & RE-REGISTRATION)			
	PROGRA M	ENGLISH	HINDI	TOTAL STUDENTS	PROGRA M	ENGLISH	HINDI	TOTAL
1	B.A 1 <sup>st</sup> Year	69	7	76	B.A 1 <sup>st</sup> Year	36	6	42
2	B.A 2 <sup>nd</sup> Year	39	42	81	B.A 2 <sup>nd</sup> Year	25	28	53
3	B.A 3 <sup>rd</sup> Year	34	9	43	B.A 3 <sup>rd</sup> Year	14	0	14
4	BSW 1 <sup>st</sup> Year	26	53	79	BSW 1 <sup>st</sup> Year	21	22	43
5	BSW 2 <sup>nd</sup> Year	19	35	54	BSW 2 <sup>nd</sup> Year	4	13	17
6	BSW 3 <sup>rd</sup> Year	13	29	42	BSW 3 <sup>rd</sup> Year	5	19	24
7	MAPC 1 <sup>st</sup> Year	202	0	202	MAPC 1 <sup>st</sup> Year	103	0	103
8	MAPC 2 <sup>nd</sup> Year	133	0	133	MAPC 2 <sup>nd</sup> Year	85	0	85
9	MSW 1 <sup>st</sup> Year	41	49	90	MSW 1 <sup>st</sup> Year	9	28	37
10	MSW 2 <sup>nd</sup> Year	10	36	46	MSW 2 <sup>nd</sup> Year	16	28	44
11	MSCFT 1 <sup>st</sup> Year	24	0	24	MSCFT 1 <sup>st</sup> Year	0	0	0
12	MSCFT 2 <sup>nd</sup> Year	9	0	9	MSCFT 2 <sup>nd</sup> Year	0	0	0
13	PGDCFT	7	0	7	PGDCFT	0	0	0
14	PGDSWT	0	0	0	PGDSWT	0	0	0
15	CIG	11	0	11	CIG	0	0	0



## *Tagore Garden Centre New Delhi.*

### **ACTIVITIES During the year:-**

Around 1100 people took admissions at Tagore garden Centre in various Programmes like Beauty culture, Dress making, Computer course, Stenography, English during the year 2016-17, including the students from schools who come

during their school summer vacations to take part in various programmes and activities of the centre.

Below are some of the images of the students during the classes of various vocational courses at Tagore garden centre.

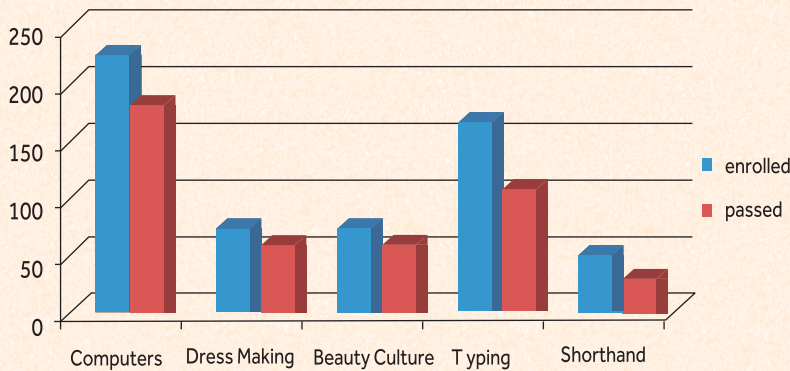




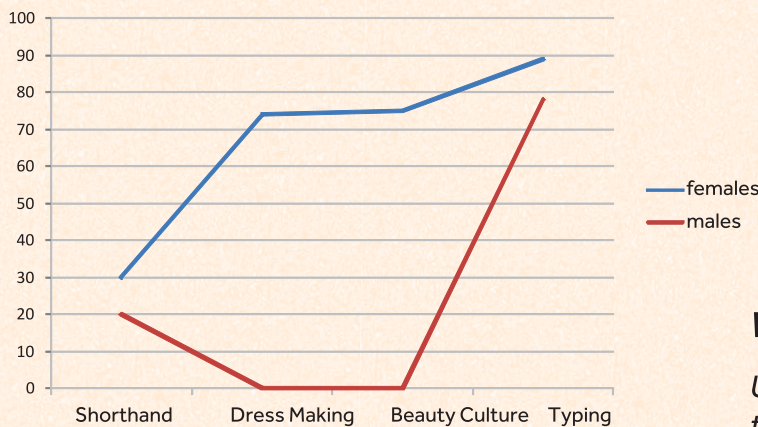


About 20 students completed the IDBI course in June 2016. Cultural programme was also a part of this function, in which beauty culture, cutting and tailoring students also participated.

**Numbers of students enrolled and passed out in different courses at the centre**



**Gender wise distribution of students in various courses**



### IDBI Course

Programmes held during the year include function of IDBI course which was held on 8th November, 2016.

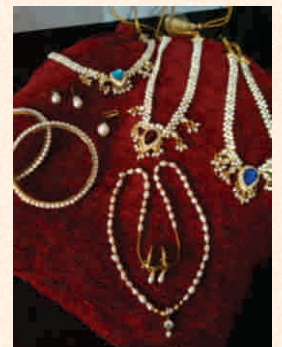


### With CANARA Bank

UVCT with the collaboration of CANARA bank the training programme on soap making was held in July. About 50 students participated from different courses, certificates and refreshments were also distributed to them.

There was a jewellery making program held on 27 february 2017 with the collaboration of Canara bank. In this training programme almost 50 students participated

Around 900 students completed different courses this year.







*Bharat, the student from tagore garden centre receiving first prize in debate competition held at vishwa yuvak kendra*

**Youth festival** was organized by Vishwa Yuwak Kendra on 11th and 12th Jan 2017, in which five girls participated in rajsthani folk dance and one student from the centre gave speech on demonetization and got **first prize trophy**. His name is **Bharat Lal**, he is a student in the computer programme at the centre. Main activities in this programme were public speaking, drawing competition, flower pot painting and cultural performances. The objective of this programme was to provide a platform and opportunity for the youth from disadvantaged sections of the society to express and exhibit their talent.

## Bindapur Centre

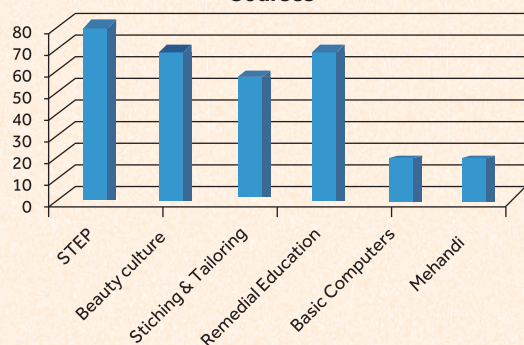
Bindapur centre of UVCT has been working since 2013 for the empowerment of underprivileged youth and women. Bindapur is a densely populated area of West Delhi with low income families and unemployed women.

UVCT is into changing the lives of women in the locality through various programmes. STEP programme (a Scheme of Min of Women and Child Development, Govt. of India) in Stitching, Tailoring and Embroidery has



Job training programme for girls from government schools on subjects such as beauty culture, dress making, computer, stenography etc is conducted every year, 5 girls schools students out of 100 are being trained free of cost by UVCT.

**Students enrolled at Bindapur Centre into various Courses**



■ No. of students enrolled during the period (April 2016-Mar 2017)





been a major activity in the Centre, which offered a 6-month intensive course with linkages to livelihood to about 140 women of the area. It was a programme conducted under the care of a NIFT qualified senior trainer and thus, its standards have been kept high.

Additionally, another 250 beneficiaries attended the under mentioned courses and found their way ahead for success in life.

- ❖ Beauty Culture
- ❖ English speaking
- ❖ Stitching and Tailoring (Basic)
- ❖ Remedial classes (underprivileged children from the area are supported by remedial classes in the centre)
- ❖ Computers (Basic) ❖ Mehendi

### STEP-2 (April - Nov 2016)

Support and Training For Empowerment of Women Programme (STEP)

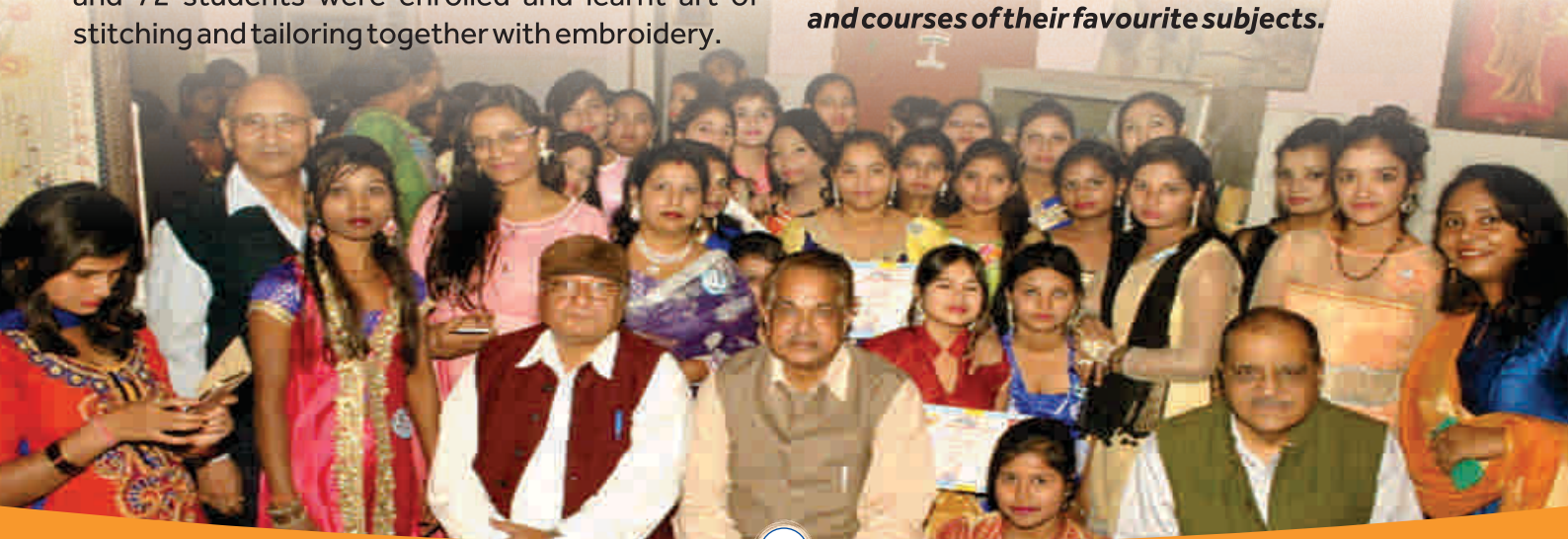
STEP programme, a project of the Ministry of Woman and Child Development, was the major programme of the centre launched on 6th Oct 2015. The duration of first batch was six months and 72 students were enrolled and learnt art of stitching and tailoring together with embroidery.

Students are provided midday meals and travel allowance as part of programme. Tailoring tools and materials also provided to relieve them from their financial problems. The project aims at women empowerment through entrepreneurship and self employment. The intention of the programme is to help women in supplementing their family incomes.

Second batch of STEP PROGRAM (from 18th April 2016 to 5 November 2016) by UVCT Bindapur was completed successfully, that is indeed another feather in the cap of achievement for UVCT. The impact created by STEP PROGRAM in the lives of the local woman of Bindapur is very praiseworthy as it for bringing the change in the livelihoods of 70 woman beneficiaries. The women who were a part of the STEP program mainly belonged to the neighbourhood of Bindapur village & surrounding areas such as Mayapuri, Sitapuri, Chanakya Market, Mahavir enclave etc. There are a few women from Palam village also.

The first batch of STEP at Bindapur Centre of UVCT completed on April 15 2016 with a valedictory function and Second batch was commenced from 18th April '16 to 5th November 2016 with distribution of certificates to around 150 students.

***After the completion of the course many students have started their own boutiques, some have started working in fashion designing industry, whereas few have chosen to pursue further studies and courses of their favourite subjects.***





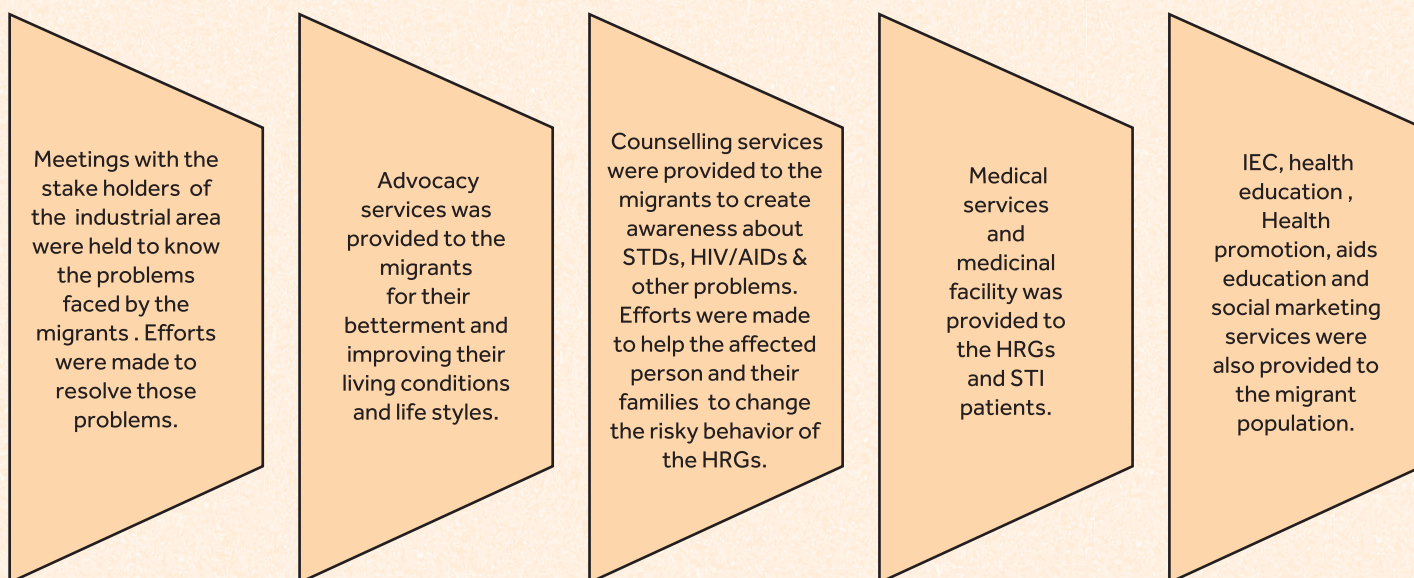


## Target Intervention (Wazirpur) Delhi

**Targed Intervention Center of UVCT is located in Wazirpur industrial area,** North West district of Delhi, which aims to help the migrants population living in that area. People living away from families and belonging to different states constitute High Risk Group (HRG). ICTC services, Health camps, awareness programees, outreach programmes, registration of hrgs, and condom promotions are some activities which are conducted to reach out the target population.

Community Mobilization activities play a vital role in mobilizing people and integrating them with the program. Accordingly, many such activities were planned which helped our effort to engage the community positively. While planning these activities we always ensured participation concurrence of the various stake holders, Labour contractors, local leaders etc. Their involvement and presence instilled confidence in the community facilitating fulfillment of the objectives of the project.

### Activities conducted this year:



### Performance indicator:-

Total number of HRGs(High Risk Groups) migrants registered	14721
HRG migrant found positive for HIV this year	11
HRG migrants accessed clinical services	5584
Congregation point of migrant covered	32
Social marketing condom outlets established	50
Street theaters conducted	24
Health camps conducted	293
ICTC target conducted	2662





*Delhi Government  
empanelled the Trust for conducting  
Targeted Intervention (TI) program under  
the aegis of Delhi State Aids Control Society (DSACS),  
Since - 2011*



In the Images above, TI (Wazirpur) team in the field conducting Street plays, Health camps, Group sessions and Review meetings.



## Kalyan Center, Maharashtra



### A. Vocational Trainings along with Life Skill Education

One day to 6 months training courses were conducted in the fields of Sewing (Stitching & Tailoring), Beauty care, Jewellery making, Mehendi art and Rangoli making. Around 80 students were trained in these Vocational courses along with imparting life skills education to them. Trainers included Ms. Afrin Shaikh, Ms. Jyoti Jadhav, Ms. Jayshree More, Ms. Minakshi Jadhav, Ms. Reshma Nande.



(Above) Girls sketching during Vocational training  
(Bottom) Mehendi Arts by the students.

### B. MGL-CSR Project:

This is a Project of UVCT with CSR sponsorship of Mahanagar Gas Limited (MGL).

UVCT conducted a baseline survey with the primary objective to assess the needs and current gaps (if any) of schools in Kalyan (Maharashtra) with respect to a comprehensive range of parameters and perspectives in order to recommend remedial measures to impart guidance, mentoring and overall skills/values to students and reduce incidence of drop out. Municipal and government schools (aided and unaided) in Kalyan city are the main targets.

With the aim of Educational Empowerment of 3,000 under-privileged students from 10 Government and aided Schools in Kalyan area of Thane District (Maharashtra), We undertook various activities as follow:

- ❖ Orientation to the Heads and Promoters of all 10 schools.
- ❖ Orientation to teachers.
- ❖ Orientation to Parents.
- ❖ General orientation to students of 8<sup>th</sup> to 12<sup>th</sup> classes - one for each school.
- ❖ Individual counseling for about 200 students.
- ❖ Competitions in painting, essay and debate competitions.
- ❖ Remedial Education: Part-time teachers for taking up remedial classes in all 10 schools, three teachers ( esp. for science, English, and mathematics).
- ❖ Symbolic support for basic infra-structural needs of the 10 selected schools, such as blackboards, fans, drinking water, sanitation, etc.
- ❖ Baseline survey for selection of schools.





Prize distribution for drawing and essay competition under MGL Project at Prabodhankar Thakre School, Samyak High School, Gayatri High School & Dynamandir High School

### Awareness Activities Conducted during the year:

**Community mobilization for vocational training and Life skill Education at Bhiwandi and Kalyan.**



**Orientation on marketing business for women empowerment.**



**Awareness Rally on HIV/AIDS on world AIDS day in collaboration with NSS and NCC students of Pendharkar Collage, Dombivali, Kalyan.**



**Prepared pre-visit at community of Childline India Foundation for Childline Project.**



**Conducted Interviews for staffs' selection for sanctioned Childline project for Kalyan Railway.**





*"Keep your eyes on the stars,  
and your feet on the ground."  
Theodore Roosevelt*



**Conducted Interviews for staffs' selection for sanctioned Childline project for Kalyan Railway.**



**Conducted School Baseline survey for 73 schools of kalyan Dombivali Municipal schools aided and unaided for MGL CSR project for Kalyan.**



**Prepared pre-visit at community of Mahanagar Gas Limited (MGL) for MGL-CSR Project.**



It is heartening to know that UVCT is publishing a brochure on the occasion of its silver jubilee celebrations. It is an honor for all of us having associated with this noble organization, which has been bringing up many adolescents who were unable to find away to settle in life. The school dropouts, direction less children and parents with lack

of knowledge in mending their children in correct direction by understanding them have been counselled and put on right path by UVCT. under the chairman ship of Dr.U.N.B. Rao, IPS (Retd.) Founder & Chairman.

We at UVCT Andhra Pradesh chapter have been conducting many activities in our centers at Arilova, Saligramapuram, in Visakhapatnam district and Tekkali in Srikakulam district. Such as life skills education on outreach programme in

schools, career guidance and career counseling for adolescents and parents. Also conducted career mela programmes in Saligramapuram VPT quarters, Ponduru and Ippili areas of Srikakulam district of north Andhra Pradesh. These programmes to so many adolescents' children and parents have benefitted in their career. Andhra Pradesh chapter is also conducting vocational training programmes for women in Arilova center.

We are actively pursuing with NPCIL Kovvada, srikakulam district to start a center near kovvada to benefit the villagers being displaced by their project.

We wish this organization flourish in years ahead and benefit the community in need of helping hand through the noble institution namely UVCT.

**Commodore China Verriyya, YSM, NM(G) (RETD)**  
Executive Secretary , UVCT, Visakhapatnam



## Success Stories



**Name: Surjana Harriprasad Manchikta** Age: 25 Years Married Education: Graduation Address: Padmanagar, Bhiwandi Surjana's husband works as a loom worker and she has two children. although she wanted to

send her children to an English medium school, she could not afford it. Though she is a graduate she tried in vain to find a job. When she heard about the Vocational Training Courses, She was thrilled by it's nominal fees and opportunity. She completed Beauty Culture, Mehendi, Jewellery making and Paper bag making Courses. Now she is taking orders from home and is earning minimum Rs. 7000 per month. She has also been able to enroll her children in an English medium school.

**Name: Gyanti R. Kori** Age: 29 Years Unmarried Education: SSC Address: Netivali, Kalyan Gyanti's father lives in the village for farming. Gyanti lives with her mother and brother in Kalyan. Her mother does sewing orders from home. Gyanti did the Vocational Training Course in Sewing and Beauty Culture. Now she is able to earn above Rs.5000 per month and helping her mother to support the family.



**Name: Pranjali Youraj Choudhari** Age: 35 Years Married Education: graduate Address: Netivali, Kalyan Pranjali's husband is a PT teacher in a private school. In spite of being well educated she couldn't find any

suitable job. She completed the Jewellery making and Paper bag making course. With the help of orders she takes, Pranjali earns more than 6 thousand per month.



**Name: Anita Kiran Phatangre** Age: 28 Years , Married Education: HSC Address: Netivali, Kalyan Anita's mother in law has always pressurized her to take up a job to improve the economic conditions in the family, but with

an HSC Anita could not find work anywhere. She joined the Vocational Training Course in Tailoring and Mehendi. Today she is taking stitching orders and earning more than Rs.8000 per month. Also Mehendi orders as per season. Now she took one small commercial shop. She is much happy now.

A rare conversation between

Ramkrishna Paramahansa & Swami Vivekananda

1. Swami Vivekanand:- I can't find free time. Life has become hectic.  
R.P.:- Activity gets you busy. But productivity gets you free.
2. S. V. :-Why has life become complicated now?  
R. P:- Stop analyzing life... It makes it complicated. Just live it.
3. S. V.:- Why are we then constantly unhappy?  
R. P:- Worrying has become your habit. That's why you are not happy.
4. S. V.:- Why do good people always suffer?  
R. P.:- Diamond cannot be polished without friction. Gold cannot be purified without fire. Good people go through trials, but don't suffer. With that experience their life becomes better, not bitter.
5. S. V.:- You mean to say such experience is useful?  
R. P.:- Yes. In every term, Experience is a hard teacher. She gives the test first and the lessons later.
6. S. V.:- Because of so many problems, we don't know where we are heading...  
R.P.:-If you look outside you will not know where you are heading. Look inside. Eyes provide sight. Heart provides the way.
7. S. V.:- Does failure hurt more than moving in the right direction?  
R. P.:- Success is a measure as decided by others. Satisfaction is a measure as decided by you.
8. S. V.:- In tough times, how do you stay motivated?  
R.P. :- Always look at how far you have come rather than how far you have to go. Always count your blessing, not what you are missing.
9. S. V.:- What surprises you about people?  
R.P.:- When they suffer they ask, "why me?" When they prosper, they never ask "Why me?"
10. S. V.:- How can I get the best out of life?  
R.P. :- Face your past without regret. Handle your present with confidence. Prepare for the future without fear.
11. S. V.:- One last question. Sometimes I feel my prayers are not answered.  
R. P.:- There are no unanswered prayers. Keep the faith and drop the fear. Life is a mystery to solve, not a problem to resolve. Trust me. Life is wonderful if you know how to live.

Stay Happy Always!



## Visakhapatnam Centre (Andhra Pradesh)

### A. ORIENTATION/REVIEW MEETING ON CAREER GUIDANCE AND PSYCHOLOGICAL COUNSELING

A one day orientation/review meeting on career guidance and psychological counseling program was organized by Urivi Vikram Charitable Trust at VPT-UVCT Adolescents Center, Saligramapuram, Visakhapatnam on 25th May 2016. The purpose this orientation was conducted to refresh the teachers on above said topics, those who attended to the TOT. The session was taken by the Dr.UNB Rao, founder Chairman, PhD (IIT), IPS(Retd).

Nearly 70 participants participated and shared their views on life skills education, career guidance and counseling. Few of the teachers and Ngo representatives raised the issues of adolescents in schools as well as in community.



Dr. Ch.Srinivas Rao, Prof. AVN College addressing to participants, (from left) Sri.K.Kanakaraju, Welfare officer, VPT, Sri.Venugopal, Secretary, VPT, Dr.Rao.

### B. WORKSHOP FOR PARENTS

A three days workshop for parents was organised at Visakha public library, Visakhapatnam on 29th May 2017. The topics chosen for the workshop was: a)

Know your growing child; b) How to guide your child for an appropriate career; and c) Coping with disappointments caused by child's performance.

The Program was inaugurated by Dr.UNB Rao (founder Chairman), Dr.Visala Jaydev (Director of Maharashtra Chapter) and Dr. Radhadevi (Prof. DR.LB College).

The resource persons answered the doubts raised by participants (Parents). Nearly 55 parents participated from nearby areas of Visakhapatnam. A good feedback was received by the audience.



Dr. UNB Rao interacting with parents on their children issues

### C. WORKSHOP FOR UNEMPLOYED YOUTH

A workshop on how to prepare for competitive examinations for unemployed, but qualified youth was organized by Urivi Vikram Charitable Trust (UVCT) at Visakha Public Library, Visakhapatnam on 1st June 2016. An Orientation to educated, but unemployed Youth were addressed in the Interactive sessions. Issues dealt were Examination Techniques, how to prepare for Groups (APPSC), Time Management, study of Indian Economy, etc.





Students who attended the programme conducted by UVCT.

### UVCT made a splash in rural areas: an outreach programme organized in Visakhapatnam

UVCT has organized an out-reach Programme for the students of classes 8th to 10th at Z.P. High School, Polavaram on 5th of Nov 2016. The expert from UVCT Mr. Naresh.R, Career Counsellor, firstly explained the students about the organization, its activities and implementation in the surrounding area. Later, he had delivered on how to choose a career, what options are available after 10th class and motivational session. Further, he Clarified their doubts on various career options.

Nearly 190 students attended the session, Majority of them asked about getting jobs in defense side, field of teaching. Police services etc. Sh. Chinna Rao, and Teachers, Prasad Rao, Jagadeeswara Rao were the other participants.

### An initiative in strengthening government school system

UVCT played a lead role in supporting the Govt. High School, Tekkali in organizing student's identity cards distribution program at their



Mr. Tammeneni Surya Prakash (Dist. Ind. Off., Srikakulam) briefing youth about preparation of group – 1 services; Dr. Jayasree Setty (Asst. Prof. LB College) interacting with unemployed youth during the workshop.

The youth raised many questions with respect to their subjects and felt satisfied at the end of the session. Nearly 80 unemployed youth those preparing for competitive exams like APPSC, Railway, Banks, SSC, UPSC etc. participated.





premises on 5th Nov 2016. More than 600 ID cards were distributed to students in the school, from classes 6th to 10th (Telugu, Oriya and English medium) students.



Students who received the ID cards, with Mr.Naresh from UVCT Shri.T.Joga Rao, HM and other Teachers at the school,

It was done as an initiative for strengthening the Govt. school system. By giving Identity cards the students are motivated to study in the school, feeling of student, responsibility and other changes in the behavior as well as more focus on the studies are observed in their attitude.



Identity cards of the students distributed in the school.

"There will be obstacles. There will be doubters.

There will be mistakes. But with hard work, there are no limits. "

- Michael Phelps

## E. WORKSHOP FOR EDUCATORS AND NGO'S ON EMPOWERMENT OF ADOLESCENTS

The Urivi Vikram Charitable Trust in collaboration with Andhra Bank, Visakhapatnam organized a workshop for educators and Ngo's on empowerment of Adolescents at Sri sarada mahila samajam, Salagramapuram, Visakhapatnam on 23rd of January 2017. It was an interactive workshop, the sessions included the Issues and concerns of the Adolescents, role of teachers and parents on development of adolescents, how to deal with children, Do's and Don'ts, tips through counselling, a brief on psychometric tests and its benefits.

Dr.UNB Rao, Founder Chairman of UVCT, I.P.S (Retd.), Shri.A.China Verriyya(UVCT secretary) Commodore(Retd.), Shri. Abdul Raqueeb(Joint Secretary), Prof.U.Nageswara Rao, and Smt.P.Sujatha Rani(Psychological counselor) were the spokespersons at the workshop.



Welcome speech by Shri.A.China Verriyya, Commodore (Retd.)





(Left) Smt.P.Sujatha Rani(Psychological counselor), (Middle) Prof.U.Nageswara Rao, (Right) Shri.Tharay (AGM, Andhra Bank) besides Sri.T.S.Mani, PRO Andhra Bank, Visakhapatnam Zone & Dr. U.N.B. Rao Chairman UVCT

## INTERNATIONAL WOMEN'S DAY CELEBRATION

UVCT and POWER Ngo jointly organized an International Women's Day celebrations at MPP School, Venkatapuram village, Anadapuram Mandal, Visakhapatnam. On this occasion we felicitated the Chairman of School Management committee Smt. G.Venkata Laxmi and other two women teachers in the school. The school Head Mater Sh.V.V Giri presided to the program.

Mr.Naresh Program coordinator of UVCT delivered speech about the theme of IWD-2017 "Be Bold for a Change". In competitive world how women are getting success in any field. When compared to men the number of women job roles are increasing and there are equal job opportunities. The availability of advanced technology the women can create a wonders in any field. Sh.Raqueeb garu Executive secretary of POWER org. and other school teachers were

on the dais. Nearly 30 women and 20 children participated in the program and finally we concluded with National Anthem.



School Head Master, VV Giri speaks to the audience

Another Programme conducted on Women Empowerment in Arilova colony as part of community development activity on 17th of March 2017. This empowerment programme was linked with livelihood development and we have trained more than 70 women on phenol and detergent power making. Sh.Raqueeb garu acted as a key resource person of the program, he has also dealt on marketing techniques, supply of materials and its demand.

Sh.John Kenady (a Philanthropist) was the Chief Guest of the program and Mr.Naresh representative from UVCT.



felicitation to Chairman of School Management Committee, Venkatapuram, Andapuram Mandal, Visakhapatnam.





## UVCT OBSERVED "RED HANDS DAY".

UVCT with Samata Ngo jointly organized a Red Hands Day or International Day against the use of Child Soldiers program on 12th of Feb 2017 at Z.P



High School, Yandada, Visakhapatnam. Mr.Sateesh from Samata org. explained that why should we observe this day and how it is applicable to India. Mr.Naresh from UVCT delivered on life skills and its link up with red hands day. When the child is forced to join in rebel groups or anti social activities, in this particular situation how the child should think and adoption of Life skills in the situation. Further, he told on role of the children in Nation Building, Shri. Ravi Gotteti School HM, other teachers and 90 students of 8th & 9th classes from the school have participated.

## Success Stories From Visakhapatnam



*I am Ch. Leela studying intermediate in L. Bullayya College, Visakhapatnam. Now I have completed 1st year of group MEC and I am continuing 2nd year I get 450 marks out of 500 in 1st year. And I am going to complete my further studies.*

*UVCT helped me in a way that by providing of giving career counseling in deciding my group*

*which useful to reach my goal. They encouraged me in every situation to move further. UVCT helping me in providing Ummidh scholarship from that even though my family condition is poor but I am getting financial benefit from the UVCT. They are providing me confidence to make my studies better. UVCT guiding me in improvement of skills. from the scholarship of the UVCT I am able to continue my further studies. I am promising that i will score good marks and I improve my studies much better.*

*Thanking you UVCT.*

*I am a Sulthana begam. Age 32 years. Married, living in Visakhapatnam. Arilova Areas. I was I studied in intermediate. My husband is a driver I have 2 children. It was difficult for to meet the basic needs for living. Then, I heard of tailoring classes offered by UVCT. I went and joined there for tailoring even the fee was very low. So that I could pay it is been one year that I was attached UVCT learning all the different models in tailoring now. I earn up to Rs. 3500/- per month alone. I am happy for earning to save the financial crisis of the family. Thanks to UVCT really help me a lot in building up my carrier.*



*My name is Sayed begum. 30 years old, married. I did not study. I came from minority family. Both my parents are daily wage. Married with Abdul babar who is now working as a bike mechanic.*

*We have 2 children's. elder son studied in 2nd class, another child UKG. It was difficult for us to manage with the little amount. I came to know about courses offered by UVCT I took up tailoring courses. Now I am earning up to 2500/-. I am very happy to get to know about these courses as they also though me about (LSE) life skills education how to overcome my problems.*





*On Completion of 25 Years, we have tried to recollect some of the memories through archives of our picture gallery on the occasion of Silver Jubilee celebrations.*

*Message of Mrs Urivi Chaya*



*Being mother of Late Vikram and wife of Dr UNB Rao, I deem it my duty to help assist in the growth of UVCT. I continue to do so despite my longing to go back to native place and lead a quiet life. My experience in social service during last 25 years makes me feel that neither the beneficiaries nor the associates are either grateful or committed. Systems have become too difficult for honest and dedicated pursuits. Still I must stand by my husband and the UVCT. To me, UVCT is a 'temple' built in memory of our beloved son. Glad our two daughters, younger to Vikram, are very attached to us and take care of us in the best form..*

*Mrs. Urivi Chaya (Vice Chairman UVCT)*

*"Where there is a will, there is a way. If there is a chance in a million that you can do something, anything, to keep what you want from ending, do it. Pry the door open or, if need be, wedge your foot in that door and keep it open."*

*Vikram, my dear brother has given me an opportunity and platform to practise the divine dictum that 'Service to God is Service to Man' Though I have not yet contributed much to grassroot, field work...I feel indeed happy and redeemed that I am part of a Service endeavor at a supervisory level.*

*Mrs. Vishala Jaydev*

*General Secretary, Maharashtra Centre*



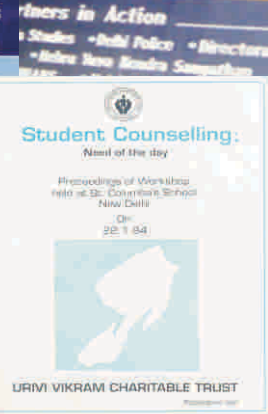
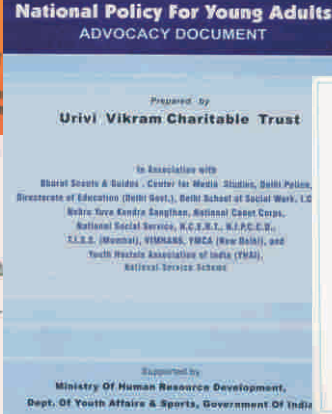
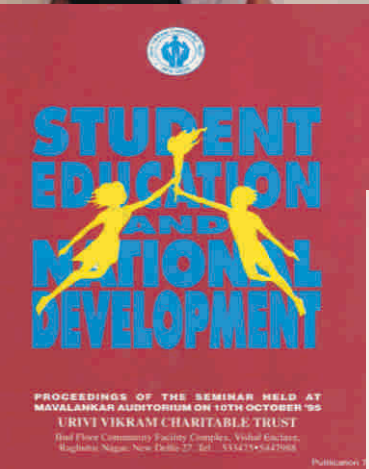
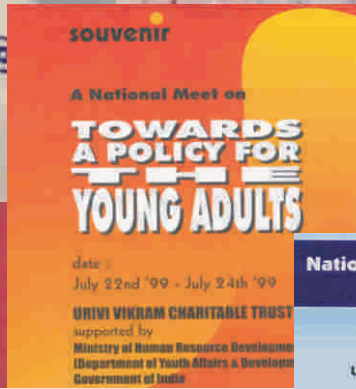
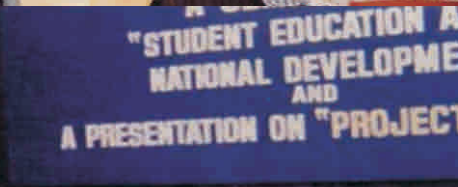
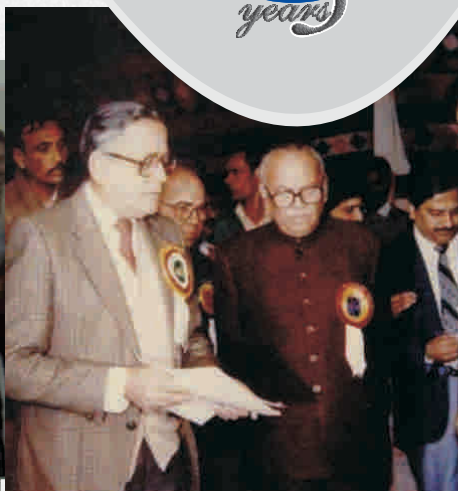




## 1991-2000



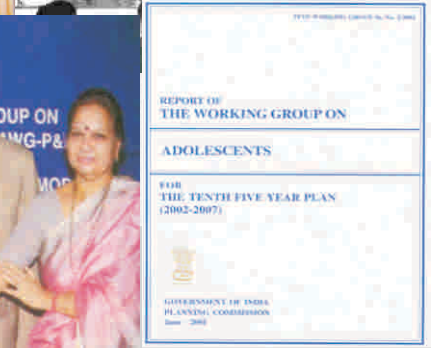
Shri S.P. RATAWAL with Shri U.N.B. RAO at the Inauguration







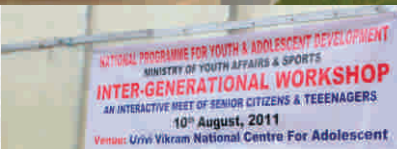
2001-2007







2008-2011







2012-2017





## Some More Success Stories



**Tarannum, 20 years**

I live in Raghubir Nagar. I heard about this centre from some of the community members. I took admission in computer and learnt tally and got the job very soon after completing my course. I work in a company and maintain accounts of that company. I earn respectable amount of money and my family feels proud of me.

**Shashi, 19 Years**

I live in Subhash Nagar. It is very close to Tagore garden centre. I thought I should get myself enrolled in this centre and learn beauty culture skills. I always wanted to learn this as this is my passion also. It was a six month course and I enjoyed learning everything. Now I work in Rubaru parlour and earn around 4000. My younger sister and brother are also doing computer course from this centre. I want to thank this centre from the bottom of my heart.



**Mahinder Singh, 22 years**



I live in Raghubir Nagar. I have 6 members in my family. I have done computer and typing course from UVCT's Tagore garden centre. Many of my other family members have done computer course from this centre so they suggested me to join this centre and learn computers. Now I work in NSB airtel. My job is to enter data. I earn 8000 per month. My experience in this centre was very nice.



**Sonia, 18 years**

I Live in Raghubir Nagar, one of my neighbours told me about the UVCT centre. I learnt beauty culture skills in this centre. My father is a driver and mother is a homemaker. After pursuing this course I got the job in DIVIND parlour. I am very thankful to UVCT.



**Krishan, 23 Years**

I live in Tagore Garden. I saw the board and visited the centre to enquire about the courses. I learnt typing for 6 months and got the job of a computer accountant. I feel so happy about this. Currently I am learning steno from the centre in the morning batch and then go to office. It is a very nice centre and I am grateful to it.

**Miss Zarin Nisha, 23 years**

I live in Raghubir Nagar. I have completed B.COM from DU and currently pursuing M.com from IGNOU.

I got to know about this centre from my friend. I have completed my typing course from this centre and got the job in the same centre as a computer teacher. It feels very nice to work in this centre.

**Ms Sonali, 24 years**

I stay in Tagore garden. I have completed my beauty culture course from UVCT Tagore garden centre in 2016 and got the job in the centre itself. Now I am a teacher at this centre and teach beauty culture to other girls so that they can also get their source of livelihood and they should also feel empowered just like me.



I, P.L. Sehgal joined UVCT in July, 2004 as an Instructor in Secretarial Practice. Soon after I became Programme Co-ordinator and office -Incharge of Ramesh Nagar and after that I took over the Incharge of Tagore Garden Center in 2014.

When I joined this UVCT Center, my first aim was how to get confidence from the students and their parents. I worked with them with whole-heartly and solved their problems, whatever they are facing. I advise the students that they should be in discipline in every walk of life, if they want to go in a good position. They should not waste their time on small things because this age will go to them in a higher position.

**P.L. Sehgal (Incharge) UVCT, Tagore Garden Center.**





## Future Action Plan

With a genuine track record of 25 years in empowerment of young people having been empanelled (2014) by National CSR Hub located in Tata Institute of Social Sciences (TISS) for a broader spectrum of work, UVCT is ready to expand its wings in the coming year with a new grit.

We are looking forward to celebrations for Silver Jubilee of UVCT through yearlong Seminars/ Workshops on adolescent centric issues

### 1. Reaching Out to Corporate and PSUs

Our intent of empowering young people of this country will be seeing our renewed efforts to reach out and involve more and more Corporate and connect them with youth and their families through our various programs. Greater interaction with PSUs and funding agencies on the basis of received from TISS Empanelment Renewal of UVCT for adolescent empowerment.

### 2. Establishing more Yuva Shakti Centers

Establish more and more Adolescent Centers across Delhi and India and on the strength of inclusion in TISS Project Proposal Bank. At the same time, establishing connects with international Youth organizations.

### 3. Strengthening our existing Activity Centers

To strengthen our present Activity Centers and take the facilities provided there to the next level.

Bringing our skill development programs under the banner of NSDC

### 4. Strengthening Life Skills programs in all our Centers and revive our pioneering role

Providing support to deserving and depressed Schools to improve their facilities to the students and to conduct orientation programs for Principals, Teachers, Parents, and Students in a bid to evolve a

multi-pronged approach to improve educational standards; also conduct remedial classes to enhance their learning capabilities..

### 5. Encouraging Mentorship and Peer Responsibility

To connect youth of underprivileged background with the successful mentors who can guide them in their endeavors. Inviting more and more youth to come forward and contribute to developing emotional well being of their peer group.

### 6. Research

To focus on research work on issues concerning youth and approaches of Life Skill Education in various settings.

### 7. 'Value Addition' of Values

To be promoting healthy lifestyle practice, reducing and preventing the health risks among school going (6th to 12th class) adolescence youths. To encourage bright youths and assist them to be able to seek right guidance.

### 8. Include the Youth in Indian Prisons

Intensify our activities for the youth in conflict with law. a. Reformation and Rehabilitation programs in other jails, in furtherance of Tihar model

### 9. Developing programs and projects for linking senior citizens with adolescents

Create more awareness about mental health and its impacts. Engage parents and Senior citizens in building families and society.

### 10. Engage more on Social Media

Focused effort to reach out to people through a more visible web site, Face book and social media formats

### 11. Effort to reach Youth with HIV/AIDS

Reach out to more migrant workers to identify cases of HIV/AIDS. Educate and assist them to test and get linked for receiving medication in case found positive.



## "Obituary"



**Late Mr. DHIR SINGH UDAR**  
**(6.10.1947 – 30.03.2016)**

Dhir Singh was indeed a 'Udar' in all his living and dealings. He was a 'giver', who often emptied his purse wherever he went and walked on foot. A founder trustee and a great strength for UVCT. He is omnipresent in UVCT.

## Governing Body

Name	Role	Occupation/ Designation
Dr UNB Rao	Founder Chairman	Indian Police Service & Adolescent Expert; Ph.D (IIT Delhi); IPS (Retd.); Doctorate on the theme 'Policing and Adolescents'
Ms U. Chaya	Vice-Chairperson	Founder Trustee, Social Worker, and Roof Garden Expert
Mr Kapil Chopra	Vice-Chairperson	Eminent Industrialist (Bentex Electricals)
Mr Sunil Sarin, FCA	General Secretary	Sr. Practicing Chartered Accountant
Mr B.S. Negi	Treasurer	Rtd. Deputy General Manager, IFCI
Mr Gyanender Kumar	Member	Beauty therapist and owner of "Madonna" chain of beauty parlours
Mr HBM Murgesh, FCA	Member	Sr. Practicing CA & Vice- Chairperson (Karnataka Chapter)
Dr Dhananjaya	Member	Retd. Chief Medical Officer, DESU & presently Consultant (Medical)
Dr A.K. Singhla, IPS	Member	Sr. Delhi Police Officer
Mr Sanjeev Anand	Member	Prominent Jeweller and Social Worker
Ms Vishala Jayadev	Member	Educationist & Secy. Maharashtra Chapter
Mr Muneesh Kapoor	Member	Marketing & Export Consultancy

## Advisory Board

Name	Occupation/ Designation
Dr Achal Bhagat	Professional Counsellor & Trainer
Dr A K Gopal	Former Director, NIPCCD
Prof (Ms) Anjali Gandhi	Social Work Expert
Prof (Ms) Aruna Broota	Eminent Student Psychologist and Counsellor
Dr (Ms) Daya Pant	Head, Counselling and Career Guidance Department, NCERT
Dr Devendra Agochia	Youth and Life Skills Expert
Prof Jitendra Nagpal	Psychiatrist and President of 'Expressions' an in- school Life Skills Programme
Mr Joginder Singh	IPS (Retd.), Former Director, CBI
Dr (Ms) Mridula Singh	Former Professor from Lady Irwin College and UNFPA Life Skills Expert
Prof Nawal Singh	Former Head of Indian Institute of Mass Communication
Prof Nimesh G Desai	Eminent Psychiatrist & Head of Institute of Behavioural, Sciences, Dilshad Garden
Dr Swati Bhawe	Chairperson Paediatrician and ED, AACCI, IAP Environment and Child Health Group, Member, IPA Committee on Environment and Child Health





## Addresses of Centres & Contact Persons

**National Headquarters:** UVNAC Building, PSP- 1, HAF-1, Sector- 22 (Near Sai Mandir) Dwarka

New Delhi- 110077 Contact Persons: Dr UNB Rao, IPS (Rtd), Chairman, Sri. Arbind Singh, Director (Projects & admin), Ms Seema Naqvy Director (Organisation Development), Ms Aanchal Madaan (Programme executive). Phone:01128052822, 8826008555

**Tagore Garden Centre:** MCD Shopping Complex, First Floor, Tagore Garden Extn., Near Central School, New Delhi- 27. Contact Person: Shri PL Sehgal Phone: 011-2544 79883, Ms Umam Tabrez (Project Officer).

**Bindapur Centre:** Yuva Shakti Kendra, Srs -1 V, pocket 4, Community Centre, Binda pur, New Delhi 110059. Contact Person: Ms. Rachna 07503421049

**DSACS Target Intervention Centre, Wazirpur:** Balwadi Centre, Azad Colony, Wazirpur, Industrial Area, New Delhi- 110052. Contact Person: Neelam Khatri, Phone: 011- 25060151

**Bangalore (Karnataka):** 1121, 8th main KEB. Layout, Bangalore- 585292 Contact person: Sri HBM Murugesh and Mrs Visanthi Murugesh; Phone : 080-6684164

**Vishakhapatnam (Andhra Pradesh):** Municipal community Complex, Sec- 3 Arilova colony, Visakhapatnam- 530043. Contact person: Sri China Verriyya ( Comm.Retd), Executive Secretary, Mobile: 9030036798, Mr Nagaraju 09502065781.

**Mumbai (Maharashtra):** A-20, Shiv Shakti, Green Acres, Deonar Deport, Deonar Mumbai- 400088.

**Kalyan Office:** Urivi Vikram Charitable Trust, Plot No. 201, 1st floor, Narmada Apartment, Netiwali naka, Puna Link Road, Kalyan (East) District Thane, -412 306 Contact Person: Mrs. Vishala Jaydev, Hon. Secretary, Ms. Rekha Dhasade, Centre In charge Phone: 022-25568184/38069662, 8451999093

Our core executive team and our volunteers worked relentlessly, with dedication across 14 countries. Without their support and passion for good work, the success of UVCT would not have been possible. Our Board of Directors, Governing Body members and Advisory Body guided us in governance, fundraising efforts, and the overall guidance of UVCT work. UVCT wishes to thank and recognize all of them for their hard work and dedication.

**CONSULTANTS:** Mr. Ashwani Kumar, Mr. Anil Girhotra, Mr. N.L. Joshi, Mr. Vijay Saluja, Mr. V.K. Ohri, Prof.B.B. Sharma and Mr. Semen Chakraborty.

**CORE TEAM:** Mr. Arbind Singh, Ms. Smita Pradeep Chitre, Ms. Rekha Dhasade, Mr. Nagarju.

**PROGRAMME TEAM:** P.L. Sehgal, Bikash, Varsha, Arita, Rajiv, Atul, Naveen, Anita, Shivani, Deepa, Meenakshi, Rachna, Pooja, Kamya, Veena, Priyanka, Bhupender, Meenakshi.

## We Work together

Our core executive team and our volunteers worked relentlessly, with dedication across 14 countries. Without their support and passion for good work, the success of UVCT would not have been possible. Our Board of Directors, Governing Body members and Advisory Body guided us in governance, fundraising efforts, and the overall guidance of UVCT work. UVCT wishes to thank and recognize all of them for their hard work and dedication.





## Audit Report 2016-2017

FORM NO. 10B

[ See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of URIVI VIKRAM CHARITABLE TRUST (REGD.) (PAN No : AAATU0058J) [name of the trust or institution] as at 31/03/2017 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above named trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us the said accounts give a true and fair view-

(i) in the case of the balance sheet, of the state of affairs of the abovenamed trust as at 31/03/2017 and

(ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2017

The prescribed particulars are annexed hereto.

**SACHIN S JAIN & ASSOCIATES**

Chartered Accountants

Sachin Jain

Membership Number 098426

FRN (Firm Registration Number) 018543N

Address 801, Pearl Best Heights-II, Netaji  
Subhash Place, Pitampura, New Delhi, DELHI

Date : 12/10/2017  
Place New Delhi





## Balance Sheet as at 31-03-2017

(Amount Rs.)

CORPUS FUND AND LIABILITES	Schedule	Current Year	Previous Year
Corpus Fund	1	17,982,367	15,075,844
Unsecured Loans / Deposits	2	1,746,850	1,746,850
Current Liabilities and Provision	3	2,482,557	3,146,063
<b>TOTAL</b>		<b>22,211,774</b>	<b>19,968,757</b>
<b>ASSETS</b>			
Fixed Assets	4	11,142,927	12,105,284
Current Assets, Loans and Advances	5	11,068,847	7,863,473
<b>TOTAL</b>		<b>22,211,774</b>	<b>19,968,757</b>

## Income And Expenditure Accounts For The Year Ended 31-03-2017

(Amount Rs.)

INCOME	Schedule	Current Year	Previous Year
Donation, Grants & Subsidy	6	6,00,266	5,096,186
Donation received under section 35 AC	7	1,286,400	2,451,888
Fees / Subscriptions	8	1,094,270	633,320
Rental Income	9	3,661,134	3,652,506
Other Incomes	10	761,506	609,910
<b>TOTAL(A)</b>		<b>12,803,576</b>	<b>12,443,810</b>
<b>EXPENDITURE</b>			
Projects, Seminars, Vocational Training & Honorarium	11	6,730,130	8,147,114
Personal Administration & Other Expenses	12	2,080,355	2,054,804
Depreciation	4	1,086,567	1,185,220
<b>TOTAL(B)</b>		<b>9,897,053</b>	<b>11,387,138</b>
<b>BALANCE BEING SURLUS/(DEFICIT) TO CORPUS\CAPITAL FUND</b>		<b>2,906,523</b>	<b>1,056,672</b>

Notes on Accounts 13

As per books of accounts produced before us  
For Sachin S.Jain & Associates

CHARTERED ACCOUNTANTS

**Sachin Jain**

Partner M. NO.98426

Place: New Delhi

Date: 12.10.2017

**U.N.B. Rao**

Chairman

**Sunil Sarin**

General Secretary

**B.S. Negi**

Treasurer





## Kind Words From Our Well Wishers



It gives me immense pleasure to be a part of UVCT on its silver jubilee celebrations. I have been associated with UVCT since its inception. It has been doing excellent work for the upliftment of adolescents and school dropouts. I wish all success in its future endeavour.

**B S NEGI**

General Secretary, UVCT

My Association with UVCT is almost for last 15 years. We had a UNFPA Adolescent Reproductive and Sexual Health Project to be implemented in 4 Municipal Corporations of Thane District for the benefit of In School and Drop out Teenagers to be trained as Peer Educators. Working in the Team with other Social Workers and Senior Psychologist Ms Godkhindi was indeed an enriching experience.

Later conducting Skill Development Projects along with Life Skills training for Women and Drop out Youngsters was again a Fulfilling experience. We had these as CSR Projects with Central Bank and IDBI Bank and we reached out to the unreached in densely populated Slums in Bhiwandi Kalyan and Dombivli.

Also we had the opportunity of signing a MOU with a prestigious Institution Pendharkar College in Dombivli for conducting Soft Skills English Speaking and Computer Training for Undergraduates of the College along with Life Skills Inputs from Staff of their Psychology Department. For these projects our committed Social Worker Ms Rekha Dhasade was instrumental in implementing these CSR Projects.

UVCT is more like a Family Our Patron Vishalakshi Madam Our Gurus Shri UNB Rao and Chayya Madam and Gen Secretary Vishala Jaydev always considering me as one of their own.

At present as a CHILDLINE DIRECTOR for Kalyan Railway Station Project and the newly launched MGL Project for Schools and 100000 students in North East Mumbai as the Co ordinator is a Challenging Responsibility and with our Team Support we all at UVCT MAHARASHTRA will do our Best to fulfill our Responsibilities

Very Grateful for Associating with UVCT where I see along with Vikrams Vision my departed son Archits vision translated in Meaningful Projects for our Brethren here. Best Wishes to all at UVCT during its Silver Jubilee year. We pray we walk on this path of Service with Dedication each day for every year that follows

**Smita Chitre**

State Coordinator, Maharashtra, UVCT



The journey of Urivi Vikram Charitable Trust is a saga of development and empowerment of youth since 1992, when Mrs and Mr. UNB Rao courageously transformed their grief for their only son into a celebration of childhood and youth, following the wishes of the departed noble soul. The humble move which began as a small step has now assumed the proportions of a great movement for youth development & empowerment, particularly, of the deprived with the support of friends, colleagues and well-wishers.

The UVCT engages in not just random set of activities but is a well-orchestrated set of professional activities like seminars, researchers, counselling services and training programmes.

My best wishes for the growth and spread of the Organisation.

**Dr. (Ms.) Daya Pant (Retd.)**

Prof., Department of Education. NCERT  
Advisory Board Member, UVCT





## *"The Journey of a thousand miles begins with one step"*



When I came for my internship in 1995 to UVCT, little did I know that UVCT would become an association for a lifetime! Being one of the founder counselling psychologists and life skills trainer with projects SHAKTI and PRERNA, not one day I felt that I was working. UVCT soon became a home and an extended family. Dr and Mrs Rao came across as warm and genuine people who instilled in me professional ethical values that I continue to apply in the field of counselling and life coaching. UVCT showed me how kindness is a priceless act, I salute them for being the epitomes of "service before self".

### **Ms. Ritu S Dhingra**

Consulting Psychologist, Career Counsellor & Life Coach

I am indeed very happy to know that Urivi Vikram Charitable Trust (UVCT) is celebrating its Silver Jubilee this year. I have been associated with the trust since almost its inception and have seen it growing from its first Project Prerana providing career and psychological counselling to delinquent and misguided adolescent children to its present form where it is providing yeomen services to lakhs of children, young adults and women in the country through a variety of programmes such as life skill education and personality development, vocational education, career counselling, awareness on issues like HIV/AIDs, Health awareness camps and self-help programmes for women. All this has been due to the untiring and selfless work put in by Dr. U N B Rao and his wife Mrs. Chaya Rao. On this occasion I wish the UVCT a very bright future and am sure that it will continue to help the poor, the vulnerable and the needy sections of the society.



### **Dr. A. K. Gopal**

Director (Retd.), NIPCCD

Advisory Board Member, UVCT



Dear Dr Rao,

Congratulations for organizing the seminar that is very meaningful and of interest to me.

I will be happy to participate in the seminar. Sending a message with best wishes.

"Some individuals continue to live through the work that symbolises their spirits nurtured by their loved ones. UVCT touches the lives of adolescents and young people empowering them with life skills that make them valuable human resources in a world that is challenged with change requiring positive attitude and energy. The organization, from its inception, has a vision and mission to create a ripple effect through socially relevant programmes for young people. My best wishes to Dr Rao and his team."

### **Dr. Mridula Seth**

Life Skills Adviser

Advisory Board Member, UVCT





**FUNDRAISING :** For all the good work we have started, we need your support to meet the requirements of beneficiary community. We request all to contribute generously towards this noble cause. Buddha said, "A bucket is filled not by the first drop or the last drop, but by the build-up of all the drops." Working together, we can make it happen!

**With Gratitude:** UVCT extends deepest thanks to every individual, PSUs, Government and organization that made donations in fiscal year 2014-15; each and every one of you are our heroes. We've worked really hard to ensure that your money and services reach and benefit the communities. Various activities we carry out are made possible through the support of individuals and organizations. We gratefully acknowledge the financial, material, moral and technical support you send us, that directly benefits our work to help change the lives of disadvantaged sections of our society.

Our sincere gratitude to:

## CORPORATE ASSOCIATES



## Donors:

### 1. Delhi State AIDS Control Society.

Doctor Baba Sahib Ambedaker Hospital Dharamshala Road,  
Sector 6, Rohini, New Delhi-110085

### 2. CHARISMA APPAREALS IMPEX PVT. LTD.

### 3. A.B. Zonal Vishkha Patnam

### 4. Bhart Heavy Electricals Ltd.

Ramachandrapuram, Hyderabad-502032.

### 5. Bentex Control and Switch Gear Co.

B-65/3, Naraina Industrial Area, Phase-II, New Delhi-28.

### 6. Dr. U.N.B.Rao

UVNAC Building, PSP-I, HAF-I, Sec. 22, Dwarka,  
New Delhi-110077.

### 7. Ms. Urivi Chaya

UVNAC Building, PSP-I, HAF-I, Sec. 22, Dwarka,  
New Delhi-110077.

### 8. Mr. Vinod Gupta

B-87, Defence Colony, New Delhi-110024.

### 9. Ms. Arnima Gupta

B-87, Defence Colony, New Delhi-110024.

### 10. Ms. Jaydev S Kundurmurt

A-20, Green Acres, Deonar, Mumbai-440088.

### 11. Sh. Kapil Chopra

B-65/3, Naraina Industrial Area, Phase-2,  
New Delhi-110028

### 12. Shri Sunil Sarin

24 D, DDA Flats, Phase-I, Masjid Moth,  
New Delhi-110014.

### 13. Sh. Arbind Singh

Pocket C-9, Flat No. 29, Sec-5, Rohini Delhi-110085

### 14. Sh. Karmindar S. Randhawa

V.P.O. Bihla District Barnala Punjab

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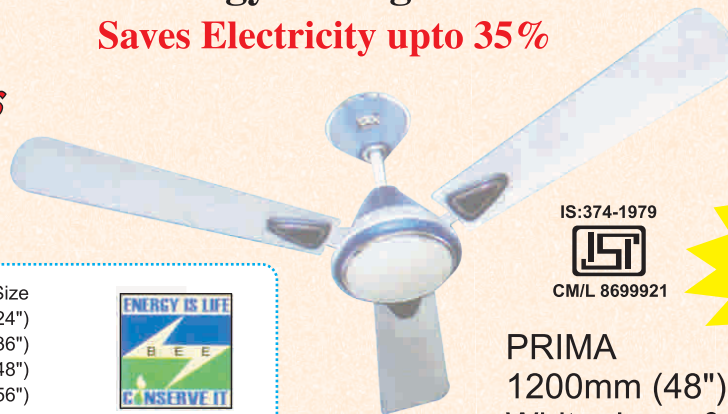


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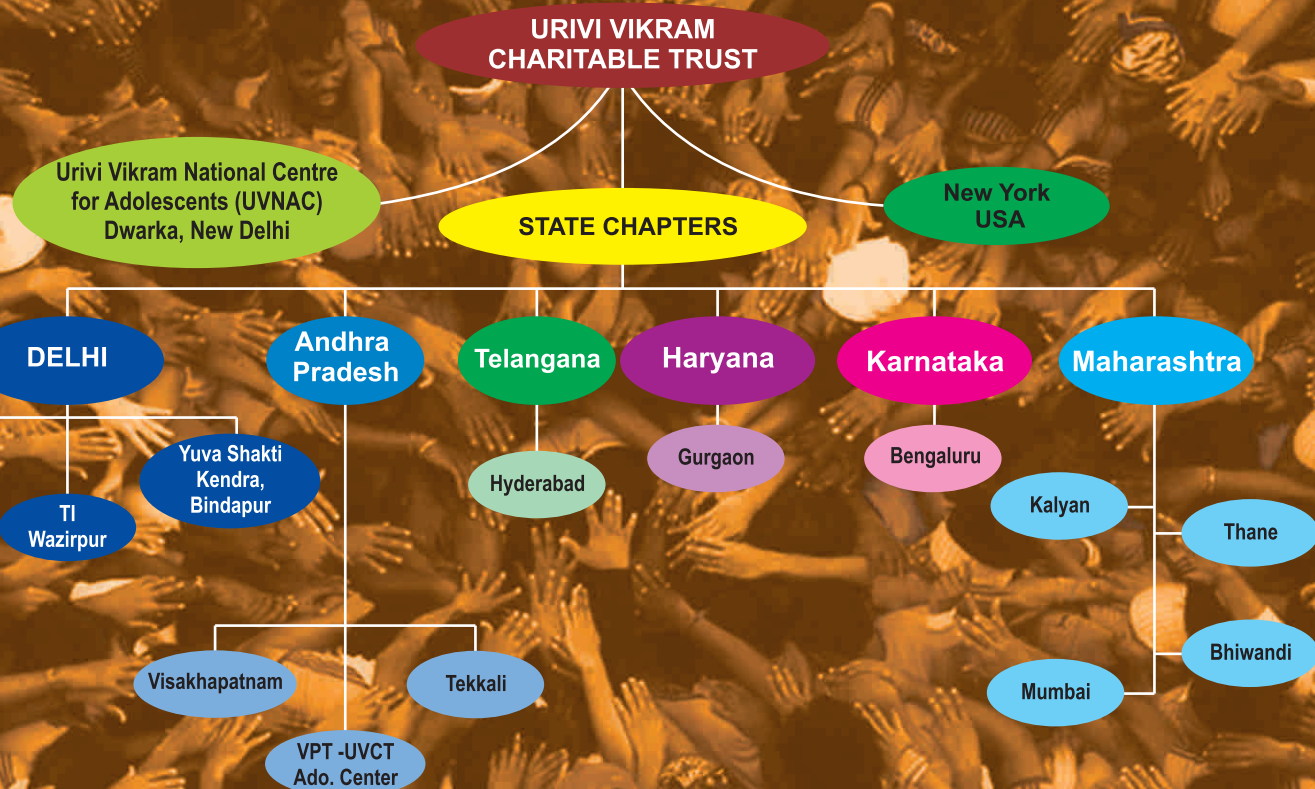
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*"The most distinctive feature of our economic system is the growth in human capital. Without it there would be only hard manual work and poverty...."*

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*Investment in human capital like education and health are key ingredients for economic development. Much of the impoverishment in India today can be addressed by enhancing human capital by investing in nutrition, health, education and by providing appropriate skills for employment. Though India's social policies have focussed on the welfare of the people and also human development, challenges remain in overcoming social and economic barriers to advance the capabilities of the marginalised, women and other weaker sections of the society. With India poised for higher growth anchored on a knowledge economy, there are benefits to be reaped by investing in human capital. (Economic Survey 2016-17)*

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